



It was our 30th anniversary and I had big plans. Europe? An overnight on the Orient Express? Seemed like we

made it this far, we should do something extravagant to celebrate. But then my rotator cuff surgery got in the way, and even though I was five weeks post op, I just didn't feel like traveling far from home. I'd always heard great things about the White Hart Inn in Salisbury, and the Litchfield Hills make for a scenic country drive. So off we went...

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Shopping New Preston, CT
The tiny hamlet of New Preston is famous for a clutch of startlingly great shops. We made our way from one end to the other and came away a bit poorer and a whole lot happier...

[Shopping New Preston](#)

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A Getaway to The White Hart Inn, Salisbury

We spent so much time browsing the boutiques of New Preston that we almost missed our dinner reservation at the White Hart Inn. It's a lovely, winding cruise by the Housatonic up to the westernmost corner of the state. The town of Salisbury is a classic...



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Breakfast in Bantam
After our perfect sojourn at the White Hart Inn we decided to head to Bantam on the way back, home of the famous Arethusa Dairy, their wonderful restaurant, and newish coffee shop. I skipped breakfast at The Inn (difficult as it was) to save my appetite for Arethusa A Mano, and I was glad I did...

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Viso Bello Day Spa & Massage Therapy Center has been servicing clients in Connecticut for 29 years and counting. The shoreline welcomed the popular spa in downtown Guilford in 2017. Their vast experience (fostered in Middlebury, Southington and Waterbury locations) in body massages, skin care, body treatments and nail care is unsurpassed. Viso Bello carries top lines like Youngblood Makeup and Yon-ka plus Voluspa Candles. Partnered with Aria Medical Aesthetics, they offer botox, Kybella, Juvaderm and more. Pamper yourself or a loved one with a discounted custom package or membership and check out daily specials for spur of the moment treatments. Their goal is to ensure your precious time in their care is worth every penny. Open 7 days a week.

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from the e list archives

Arethusa al Tavalo
This chic and sophisticated hotspot is the brainchild of two Manolo Blahnik execs. When an ancient farm across the street from their country weekend getaway came up for grabs, they snapped it up to maintain their view and, voila! All of a sudden...

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p.s. from Erica

Next time: a visit to Hollister House Garden, an American interpretation of classic English gardens, but informal in structure. [Check their website](#) for upcoming events like Decorative Kitchen Garden Containers and Music in the Garden.

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