


the e list

An Excruciatingly Opinionated Guide to the Connecticut Shoreline

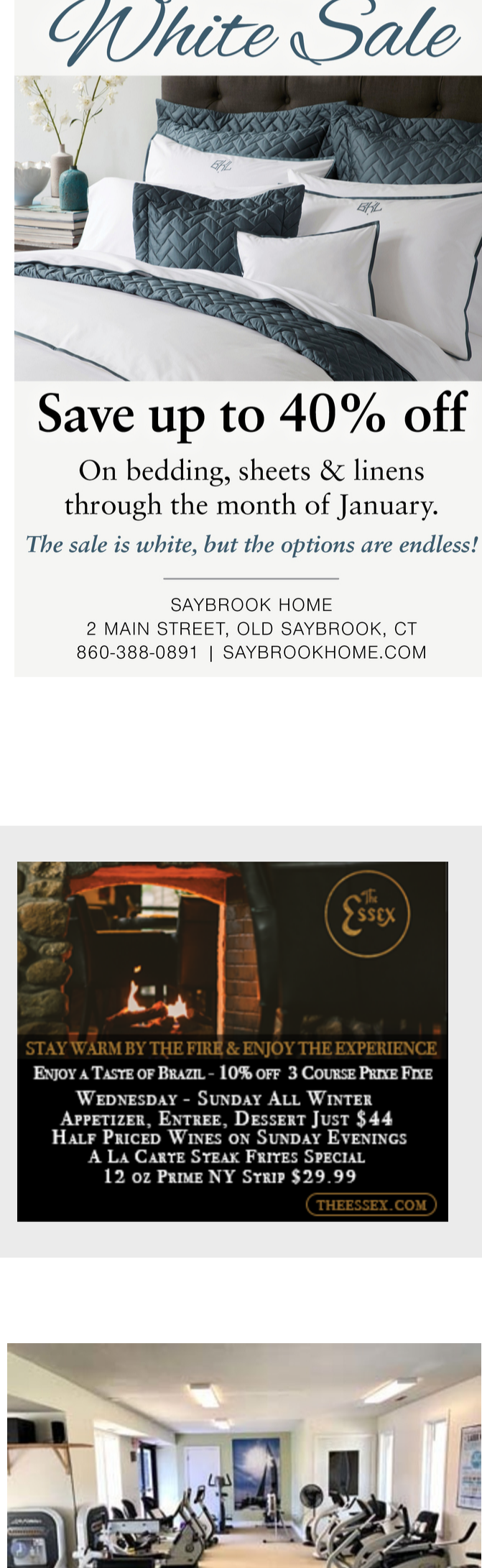
- CALENDAR
- DEALS
- EAT
- SHOP
- TRAVEL
- TOWN GUIDES



Lucky me, I had sinus surgery last week, made much easier than it sounds by the wonderful team of Dr. Howard Boey, and my lovely nurses Paula and Karen. I was only down and out for a few days, but did get a bit behind on the list! Over the holidays, a few new readers mentioned that it might be a good idea to republish some of my "perennial favorites". So that's exactly what we're up to this week. After 10 years, there's so much content on our website (I figure 10 books worth!) that we hope you take a deep dive now and then to find what we think is the best of the Shoreline.

Also, don't forget to mark your calendars for our 10th (!) Annual Insane Insidewalk Sale! We've got all your old favorites plus some exciting new vendors. Details on this list. We're giving away a \$500 Shopping Spree, too, so make sure you enter below.

