EAT

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An Excruciatingly Opinionated Guide to the Connecticut Shoreline

SHOP



DEALS

Can it really be TEN years? When I

started this newsletter and blog in

CALENDAR

October 2008, I had a germ of an idea and I wasted no time in getting it off the ground (with the help of Dana Evans at Two Sisters Design). Within two weeks we had a newsletter template, a website, and a few articles ready to go. Then I doggedly stuck to finding the best of the Shoreline and writing about it every single week, gaining readers slowly along the way. Ten years, 25,000 subscribers, and maybe 2000 or more articles later, I'm still at it. I could NEVER do this alone, so huge thanks to my team of Laura, Sarah, Erin and April.

Dreamed of teaching Pilates? PILATES TEACHER TRAINING PROGRAM starts JANUARY 2019

TRAVEL

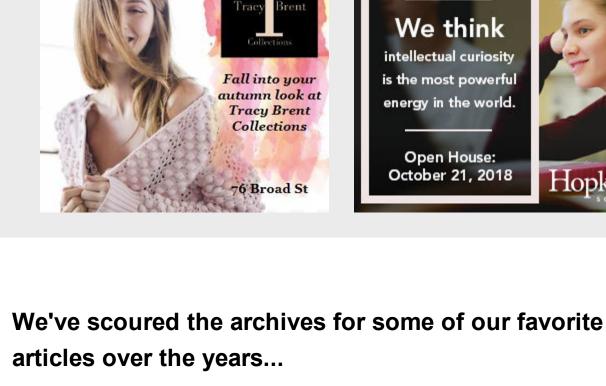
TOWN GUIDES

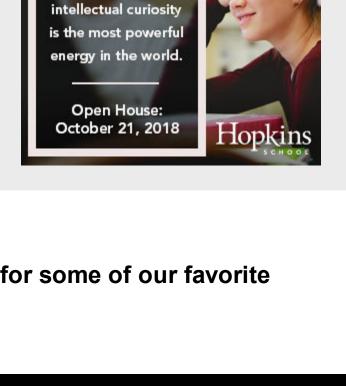


WESTBROOK - The Pilates Studio MADISON 860.391.8735

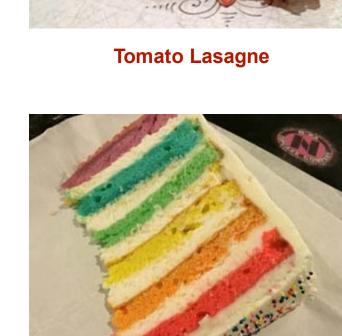
priveswissfitness.com But it's because of you, my loyal subscribers, who read, share, and forward the list to your friends that we've grown to be the destination for

All Good Things on the Shoreline. Thank you. Love, Erica We think





Some deliciousness from our EAT Category:





Get a Seat at The Table

BOROUGH BAG DAY IS SATURDAY 10/20 & SUNDAY 10/21

BOROUGH

NORA Cupcake

Crangetheory

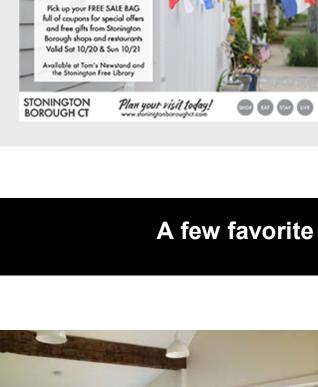
GUESSING DOESN'T LEAD TO

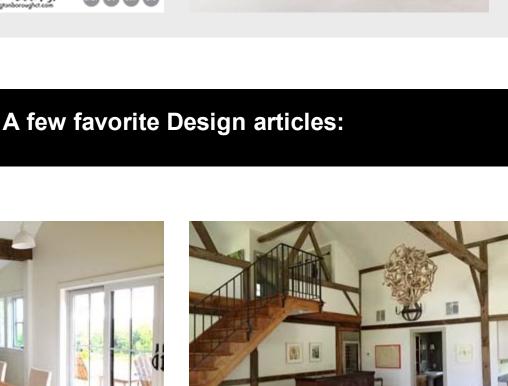
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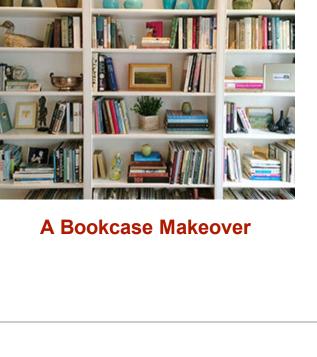
Orangetheory Fitness Guilford 1059 Boston Post Rd Guilford, CT 06437





The E List Office **Eliza's Little House**





FALL GATHERING at OCT 18th 6-8pm as ACC Join us for an evening with New England bloggers

@christina_onthedaily and @sarah.g.johnson for

seasonal cocktails, bites, music, fall styles & friends!

