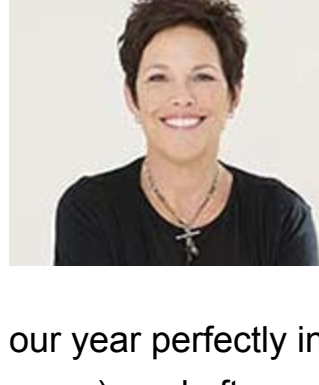


the e list

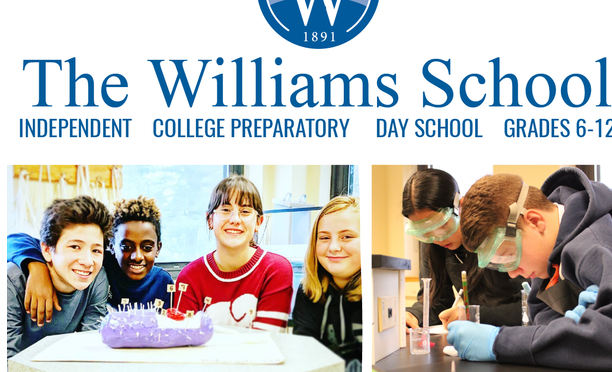
An Excruciatingly Opinionated Guide to the Connecticut Shoreline

- CALENDAR
- DEALS
- EAT
- SHOP
- TRAVEL
- TOWN GUIDES



I don't know about you, but I'm happy to close the books on 2018, and looking forward to a fresh start in 2019. We ended

our year perfectly in Paris (more to come), and after a week of feasting on foie gras and fromage, it was good to return home before the New Year, eat nothing but vegetables for a few days (sorely lacking in Paris), and think about how I want 2019 to play out. I'm a little averse to resolutions, but I'm always in need of a few tweaks come January. I read somewhere recently that 200 minutes a week of cardio is the magic number and that seems like an achievable goal. I'd love to lose the 10 pounds I gained over the holidays before the shop opens so I can squeeze into all the lovely new things. And mainly, I'd like to ditch my "busy syndrome" and stop letting work leak into every other area of my life. Sounds reasonable, right? Hope you all had happy holidays and see you at the Insane Insidewalk Sale. Details below.



The Williams School
INDEPENDENT COLLEGE PREPARATORY DAY SCHOOL GRADES 6-12



INFORMATION SESSION

JANUARY 27
1:00-4:00 PM

please register online



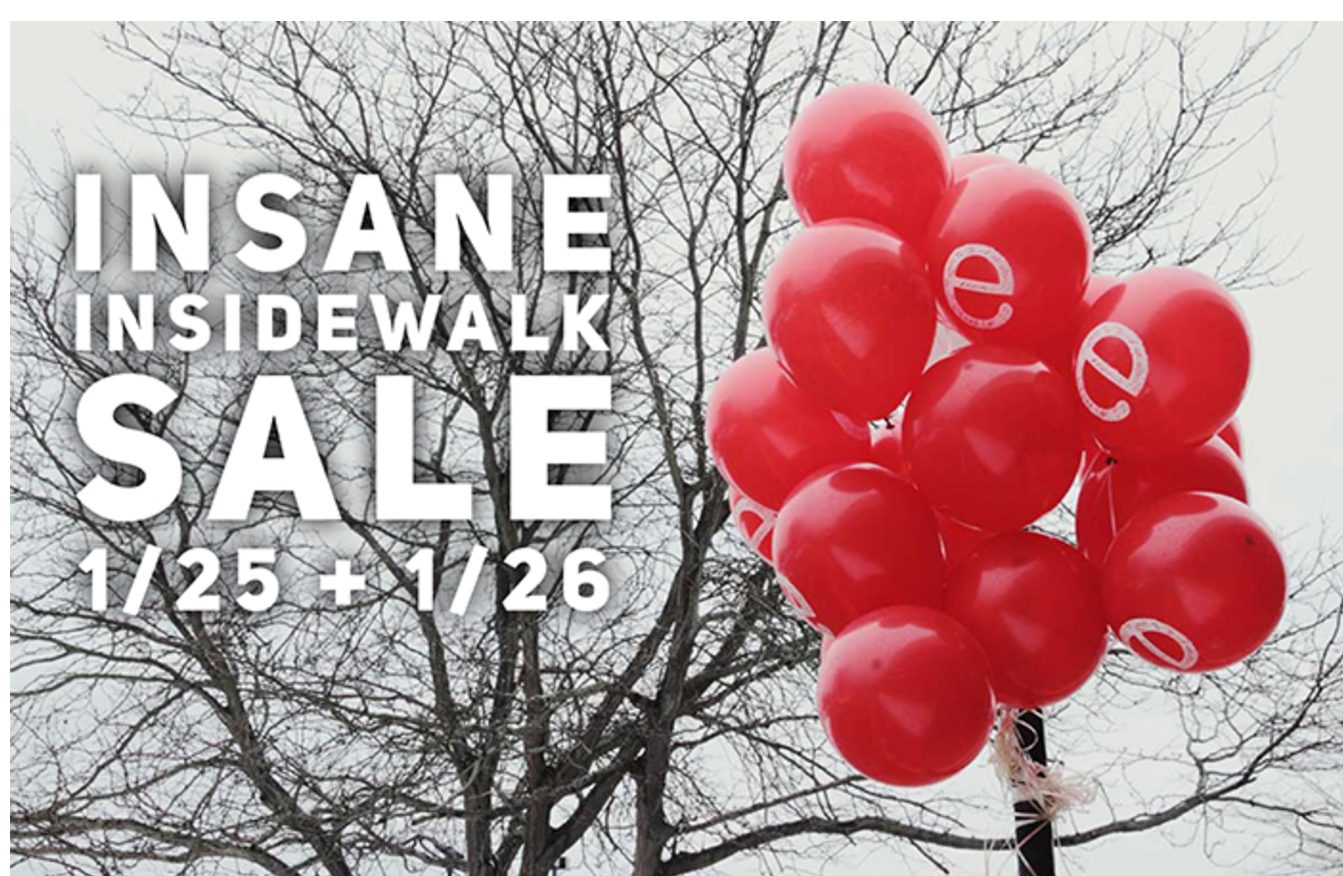
The Williams School
on the campus of Connecticut College
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williamsschool.org
860-443-5333



