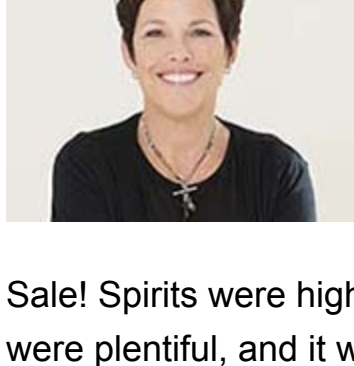


January 29, 2019

the e list

An Excruciatingly Opinionated Guide to the Connecticut Shoreline

CALENDAR DEALS EAT SHOP TRAVEL TOWN GUIDES



Thanks to all 1481 of you who came and shopped The Insane Insidewalk

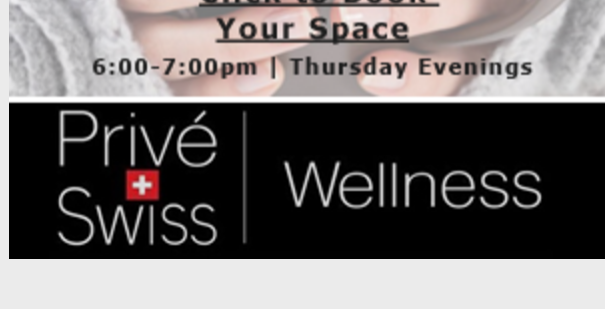
Sale! Spirits were high, bargains were plentiful, and it was a great mid-winter distraction for all of us. I came away with some lovely goodies at ridiculous prices, and was quite pleased with my haul!

Restocked the gift closet, too. And thanks also to all the vendors who make this event such a happy one.

Sometimes there really is nothing like a little retail therapy!

love,

Erica



A Perfect Paris Holiday

We decided to skip Christmas entirely this year and hightail it to Paris. When the news of the gilets jaunes trickled across the pond we got a bit nervous that maybe it wasn't going to be the perfect escape. But we persevered and we're so glad we did...

[More Paris!](#)

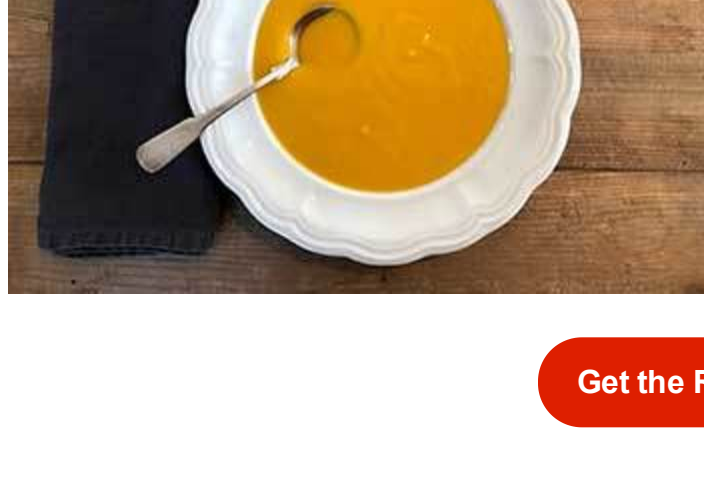


30 Things To Do in Winter

Need to chase away the winter blahs? Here's a list of fun things to do this winter:



[See the List](#)