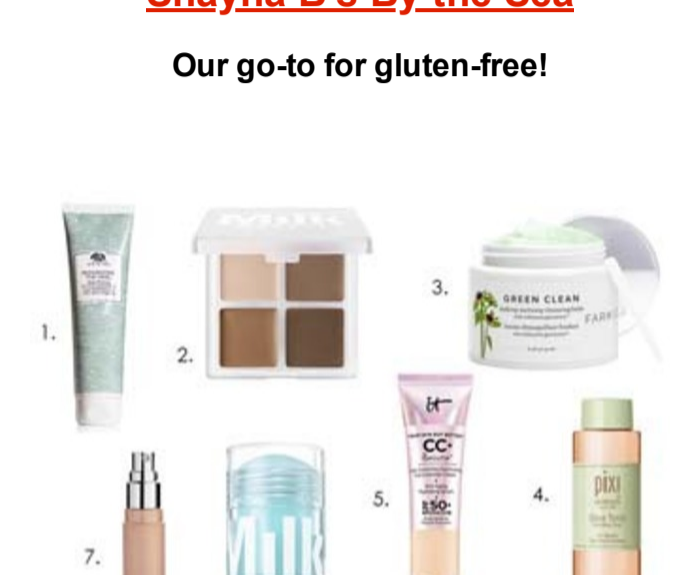
love, Erica



SH SAYBROOK HOME
Join us for our *Winter White Sale*

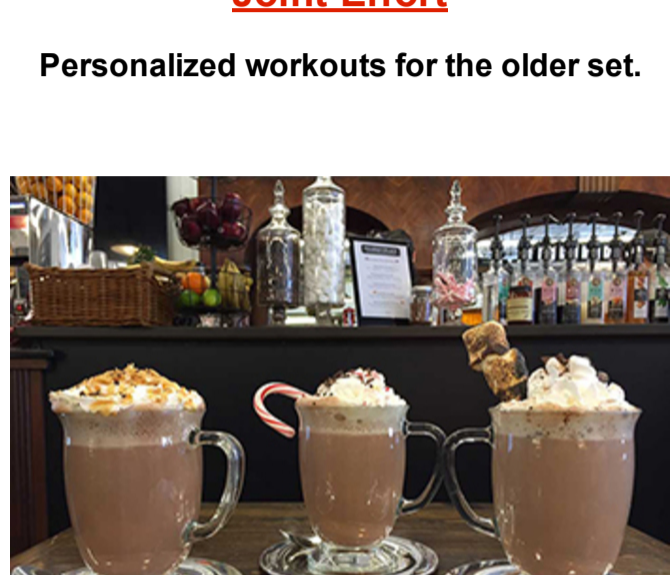
Save up to 40% off
On bedding, sheets & linens through the month of January.
The sale is white, but the options are endless!