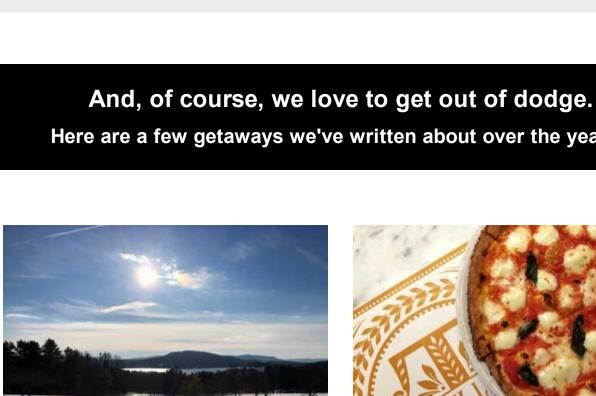
grab your girlfriends for a

Gift Store on the-C-list's 2018 Readers' Poll

Seek the unique

712 BOSTON POST ROAD MADISON 203.245.0164

Voted Best



Kripalu Getaway



New Haven Sleepover





Hudson Road Trip

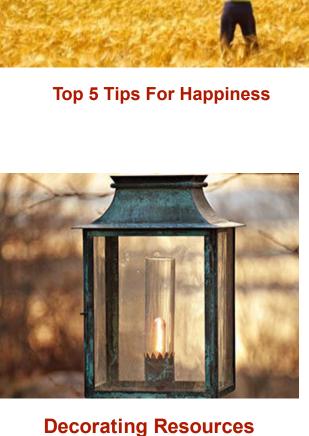
Click for Details

Readers seem to love our tips and tricks;

here are a few reader favorites:



Sponsored Story



Be Different! Plan a Holiday Tea

Hosting family, friends, or colleagues

this season? Enjoy traditional scones,

They can comfortably seat 4-12 guests

in the Deacon's dining room. Want to

invite more? Choose an informal

presentation where guests can

sweet, and savory creations served

with artisanal Simpson & Vail teas.

Party

circulate and enjoy the festive parlor as well. Get in touch to customize your



the**C** list

Hi. It's me, Erica.

Here's the concept:

spread out and often hard to find.

Join us for another E List Girls'

November 14th in Essex. Meet

The E List team for 1/2 price wine

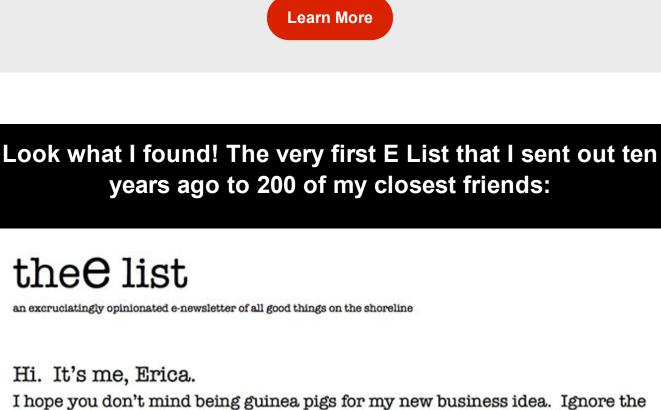
and 20% off at participating shops.

Night Out on Wednesday,

to do this weekend. If you like it, pass it on.

wait.

2018!



Drinks & Discounts: Girls' Night Out in Essex

Details & Participating Shops

We've gathered some of our favorite places to eat and shop in towns

dreadful layout. I've hired a professional to make it look spiffy, with photos, advertising and plenty of bells and whistles, but it's not ready yet. And I can't

There is plenty going on between New London, New Haven and Hartford, but the art venues, fashion destinations, food purveyors and restaurants are

Who makes a gorgeous floral arrangement? Where's the best wine selection? What's the go-to salon? Thee list will announce the sales and events that

matter, the must-have items of the season and tell you where to eat and what

p.s. from Erica

TOWN GUIDES E List readers get DEALS! Free coupons from our favorite shops and

services on the Shoreline...

along the shoreline and put them on a handy map.

Looking for something to do? Find cooking classes, concerts, food festivals and more on The E List events calendar:

See ALL the DEALS!

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