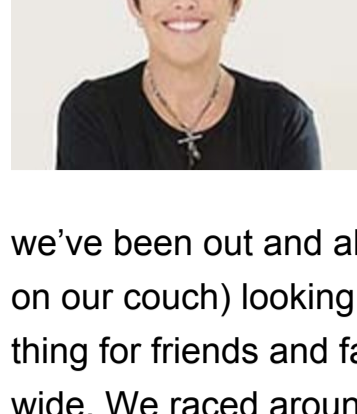


the e list

An Excruciatingly Opinionated Guide to the Connecticut Shoreline

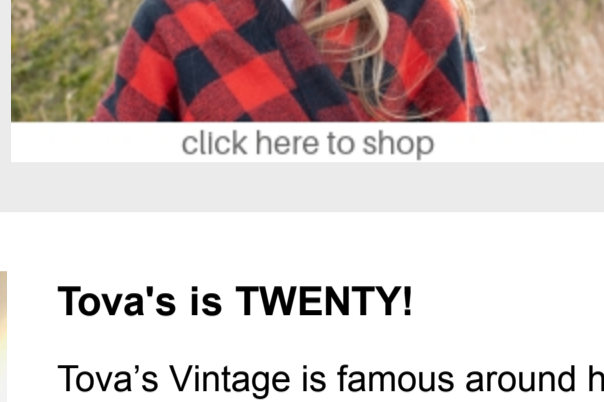
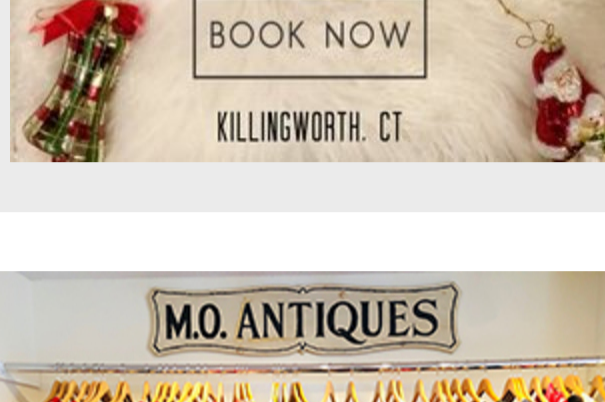
CALENDAR DEALS EAT SHOP TRAVEL TOWN GUIDES



Most of us are smack in the middle of major gift-seeking mode and

we've been out and about (and cozily on our couch) looking for the perfect thing for friends and family far and wide. We raced around Madison last week and found plenty of goodies for stockings and under the tree. We've also put together a fun online gift guide for those farther afield AND heartily encourage you to visit the expanded Tova's Vintage if you're in need of something a little fancy schmancy. This and more below!

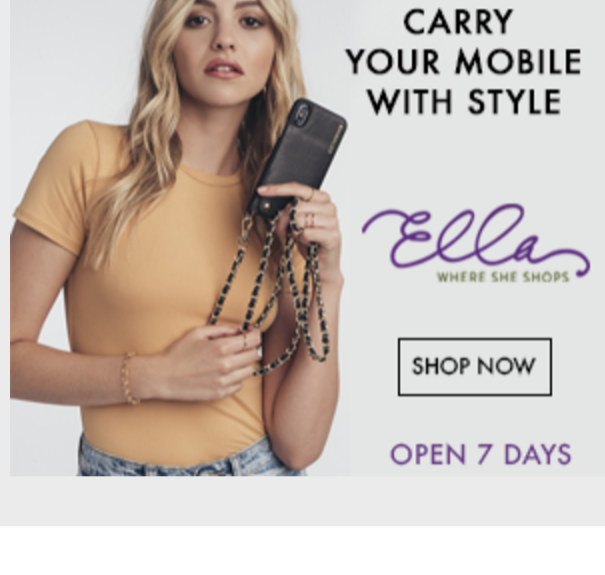
p.s. Thanks to all 500 (!) of you who showed up and shopped Girls' Night in Guilford. It was, quite literally, a BLAST!



Tova's is TWENTY!

Tova's Vintage is famous around here for her fantastic selection of vintage designer duds and now the shop, at twenty years old, almost qualifies, too! To celebrate, she's expanded the boutique (to nearly twice the size) AND the inventory to include some non-vintage sources. If you're on...

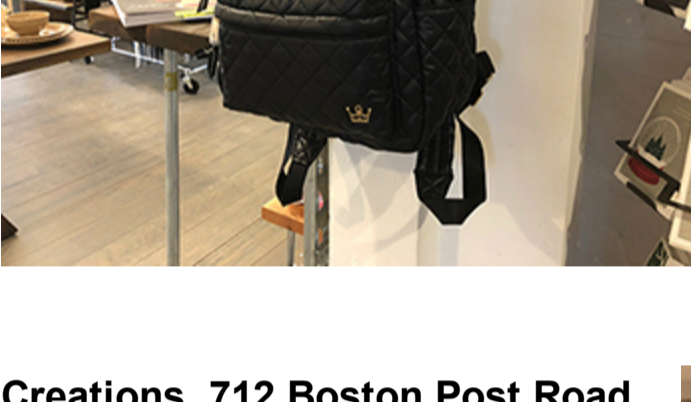
See the Shop



We browsed around Madison and found some out-of-the-box gifts for hard-to-buy-for types.

J Horton, 690 Boston Post Road

How cute is this teensy (3.5" x 1.8" x 0.7") Bluetooth speaker? And who wouldn't want a to-go speaker that fits right in your pocket or bag for music and podcasts on the go? Built-in microphone for conference-calling, too. \$70



Willow + Birch, 36 Wall Street

This fresh line of functional bags by Oliver Thomas allows you to go from day to night and week to weekend without having to schlep multiple heavy satchels. They offer lightweight quilted bags of all sizes from face case to backpack to weekender. From \$55.