SAYBROOK HOME
2 MAIN STREET, OLD SAYBROOK, CT
860-388-0891 | SAYBROOKHOME.COM



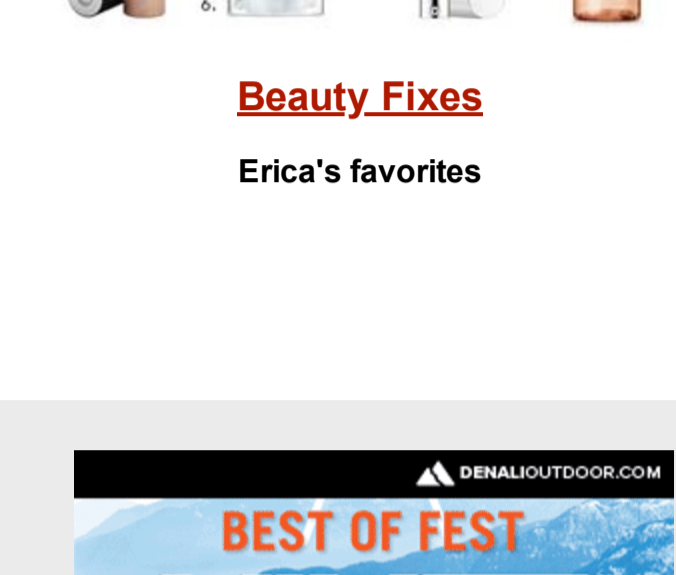
WEDDINGS
HANDCRAFTED BY LA CUISINE

WEDDINGWIRE COUPLES' CHOICE AWARDS 2018

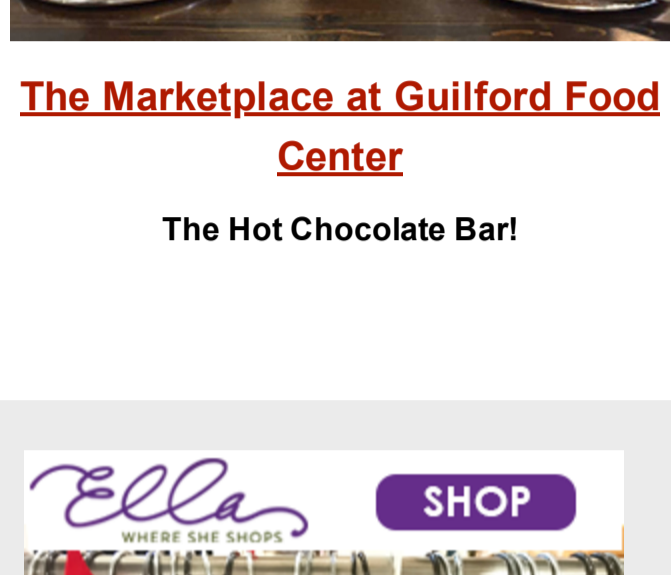


THE ESSEX

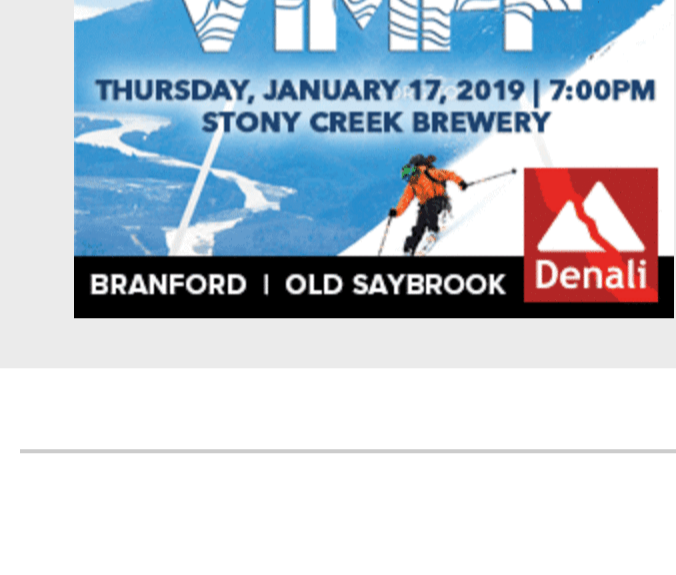
STAY WARM BY THE FIRE & ENJOY THE EXPERIENCE
ENJOY A TASTE OF BRAZIL - 10% OFF 3 COURSE PRIZE FINE
WEDNESDAY - SUNDAY ALL WINTER
APPETIZER, ENTREE, DESSERT JUST \$44
HALF PRICED WINES ON SUNDAY EVENINGS
A LA CARTE STEAK FRITES SPECIAL
12 OZ PRIME NY STRIP \$29.99



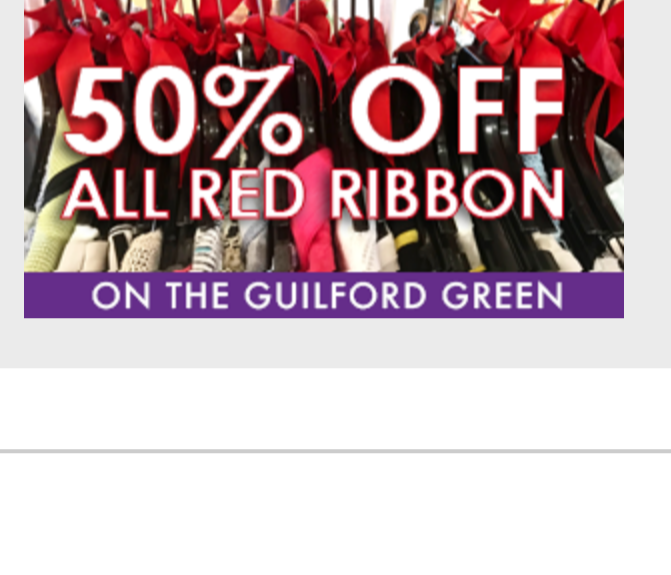
Shayna B's By the Sea
Our go-to for gluten-free!



Joint Effort
Personalized workouts for the older set.



Beauty Fixes
Erica's favorites



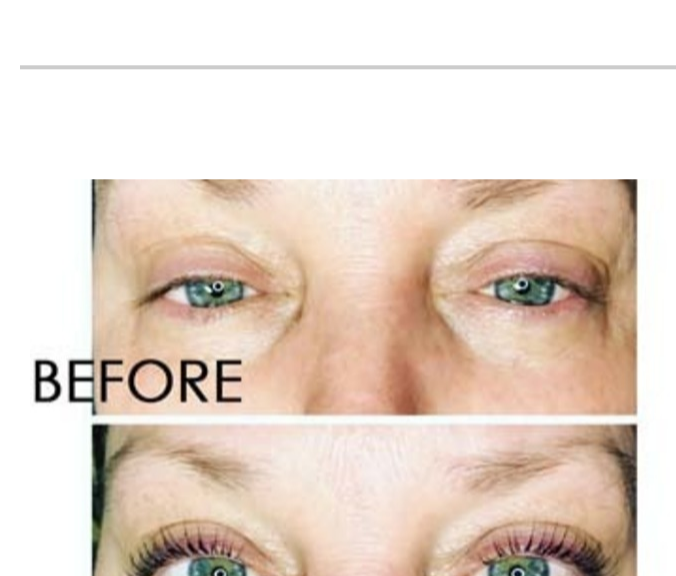
The Marketplace at Guilford Food Center
The Hot Chocolate Bar!



