

the e list

An Excruciatingly Opinionated Guide to the Connecticut Shoreline

- CALENDAR
- DEALS
- EAT
- SHOP
- TRAVEL
- TOWN GUIDES



Thanks to all of you who voted for your favorite local businesses in our Annual Readers' Poll. Our intern, Olivia

(pictured), is busy-busy-busy over here tallying up the winners, and we will announce them next Tuesday, July 23rd. Congrats to Anne Wyllie, who won the \$150 Gift Certificate to The Essex!

(And I hear they've just opened their deck for outdoor dining!).

love, erica

p.s. as you can see we've been spending a lot of time outside, too, taste-testing picnic-ready canned cocktails and browsing Watch Hill.

Enjoy!

CLICK TO PURCHASE \$20 ADVANCE TICKETS

Flights of Fancy

New Haven's premier shopping, wine and food crawl

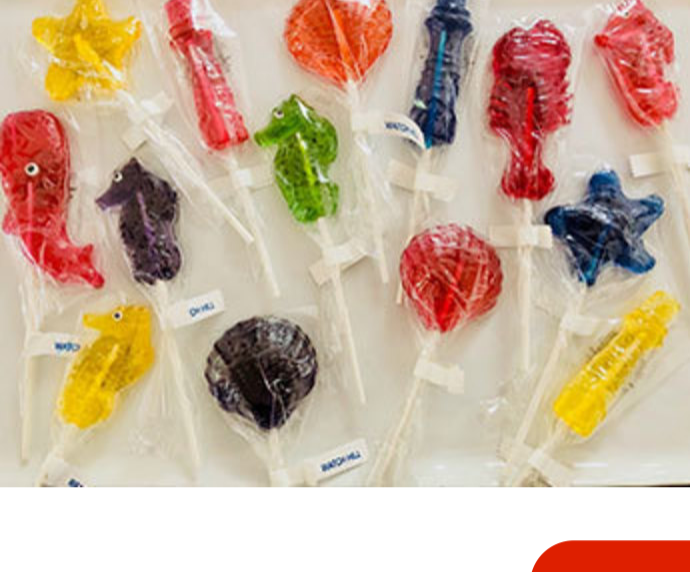
- Raffle prizes
- Zero ticket fees
- Free event parking
- Local food tastings
- Exclusive discounts
- Curated summer wines

Thursday, July 19, 2018
4:30 PM - 8:00 PM



Christine Darnell GARDENS
DESIGN, PLANTING & CONSULTATION
Custom gardens for outdoor living.
203.832.9411 • christinedarnellgardens.com

café fl. at the FLORENCE GRISWOLD MUSEUM
96 Lyme Street, Old Lyme, CT • 860.434.5542



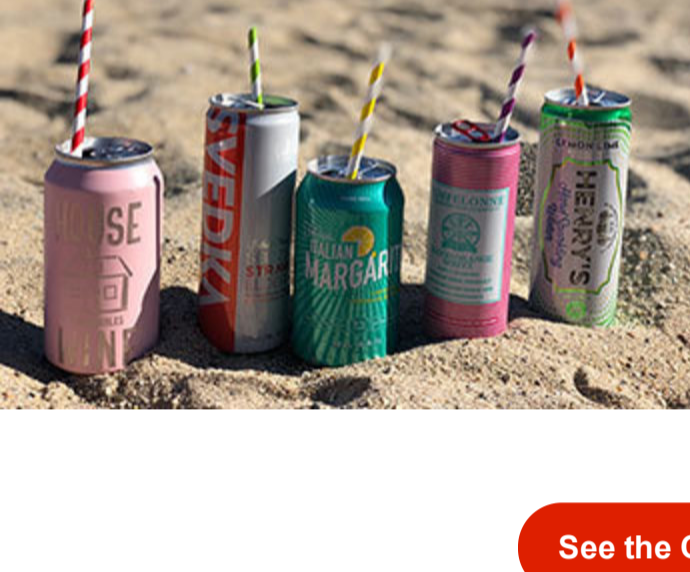
Watch Hill, RI

As always, lots to do and see in Watch Hill. We've updated our list of favorites for 2018.

[Read Watch Hill](#)

BRATS & BEER CRUISE
Thursday, September 6 & Thursday, October 11

your summer hot spot!
Harvest
www.harvestatthelake.com



Canned Cocktails

Years back, when the spiked seltzer craze began, we sampled each and every brand from Truly to White Claw. Nowadays, dozens of varieties of clear malt beverages and piles of slick, illustrated cans of beer line your local package store's cooler. In between, we've spotted a few ...

