

# the e list

An Excruciatingly Opinionated Guide to the Connecticut Shoreline

- CALENDAR
- DEALS
- EAT
- SHOP
- TRAVEL
- TOWN GUIDES

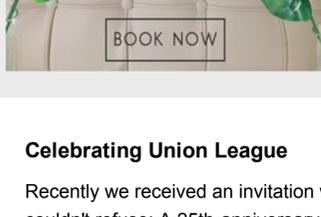
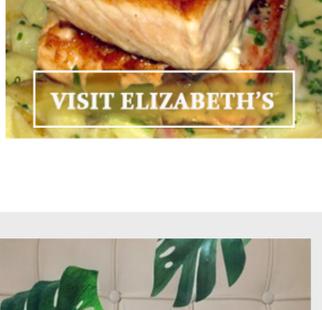


Most of us avoid the city like the plague in summer, but as soon as the temperature drops (today!), I start planning jaunts for museum hopping, shopping, and these days I have an even more compelling reason: getting a glimpse of my daughter! Recently I stayed in Dumbo for a change of pace, and you may want to consider a weekend there, too. See below.

Laura loved *Once* at the Ivoryton, so I'm taking a cue and getting tix. And I think there are a few seats left for my interview with **Nicholas Sparks at The Garde**. Click below for tickets. Keep an eye on The E List for upcoming **Girls' Nights Out**; we have Essex and Guilford in the works. Things are certainly ramping up around here! Happy Fall!



*Elizabeth's Cafe*  
Amazing Food in a Quaint Setting  
885 Post Road, Madison, CT



### Celebrating Union League

Recently we received an invitation we couldn't refuse: A 25th-anniversary celebration at Union League Cafe! While I don't get to New Haven often, Union League remains one of my all-time favorite restaurants on the Shoreline (until they opened their sister spot, Bar Bouchee in Madison). As...

[More Union League](#)

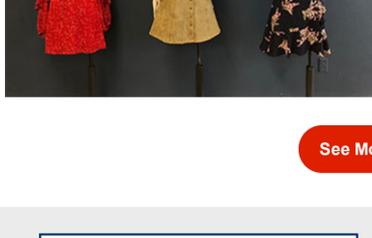
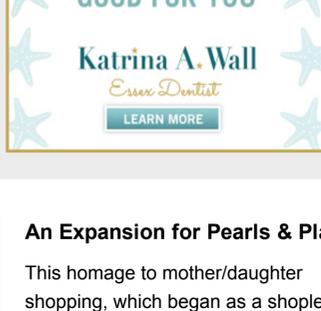


### EAT SHOP STAY: DUMBO

For a change of pace, I holed up for a few days in DUMBO. Here's my guide.



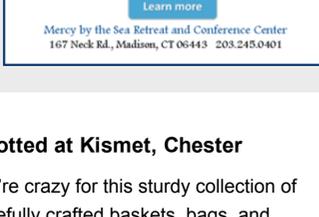
[Guide to DUMBO](#)



### An Expansion for Pearls & Plaid

This homage to mother/daughter shopping, which began as a shoplet in East Haddam, moved to larger digs next to Tova's Vintage, and has now found an even more expansive home at Fromage Fine Food's little strip in Old Saybrook...

[See More Pix](#)



### Spotted at Kismet, Chester

We're crazy for this sturdy collection of carefully crafted baskets, bags, and bowls made from 100% natural cotton rope, available at Gillian Davis' new shop, Kismet in Chester. Made by a fiber artist here in CT, they come in an array of colors, shapes, and sizes. Pop into Kismet for these, plus...



[More Kismet](#)

Sponsored Story



### Musical Masterworks

For 28 years, Musical Masterworks has been a shoreline gem delivering a superb chamber music experience at the acoustically rich Old Lyme Congregational Church on Lyme Street.

If you've never been to one of these concerts, you need to go. Once you've experienced a performance, you'll be back for more. Why? Because it is rare when you can escape the constant distractions of the fast-paced world in which we live for a few hours of uninterrupted zen allowing you to rest your mind and relax into the beautiful art that will delight your ears. Give it a try this coming weekend when Musical Masterworks opens its 28th season on October 6th and 7th.

For those familiar with the masterful programming by Edward Arron, Artistic Director of Musical Masterworks, you're in for a treat this special season as Ed celebrates his 10th anniversary as Artistic Director.

[Purchase Tickets](#)

### p.s. from Erica



### Once at Ivoryton Playhouse

If you were at all moved by Glen Hansard and Markéta Irglová's haunting and romantic duet, *Falling Slowly*, from the 2007 film *Once*, then you must go see the musical at Ivoryton Playhouse. And if you've never seen the movie or heard the song, also go. It's filled with humorous and touching moments between struggling musicians and rollicking Irish folk music.

Runs through October 14th.

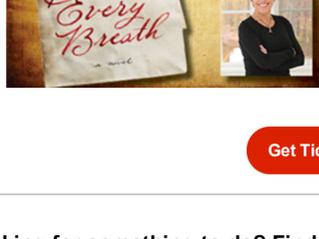
[Get Tickets!](#)

We shared some tips for self-improvement from local experts on last week's list.

*Pictured: office transformation by California Closets.*



[Read the List](#)



There are still a few seats available for my conversation with Nicholas Sparks on Tuesday, October 16 at 7:30pm at The Garde.

[Get Tickets Now!](#)

Looking for something to do? Find Halloween events, fall festivals, concerts and more on The E List events calendar:

[Browse Our Calendar](#)

### CONNECT



ABOUT ERICA / ASK ERICA / OUR WEBSITE / ADVERTISE

Don't miss a list, sign up here:

[SUBSCRIBE](#)

### SHARE