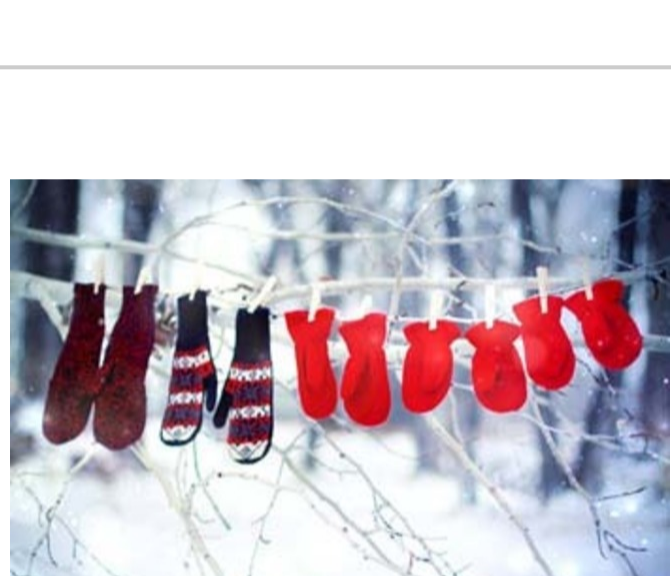
BEST OF FEST VIMF
THURSDAY, JANUARY 17, 2019 | 7:00PM
STONY CREEK BREWERY
BRANFORD | OLD SAYBROOK | Denali



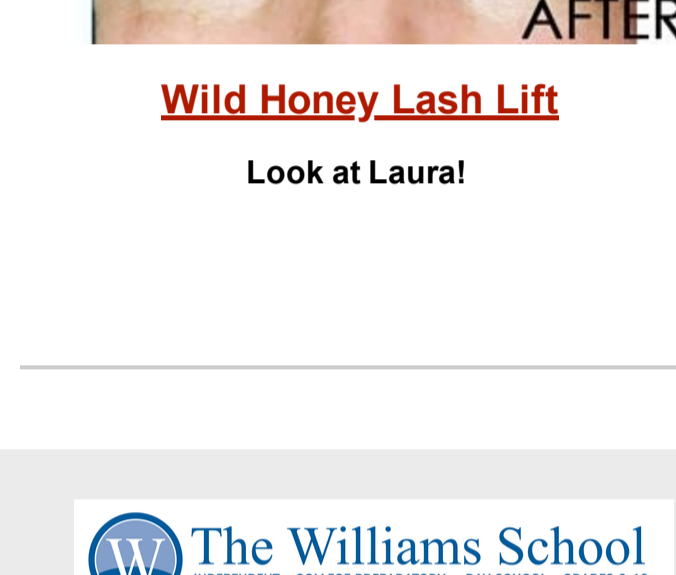
Ella SHOP
50% OFF ALL RED RIBBON
ON THE GUILFORD GREEN



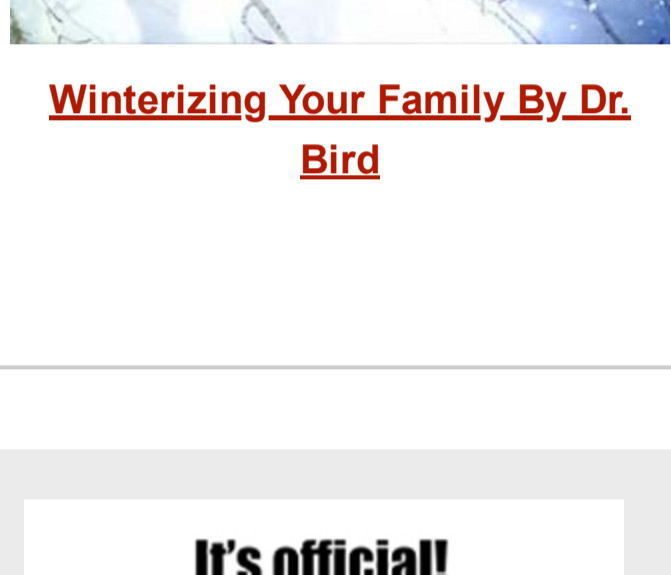
Instant Pot Chicken Tikka Masala
Super easy, super fast dinner!



