

# the e list

An Excruciatingly Opinionated Guide to the Connecticut Shoreline

CALENDAR   DEALS   EAT   SHOP   TRAVEL   TOWN GUIDES



What a birthday weekend! My husband does an INSANE 100-mile bike race in

Leadville, Colorado every year, that just happens to fall on my birthday weekend, so my sister usually comes up to keep me company. And we pull out ALL the stops. This year, we got tix for A Chorus Line at Ivoryton (read more below), had a nosh at The Essex (from their new yummy pizza and meatball menu), saw Three Identical Strangers at Madison Art Cinema (so disturbing, so great) and finished with a scrumptious early bird dinner AND a birthday profiterole at one of my favorite restaurants, Bar Bouchee. We totally overdid it, but boy was it fun. Happy birthday to me!

**APPETIZER & DESSERT CRAWL**

fundraiser for the Robin I. Kroogman New Haven Animal Shelter

**DOG ADOPTION**

with the New Haven Animal Shelter Live Jazz, Prizes & More

**SUNDAY, AUGUST 19**  
**12:00PM - 4:00PM**

**The Shops at Yale**

FOR MORE INFO [▶](#)

**Tracy**

Come shop and save!

On the Green, Guilford  
71 Whitfield Street

**SUMMER SOLE**

**java hut** /new name/ /same great place/ (formerly Perk On Church)

20 Church Street Guilford



## Greenhouse Beauty, Old Lyme

You probably already know this about us, but we love to support female entrepreneurs, and we recently found one who deserves a shout out. Head down the path to the Hideaway in Old Lyme and on the left side you'll come upon Greenhouse Beauty, a new non-toxic skincare and makeup...

[More Beauty](#)

**robinzingone.**

SHOP!

*Your Summer Hot Spot!*

**Harvest**

## A Chorus Line at Ivoryton Playhouse

For many of us who saw A Chorus Line as teenagers and were slightly appalled by the language, you'll be struck by how far we've come.

Compared to an average popular song these days, it's SO tame. That's one of the first things that hit me at this...



Photo by Jonathan Steele

[Read More...](#)

**CASHMERE AT**

**one N Main ESSEX** VISIT 1NM

**FALL ARRIVALS**

**grace**

46 Pennsylvania Ave in NIANTIC

SHOP



## Frogmore Stew

There are other things to boil in the summer besides corn and lobster. If you're bored of the burgers and grilled chicken routine and have a crowd descending for dinner, my vote is a Frogmore Stew...

[Make This](#)

**Lady Katharine CRUISES**

**Friday Night FEVER!**

Sept 7, 2018  
Can you dig it?

Experiencing a major life change?  
Feeling stuck in neutral?

Sometimes the hardest part is taking The Next Step

**UNMOUNTED EQUINE ASSISTED THERAPY**

The Next Step

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"Live as if you were to die tomorrow. Learn as if you were to live forever."

Mahatma Gandhi

[learn.edu](#)

## p.s. from Erica

### FAIRS & FESTIVALS

Last week we shared our list of fairs and festivals and a couple of new restaurants.

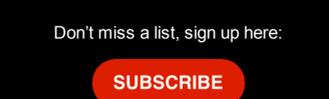


[Read the List](#)

Looking for something to do? Find road races, antique shows, farmers' markets and more on the-e-list events calendar:

[GET THE CALENDAR](#)

### CONNECT

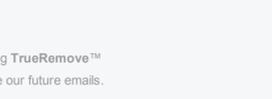


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