Creations, 712 Boston Post Road

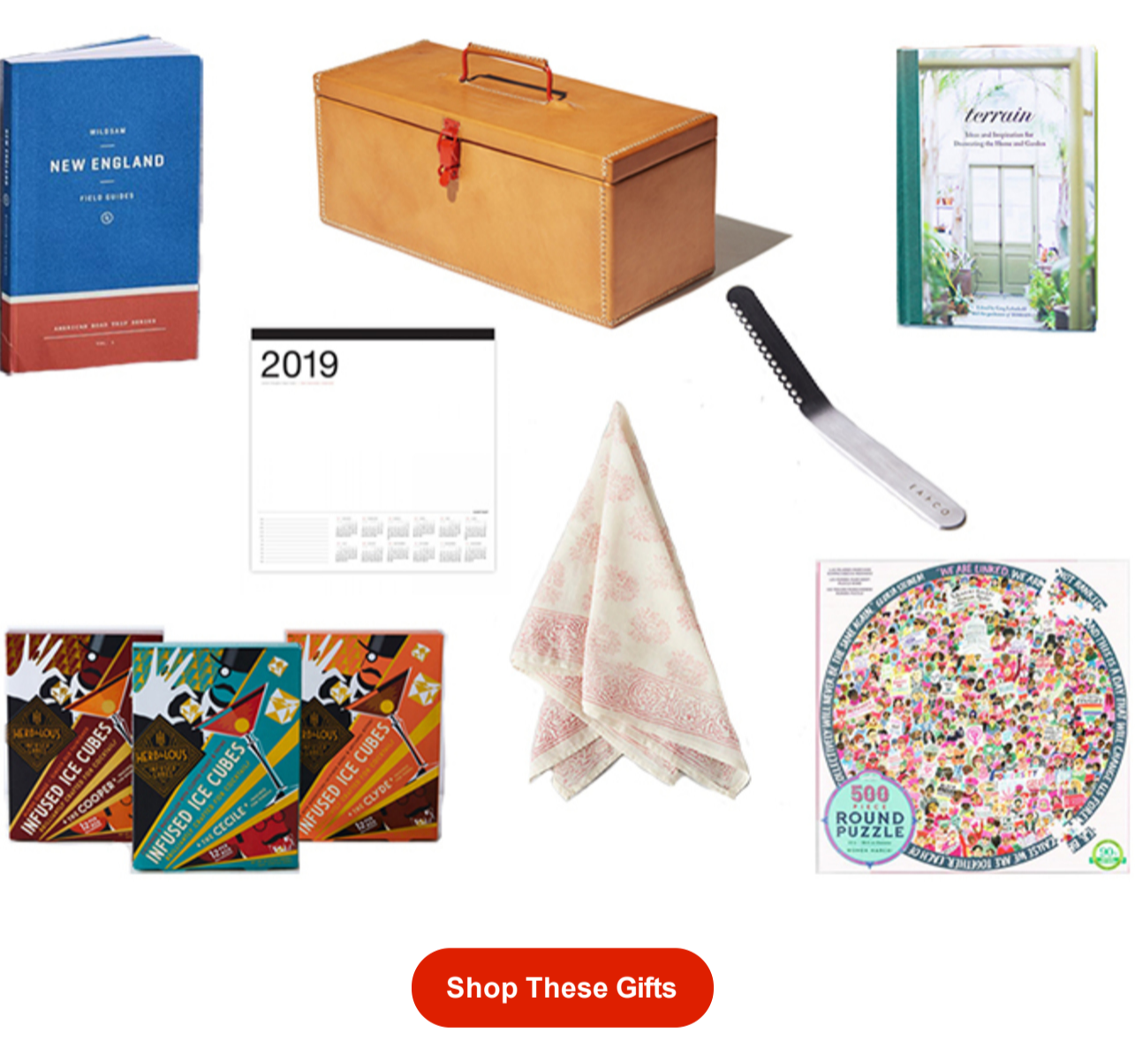
This Chocolate Lover Gift Box filled with cocoas will please the most discerning of palates with Lavender Mint, Vanilla Orange and Chokola (with a dash of red chili pepper). \$39.95



See More Gifts in Madison



What to get your favorite activist, gardener, handyperson, cocktail enthusiast or wanderer? Here's a gathering of online and clever gifts for all.



Shop These Gifts



Sponsored Story



Viso Bello By the Shore, Guilford

Started in Middlebury, CT 29 years ago (this December 15th) Viso Bello Day Spa has been pampering happy clients with an exceptional day spa experience, claiming the title (10K square feet): Connecticut's Largest Day Spa. Dan Settani, the son of the original owners, opened Viso Bello

By the Shore on the Green in Guilford in 2017. Run by General Manager Nick Houghton (a 20-year employee of VB and licensed massage therapist), the day spa offers Yonka-Paris facials, therapeutic massages, nail care and more in a comfortable, serene environment complete with showers and complimentary wine or beer. Take some of the pressure off yourself or the ones you love this season and book a treatment. Take advantage of **December Specials** and deals for **Gift Card purchases**.

Visit VB By the Shore

p.s. from Erica

Chester Pediatrician, Dr. Elizabeth Bird shares her second installment of tips for the coming season in her article, **Winterize Your Family Part 2: Integrative, Evidence-Based Tips On How to Hasten Your Recovery from Winter Viruses**



Get the Tips + Attend Her Event

Looking for something to do? Find cooking classes, festive concerts, New Year's events and more on The E List events calendar:

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