Caffé Marche
We love this authentic Italian Cafe in OS.



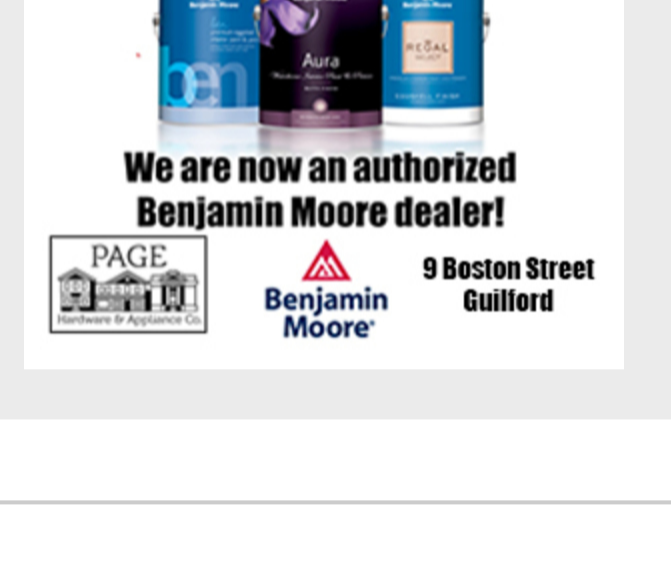
Wild Honey Lash Lift
Look at Laura!



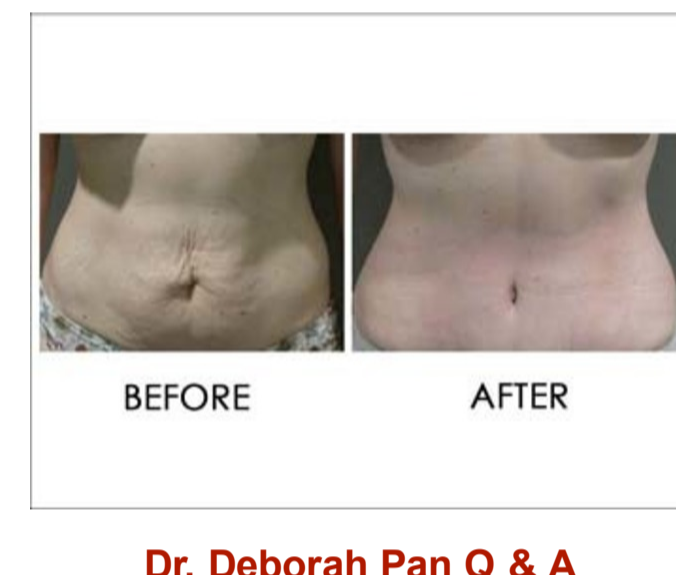
Winterizing Your Family By Dr. Bird



The Williams School
INFORMATION SESSION
JANUARY 27
1:00-4:00 PM
please register online



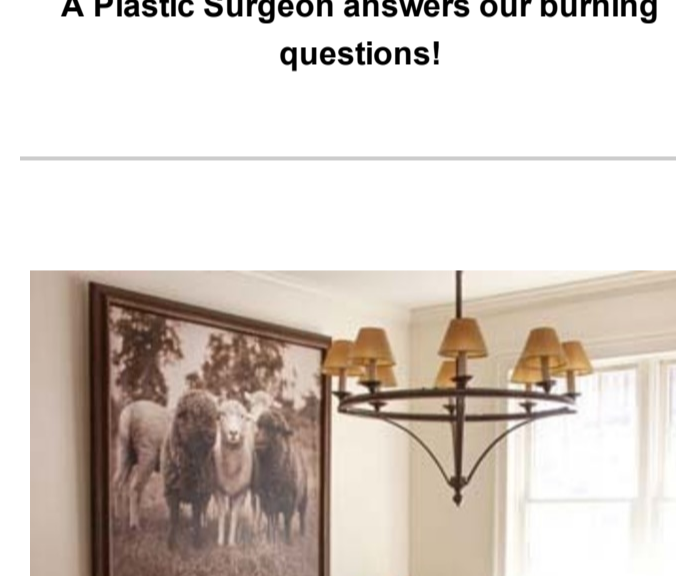
It's official!
We are now an authorized Benjamin Moore dealer!
9 Boston Street Guilford



