

July 10, 2018

the e list

An Excruciatingly Opinionated Guide to the Connecticut Shoreline

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Is it just me or does everyone start counting down the days of summer come July 4th? There is so much to

pack into a few short weeks: beach, boat rides, barbecues, oh, and as many lobster rolls as humanly possible (although I limit fried clams and ice cream sundaes to once a summer - a girl's gotta have some rules). I've been on the run with graduations, house guests, and big family birthdays since May, so I'm hoping to catch my breath this week and enjoy all the Shoreline has to offer. In the meantime, I sent the team out to find some waterside fun, and we've included it on this list.

Love, Erica

ANTIQUE & CLASSIC BOAT RENDEZVOUS

JULY 28 - JULY 29

Join us for this dazzling display of high-quality antique and classic vessels along the Museum's waterfront all day Saturday and Sunday morning.

Free with Museum Admission.



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Sunset Stand Up Paddle Tour with Black Hall Outfitters

Erin, our Ad Sales Manager, moved to the area a few years ago with her boyfriend. They just got engaged (yay!) and she and her fiancé, Mike, are having some fun discovering the Shoreline (which means they still go on “dates”!). And I’m having some...

[More Sunset Paddling](#)

COVE CAKES

artisanal organic hand-crafted

[more cake](#)



Connecticut Art Trail

start your summer right...

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21 Museums only \$25



Mystic Boat Adventures

On the docks of the Noank Shipyard, down the road from Abbott's Lobster, you'll find Mystic Boat Adventures. Opened in the summer of 2017, this fun water experience offers several boat tours a day. It's the perfect activity if you're visiting the Mystic area for...



[More Adventure](#)



Alforno Expands

It doesn't seem so very long ago when a crew of us would pile into the side room at Alforno with a bunch of kids and wreak a bit of havoc while happily chomping on Neapolitan pies. There were few places with decent food that would welcome a large group (where the kid/parent ratio was...

[More Alforno](#)



Catherine Christiano's Cottages

When we were first married, we'd save our pennies and rent a beach cottage on Plum Island in Newburyport, MA for a week every summer. The little enclave was frozen in time, packed with tiny houses dating to the turn of the century. We fantasized about buying one (and almost did), and...



[More Work by Catherine](#)

Sponsored Story

Mohegan Sun's Annual Tequila Tasting Is Back!

Get ready to toss back some tasty tequila during Sun Tequila Tasting on Friday, July 20th from 8:00pm to 11:00pm. Salted, sugared or with lime,



Mohegan Sun has it all! Inside the new Earth Ballroom, sample tequilas and margaritas and pair your favorites with complementary Mexican fare. Savor the flavors and the memories at the photo booth, dance to the beats of DJ Tom Macari and more! Tickets for this 21+ event are \$50.00 per person and are on sale now through the Mohegan Sun Box Office and

Ticketmaster. To learn more about Sun Tequila Tasting, **please visit mohegansun.com**. A portion of all ticket sales will go towards the United Way of Southeastern CT.

[PURCHASE TICKETS](#)

p.s. from Erica

Root Yoga Expands Schedule: We were sad to hear that Blue Moon Yoga was closing its doors, but happy to learn that owner Meredith Dow has brought her Kripalu style classes to **Root Yoga Studio**. See the schedule for a full roster of experienced teachers and classes from Kundalini to Yin and more.

Looking for something to do? Find paella cooking classes, farm dinners, river cruises, and more on The E List events calendar:

[GET THE CALENDAR](#)

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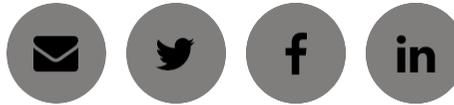


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