

CALENDAR EAT SHOP TRAVEL FUN BE WELL TOWN GUIDES



So, I do my French way, prepare the main dishes but hire out for dessert. We've got an incredible bunch of talented bakers and pastry chefs strung along the Shoreline, so we sent guest writer, Elizabeth Rubin, out to find the most stunning AND delicious desserts. From a Fig Plum Fragipane Tart to a kooky Coconut Cream Pie, you'll find something here to satisfy your

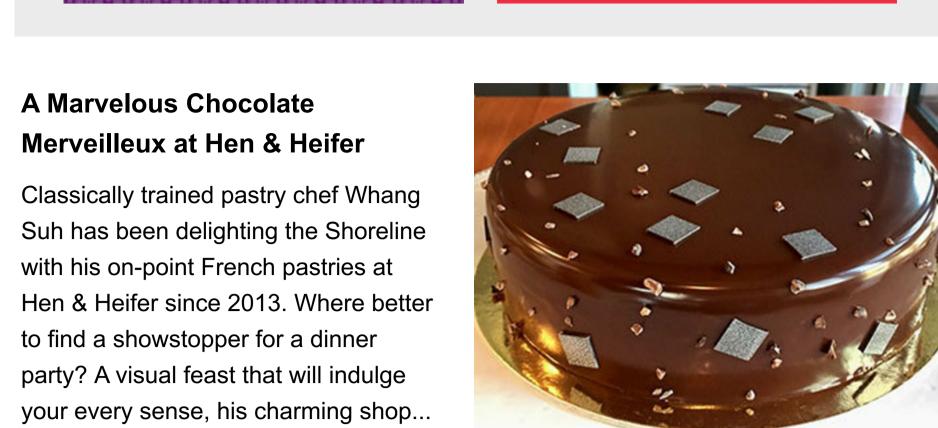
sweet tooth or to serve at a summer

bash.





A Marvelous Chocolate Merveilleux at Hen & Heifer Classically trained pastry chef Whang Suh has been delighting the Shoreline with his on-point French pastries at Hen & Heifer since 2013. Where better



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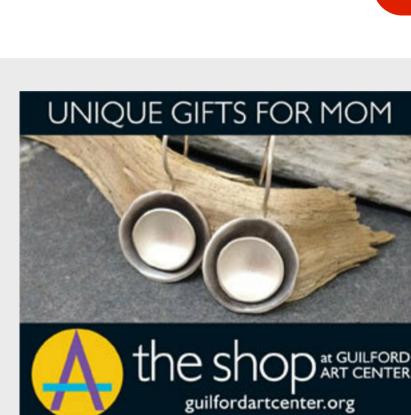
to find a showstopper for a dinner

party? A visual feast that will indulge

Coconut Cream Pie at Sift Bake Shop

One of my favorite daycations is just up the road in Mystic, and my first stop is always Sift Bake Shop. It was late morning, and I just made it in the door before a swell of sweet-seeking visitors filled the bright space...

See Pix





Eye-Catching Color and Naked Cakes at Pursuit of Pastry We can't wait for invitations to backyard barbecues and pool parties to start flooding in (fingers crossed!), and this year we'll be prepared with the perfect tote-along dessert! On the hunt for a seasonal treat bursting with color, I headed to Pursuit of Pastry, where...

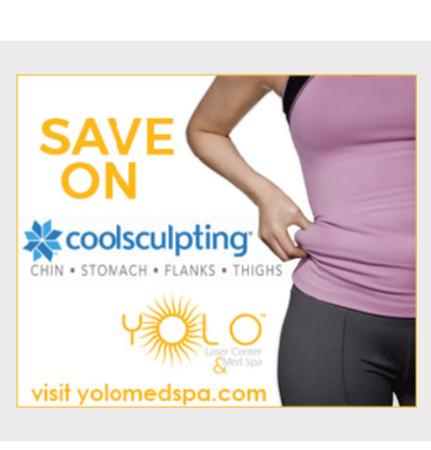


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Dagmar's Desserts Pastry Chef Karen Gumpel at Dagmar's Desserts in Old Saybrook pulls out all the stops with her gorgeous Three Layer Buttermilk Cake. The refreshing lemon and raspberry buttercream filling pairs perfectly with the light buttermilk cake adorned with vanilla buttercream. But this is...

More Dagmar's





A Fig Plum Frangipane Tart at Zest

Looking to host a Sunday brunch with a smashing centerpiece? Find your sweet ending at Zest Fresh Pastry, an artisanal bakery in the cool and industrial Velvet Mill in Stonington. The bakers here love to combine unusual flavors to create their siganture...



