

the e list

An Excruciatingly Opinionated Guide to the Connecticut Shoreline

CALENDAR DEALS EAT SHOP TRAVEL TOWN GUIDES

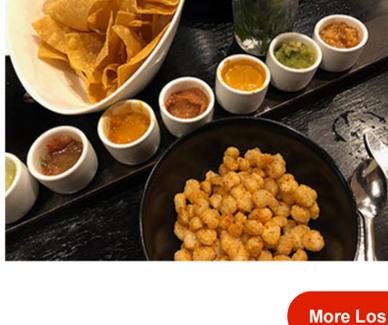
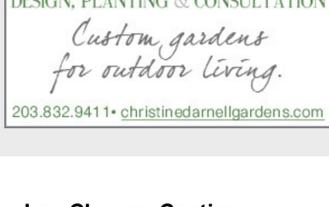
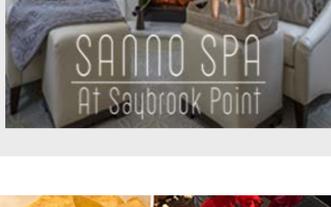


Really...is there anything better than Fall in New England? The terrifying rains have finally abated, and

I've been out and about enjoying this glorious weather. I even took my dog for a long walk (reminding me how good it is for both of us!). I whiled away a perfect afternoon at Wee Faerie Village, lots of pix below. And I couldn't resist a stop at Scott's Yankee Farmer in East Lyme for a classic fall treat and what I think is one of the best cider donuts out there (I know that statement could start some arguments!). If you've got a favorite, share it on Instagram and tag and follow me: @theelist.

Hope you're enjoying autumn as much as I am.

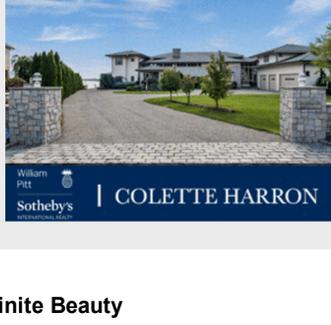
Love, Erica



Los Charros Cantina

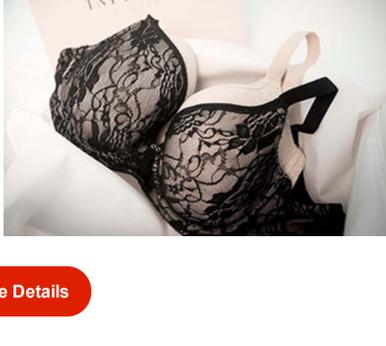
I've long wondered why no one has opened a modern Mexican restaurant around here. Taco nights at the various local eateries are always packed, and I've actually begged a few chefs to open a cantina! Not that I'll take any credit for...

[More Los Charros](#)

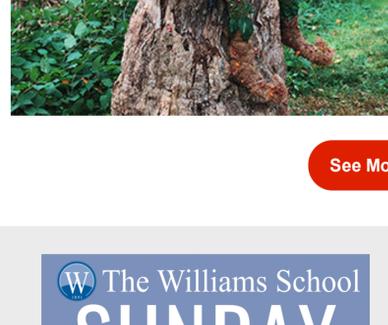
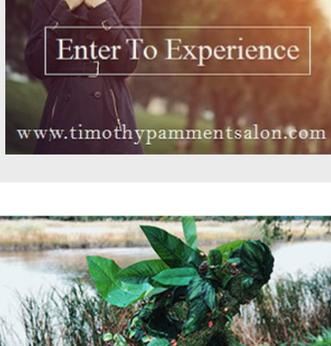


Infinite Beauty

My friend, Roberta Lombardi, started this important non-profit after a lengthy battle with breast cancer. Infinite Strength's mission is "to make medical treatments more accessible for all breast cancer patients and to offset costs that are not always covered by insurance, but can make all the...



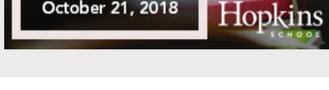
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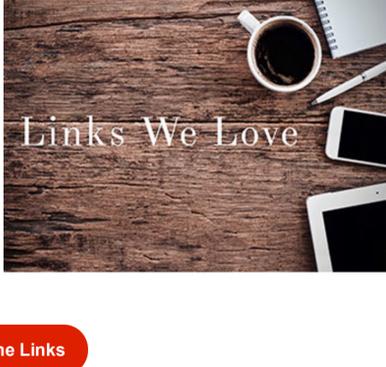
Wee Faerie Village: Not Just for the Wee Ones

I say this every year. The artists who create the 32 fairy houses on the Florence Griswold Campus outdo themselves with each exhibition. For this year's theme, Lettersburg Junction, the creators were charged with constructing tiny domiciles based...

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A few favorite links we've added to our bookmarks...



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Girls' Night Out in Essex 2018

Join us for another E List Girls' Night Out on **Wednesday, November 14th in Essex**. Meet The E List team at The Griswold Inn Wine Bar between 5pm and 6:30pm for 1/2 price wine and to pick up your sticker to qualify for discounts. Then head out to shop the boutiques of Essex and take 20% off almost everything (some exclusions apply) at participating boutiques.



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The Latest In Breast Health and Cancer Care

The Comprehensive Breast Care Center at Middlesex Hospital has long been at the leading edge of breast cancer detection. In fact, they're the first and only hospital in Connecticut to offer dual-head molecular breast imaging, which can reduce the need for unnecessary biopsies. But precision imaging is just part of the story. Their genetic testing program is helping identify high-risk patients well before the first symptoms. Their expert surgeons are performing innovative procedures that combine cancer removal and reconstruction into one. And, their clinical collaboration with Mayo Clinic means they're backed by the knowledge of some of the top cancer specialists in the world. Learn more about their full array of breast health services at middlesexhospital.org/breasthealth.

[Learn More](#)

p.s. from Erica

Looking for something to do? Find corn mazes, wine tastings, book signings and more on The E List events calendar:

[GET THE CALENDAR](#)

Trekking For Joy and Stephanie Anestis Photography are collaborating to bring hiking and photography together. Gain new skills and learn to refine your creative and technical approach. Each trek will focus on a different location and photographic technique. [Learn about upcoming hikes here.](#)

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