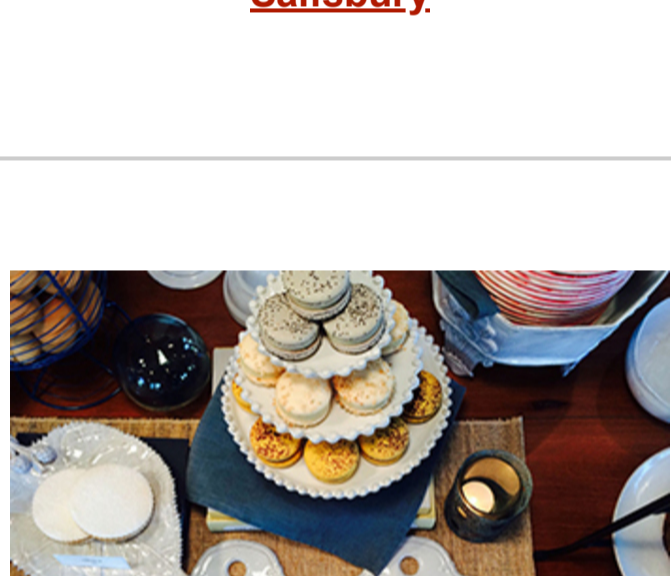
Dr. Deborah Pan Q & A
A Plastic Surgeon answers our burning questions!



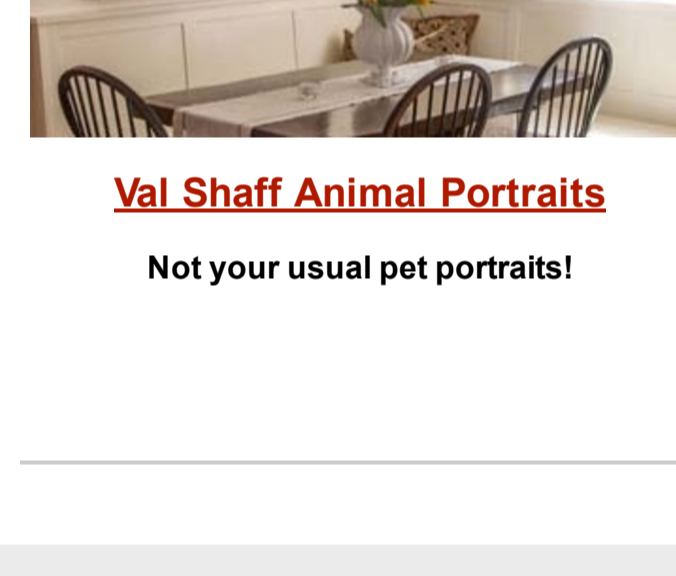
Getaway to The White Hart Inn, Salisbury



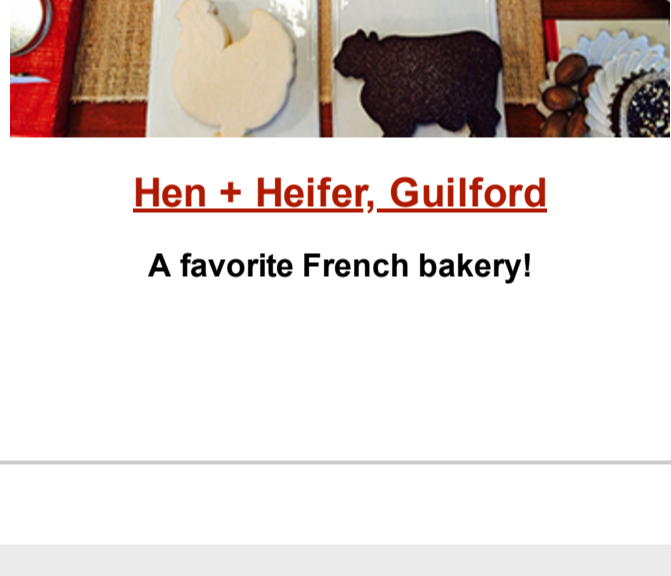
Val Shaff Animal Portraits
Not your usual pet portraits!