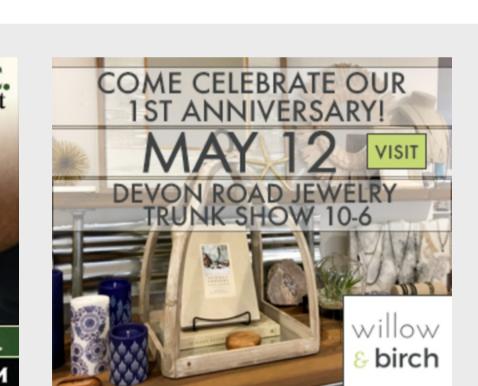
More Zest



Savour Cafe & Bakery & The This French-accented cafe is well known for its bakery, and locals flock here for a bit of Parisian charm at breakfast and lunch. But I was planning a party and had heard about an over-the-top dessert they had on their Easter menu. So I ordered...

More Savour





Sponsored Story



Stonington Vineyards When weekends roll around, many people think of their local vineyard as a fun way to unwind with friends or as a way to enjoy a romantic afternoon with your loved one. But true oenophiles know that the best time to have the most relaxed, authentic winery experience is to steal some time during the week. Stonington Vineyards, which

is open 7 days a week year-round, is a beautiful destination that can best be appreciated when the crowds are less and you can receive more personal attention with one of their friendly and educated staff. Enjoy the wines, BYOP (bring your own picnic) and you'll quickly see why this is the true wine aficionado's best kept secret! The winery is also always adding exciting ways to experience the vineyard and you can view their full schedule of events at their website at stoningtonvineyards.com

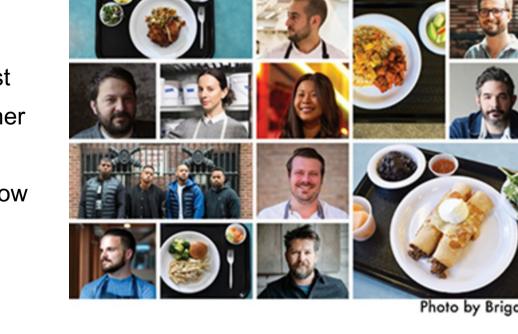
Don't miss the "Kick Off to Summer Party" on May 19 & 20th from 11am til 5pm. No better way to kick off the warm weather than music, dancing, and wine. Music by DJ Joey from 1-5 pm daily and food trucks! Event is complimentary. Normal tasting fees apply, and wine available for purchase. Get the details.

Visit Stonington Vineyards

p.s. from Erica

Life-Changing Lunch With **Brigaid**

If you read my article on Brigaid last year, or attended a community dinner at Bennie Dover Jackson School in New London, you probably know how passionate I am about this effort to change the way children eat in the public schools. Dan Giusti, an



executive chef hailing from NOMA (considered the best restaurant in the WORLD), has chosen New London to launch his campaign to serve children wholesome meals from fresh ingredients. He's invited TEN of the best chefs in the world (yup, you read that right), for a school lunch throw-down, and you can come! For only \$50 you can enjoy a chef-prepared school lunch and help fund this important program. There are other bennies, too: chef dinners, cookbooks, and an afterparty for you to consider on the indie-go-go fundraising site...

More About Brigaid



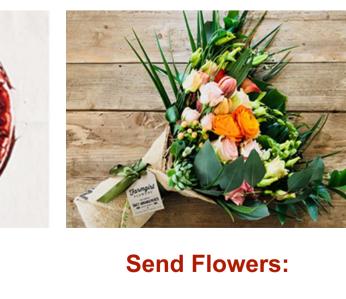
We're always on the hunt for inspiration, indoors and out, so we're marking up our calendar with these upcoming don't-miss events for Spring 2018.

See the List

Ideas for Mom from the archives...





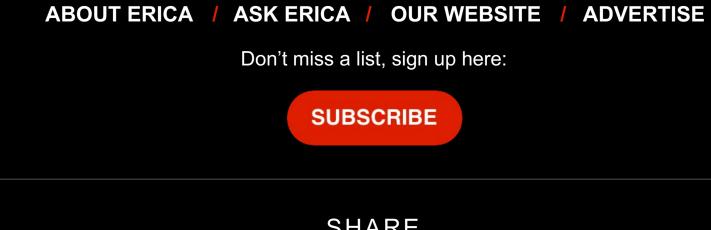


Farmgirl Flowers

Looking for something to do? Find Mother's Day events, New London Food Stroll, warehouse sales, live music, and more on the-e-list events calendar:

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