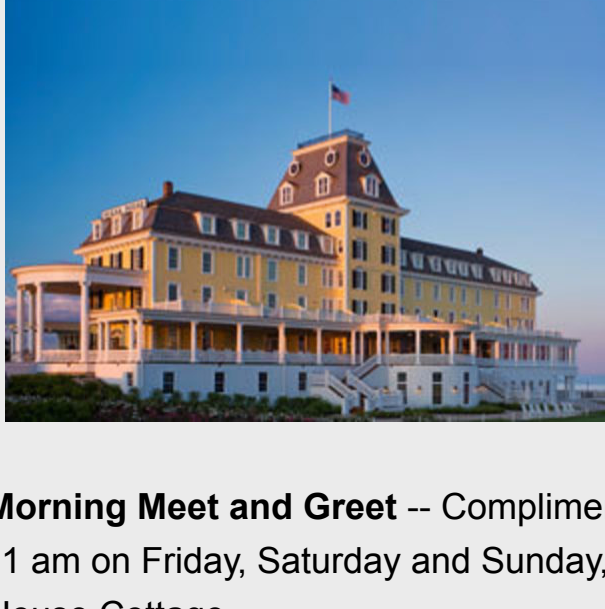
Butternut Squash Soup

I've been practically living on this super simple Butternut Squash Soup this month. It's very low in calories, high in nutrition and fiber, and the lack of dairy keeps it anti-inflammatory, too. It soothed my raw throat after sinus surgery and we just kept making a new batch...

[Get the Recipe](#)



Sponsored Story



Artisan In Residence Classes and Complimentary Events at Ocean House

Ocean House, the Five-Star resort, announced that the notable mosaic artist Susan Rosano will be the February 2019 Artisan in Residence this February 15-17, a part of a monthly series.

Morning Meet and Greet -- Complimentary coffee, tea, and croissants from 9 – 11 am on Friday, Saturday and Sunday, February 15-17 in the resort's School House Cottage.

Mosaic Framed Mirror Workshop -- An interactive workshop for adults at 11 am on Friday, February 15

Family Mosaic Workshop -- A specially designed session for children and their families at 1 pm on Saturday, February 1

Up Close and Personal Talk and Reception – a complimentary presentation about the craft and process of mosaic art. Reception immediately follows.

For details and reservations, people can visit oceanhouseevents.com or call 866.830.5883.

Ocean House is located at 1 Bluff Avenue in Watch Hill. In addition to luxury accommodations, Ocean House offers local residents and guests casual and fine dining, art, culinary and wine classes, and services in the acclaimed OH! Spa.

[More Info](#)

From The E List Events Calendar

Stony Creek Community Chili Dinner, 2/2

Mingle with friends and neighbors over a hearty chili feast at this community dinner. [Read more...](#)

Take 20% Off at Flutterby's Valentine's Party, 2/7

Sip champagne, sample chocolates, enjoy music, and take 20% off storewide at Flutterby in Guilford. [Read more...](#)

New England + Napa: RSV Wine Dinner at Stone Acres Farm, 2/8

Enjoy a five-course menu paired with Robert Sinskey Vineyard wines at Stone Acres Farm in Stonington. [Read more...](#)

3-Day Valentine's Day Celebration at The Table with Chef Paul Barron, 2/14 - 2/16

Celebrate Valentine's Day with that special someone (or come with friends and family) for an unforgettable culinary experience with Chef Paul Barron.

[Read more...](#)

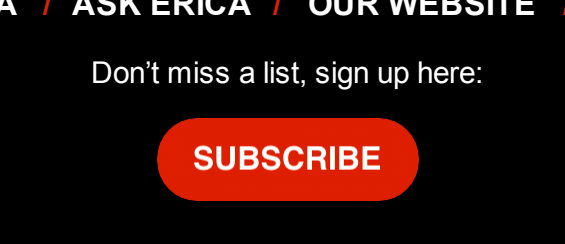
Martini Monday at Chapter One Food and Drink, thru 2/28

Buy one martini, get the second 1/2 off every Monday at Chapter One in Guilford. [Read more...](#)

Looking for something to do? Find cooking classes, concerts, Valentine's specials, and more on The E List events calendar:

[Browse the Calendar](#)

CONNECT

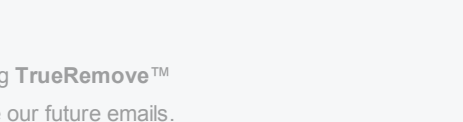


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