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Closer than you think and miles ahead.
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Jan 13th
1-3 PM
The Independent Day School
Middlefield, CT
independentdayschool.org



Katrina A. Wall
Essex Dentist
NEW YEAR
SPARKLING SMILE
GET SMILING



Over twenty of the best shops and designers on the Connecticut Shoreline will convene in a gigantic, empty retail space for the **Tenth Annual Insane Insidewalk Sale!** It's a pop-up local shopping mall smack in the middle of Old Saybrook. You'll find an enormous selection of clothing, accessories, jewelry, gifts, home decor and MORE, marked down between 30 and 75% off (almost all merchandise is at least 50% off!). Snag great bargains AND keep your shopping dollars local!

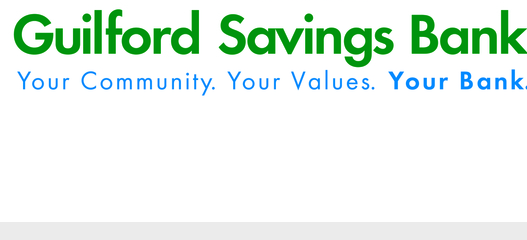
Save the dates, two days only:
Friday, January 25th, 9:30 – 5:30pm
Saturday, January 26th, 9:30 – 4pm

105 Elm Street (in the Old Saybrook Shopping Center, just a few stores down from Stop & Shop)

Admission \$5

[See the List of Participating Vendors](#)

The Insane Insidewalk Sale is sponsored in part by:



February 17
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SAVE \$150 Off our microneedling package of 3
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In case you missed our BIG NEWS...

Maybe the biggest news from us ever! My husband and I purchased the iconic C&G building in Chester and, come Spring, we're opening a women's clothing store! Many of you know that my entire career before The E List was spent in the fashion industry, and I missed it (chalk that up to "never say never"). Plus, after ten years, we needed to continue to grow the business. I'm always telling people to do what they know, so I decided to take my own advice.

We'll still be publishing our Excruciatingly Opinionated Guide to the Shoreline every week, filled with things to do, restaurant reviews, and our finds, but we'll be sending out one email per week in 2019 instead of two.

You'll be able to shop in the sweet boutique in Chester OR online 24/7. Upstairs, you'll find The E List offices and an events space for future fun Girls' Nights In! Opening in March; keep your eye on The E List for updates.

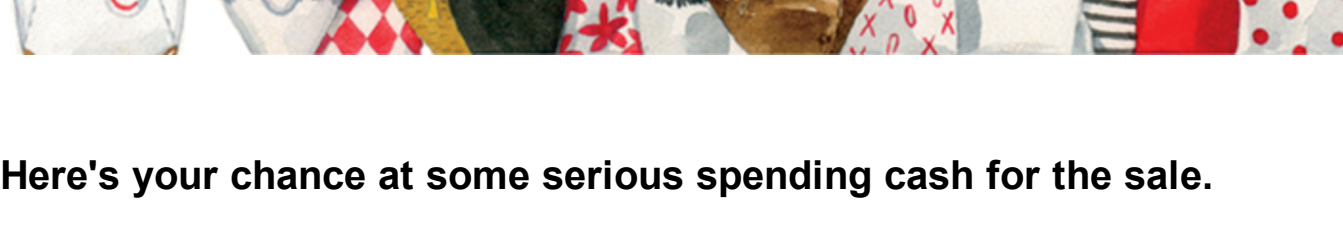
[Find Out More](#)



DO YOU HAVE A BIG EVENT OR SALE COMING UP? NEED TO GET YOUR WORD OUT? CLICK HERE TO ADD IT TO OUR CALENDAR.

Enter to win a \$500 shopping spree

at the **Insane Insidewalk Sale**



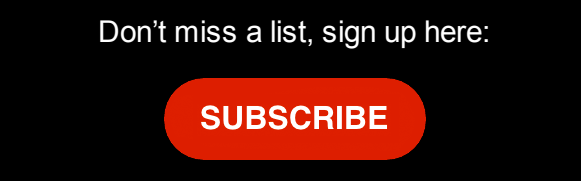
Here's your chance at some serious spending cash for the sale.

[Enter the Contest!](#)

Looking for something to do? Find boat shows, ice carving, musicals, and more on The E List events calendar:

[GET THE CALENDAR](#)

CONNECT

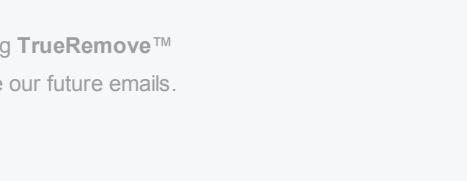


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