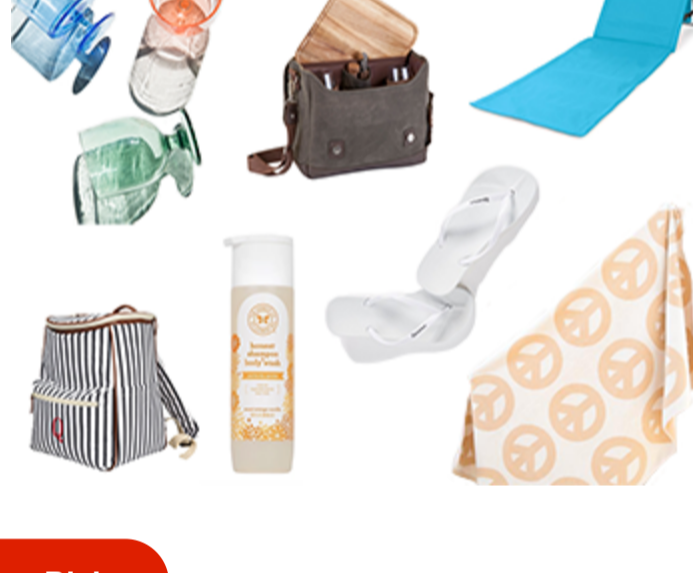
[See the Cocktails](#)

Just Hatched Tent SALE
7/20-21
40-75% OFF

SUMMER SALE IS ON
the NMain ESSEX VISIT 1NM

Outdoor Life

A few fun picks for a day at the beach:



[See Our Picks](#)

Creating fearless learners who soar into the future...
Openings Available for 3 and 4 year olds in The Preschool @ IDS
IDS | The Independent Day School
FEARLESS LEARNING
Middlefield, CT independentdayschool.org
Just minutes off Routes 9 and I-91

VISIT OUR NEW LOCATION!
SALT MYSTIC
Artisan shop with thoughtfully selected quality goods located at 14 Holmes St. Mystic, CT
MENTION THIS AD FOR 10% OFF through July 2018

Sponsored Story

THE GRADUATE INSTITUTE
MIND, BODY, SPIRIT EXPERIENTIAL EDUCATION
MASTER OF ARTS DEGREES & CERTIFICATE PROGRAMS
ONE WEEKEND A MONTH
LOCATIONS THROUGHOUT CONNECTICUT
VISIT WWW.LEARN.EDU

The Graduate Institute

Want to expand your mind, re-ignite your passion for life or need of a Master's Degree or certificate to enhance your career? The Graduate Institute offers empowering programs which will transform your personal and professional life!

Their holistic learning model provides students a community of experiential learning in a relaxed atmosphere. Their crème de la crème of faculty makes them a shining star for holistic, mindful, accredited learning.

Integrative Health & Healing, Learning & Thinking, Consciousness Studies, Coaching With Spirit, and much more! Course studies are transformational, inspiring and healing.

"I have seen the changes in our students when they achieve new levels of self-empowerment and discovery, as well as prepare themselves for higher levels of professional work." Bernie Siegel, M.D., Co-Academic Director at The Graduate Institute and Best Selling Author.

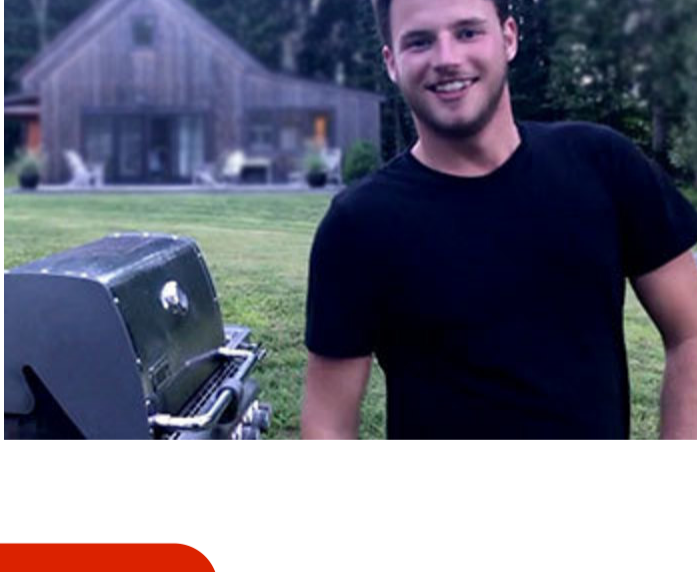
"Live as if you were to die tomorrow. Learn as if you were to live forever." Mahatma Gandhi

[Learn More](#)

from The E List archives:

Bastien's Camembert Au Barbeque

My adorable French cousins turned us on to the best and easiest summer hors d'oeuvres; find out how to make it by clicking the link to the video below.



[Watch the Video](#)

Looking for something to do? Find cooking classes, lighthouse tours, dinner theater, and more on The E List events calendar:

[GET THE CALENDAR](#)

CONNECT

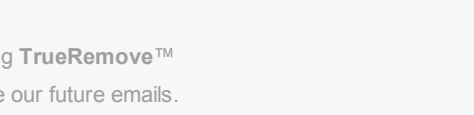


ABOUT ERICA / ASK ERICA / OUR WEBSITE / ADVERTISE

Don't miss a list, sign up here:

[SUBSCRIBE](#)

SHARE



Manage your preferences | Opt out using TrueRemove™
Got this as a forward? Sign up to receive our future emails.
View this email online.

P.O. Box 5
Old Lyme, CT | 06371 US

This email was sent to .
To continue receiving our emails, add us to your address book.