Hen + Heifer, Guilford
A favorite French bakery!

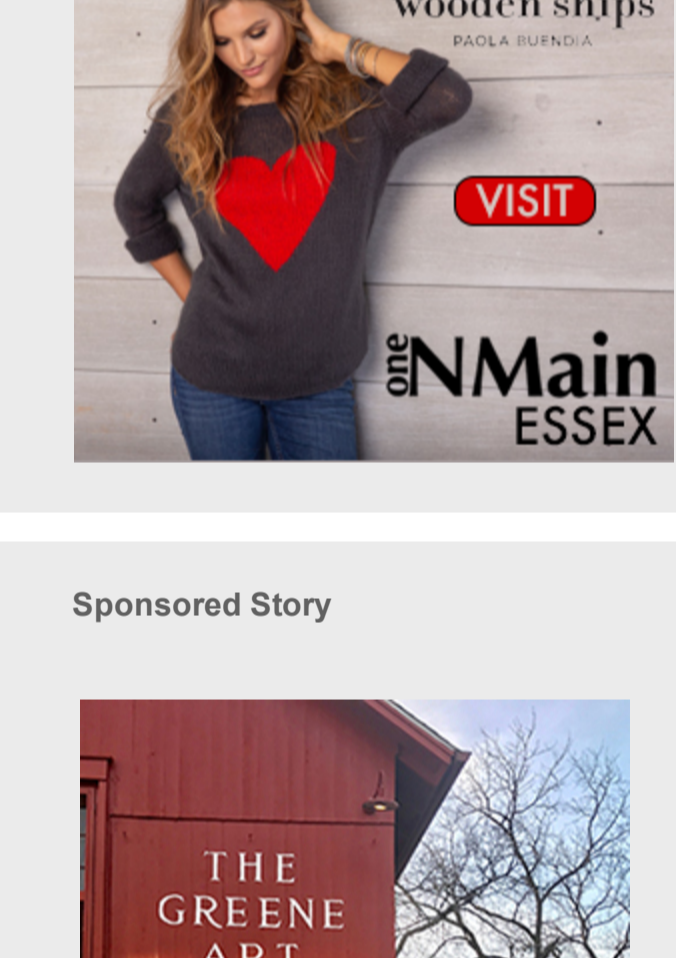


wooden ships
VISIT THE MAIN ESSEX



Open House
January 27 • 1:00 - 3:30
The Country School

Sponsored Story



BSK Design Moves to the Iconic Greene Gallery This February

Barbara Shulman-Kirwin, of BSK design, is moving from Chroma Gallery to the Greene Gallery at 29 Whitfield Street this February. BSK has been creating and selling her glass fusion line at Chroma for the past 15 years. BSK is known for her distinct brightly colored dichroic glass jewelry, plates/platters, window and wall hangings, Judaica, and garden sculpture. This move allows Barbara to combine her two passions; her art and her forgiveness healing practice, under the same roof. Barbara's art journey has led her into abstract monoprint painting, illustrating how her distinct signature of bold colors and simple lines can morph from one medium to another. Barbara's vision is that the Greene Gallery be a place of community, where ideas of creativity and healing are expressed through lectures, workshops, music and art openings.

30% AND MORE OFF ALL BSK THROUGH THE MONTH OF JANUARY AT CHROMA.

[Visit BSK Design](#)

- From The E List events calendar:**
- "Other Desert Cities" Performed Live By The Saybrook Stage Company at The Kate, 1/17 - 1/20**
Get tickets to see a poignant play about family & overcoming differences in this heart-wrenching yet heart-warming story of the Wyeth family. [Read more...](#)
 - Women's March CT – We March On, 1/19**
Organize your friends and head to Hartford for this important annual event. [Read more...](#)
 - Fire & Ice Festival at Saybrook Point Inn & Spa**
1/18: The adults-only portion of the festival kicks off from 7-11 pm featuring a raw bar, appetizers, live DJ and dancing, ice sculptures and more. [More info here.](#)
1/19: Bring the whole family for the festival's daytime events (11:30 am - 4:30 pm) for a seasonal fare, ice carving demonstrations, kids activities and more. [More info.](#)
 - Taste of Middlesex County Restaurant Week, thru 1/20**
Head to a participating restaurant (including Los Charros, The Gris, & Red Head) for a fixed price three-course meal (for \$20.19 or \$30.19). [Read more...](#)

And that's not all! Find book signings, yoga events and more on our calendar:

[Browse The Calendar](#)

p.s. from erica



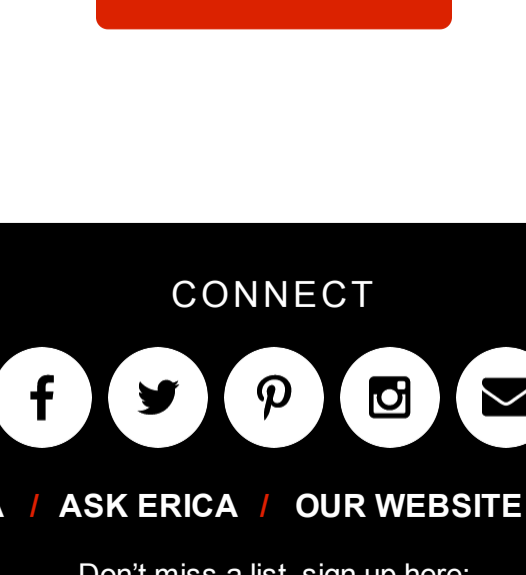
INSANE INSIDEWALK SALE
1/25 + 1/26

Over twenty of the best shops and designers on the Shoreline will convene in a gigantic retail space for the Tenth Annual Insane Insidewalk Sale! Snag great bargains AND keep your shopping dollars local.

Save the dates, two days only:
Friday, January 25th, 9:30 – 5:30 pm
Saturday, January 26th, 9:30 – 4 pm

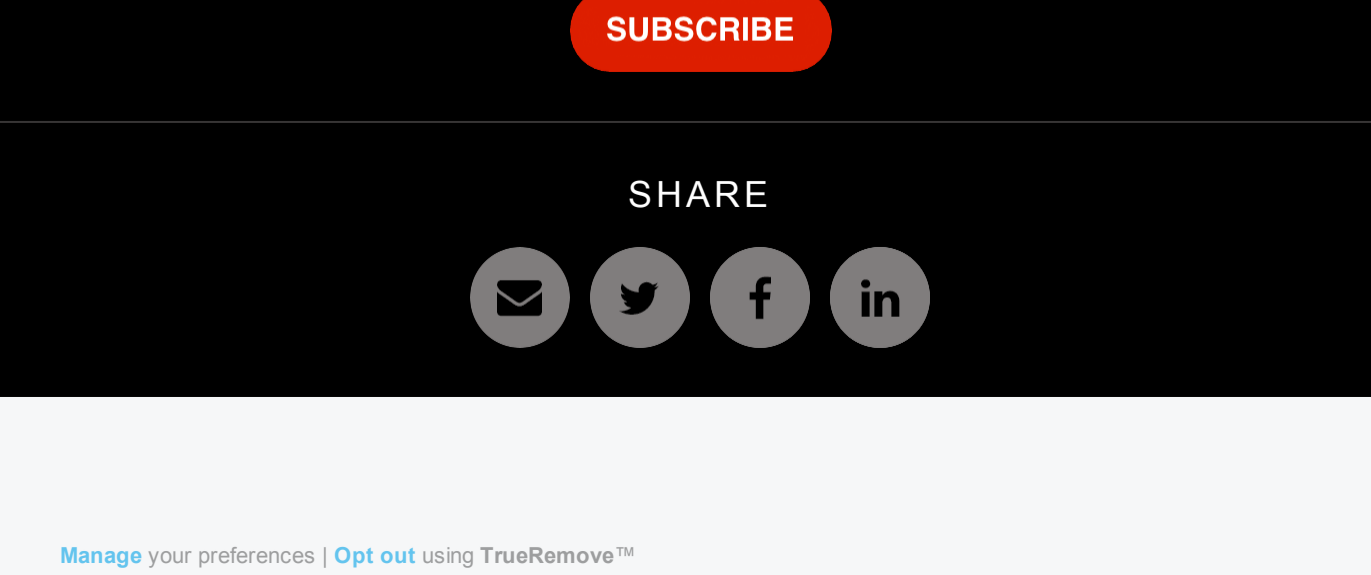
[See List of Participating Vendors + Details](#)

A Special Thanks to our Sponsor:



Guilford Savings Bank
Your Community. Your Values. Your Bank.

Enter to win a **\$500 shopping spree** at the **Insane Insidewalk Sale**



Here's your chance at some serious spending cash for the sale.

[Enter the Contest!](#)