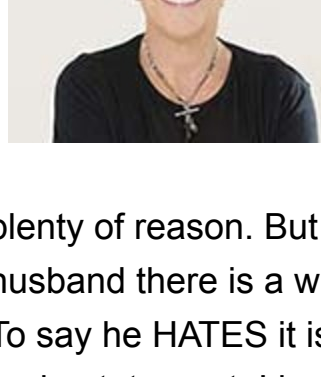


the e list

An Excruciatingly Opinionated Guide to the Connecticut Shoreline

- CALENDAR
- DEALS
- EAT
- SHOP
- TRAVEL
- TOWN GUIDES

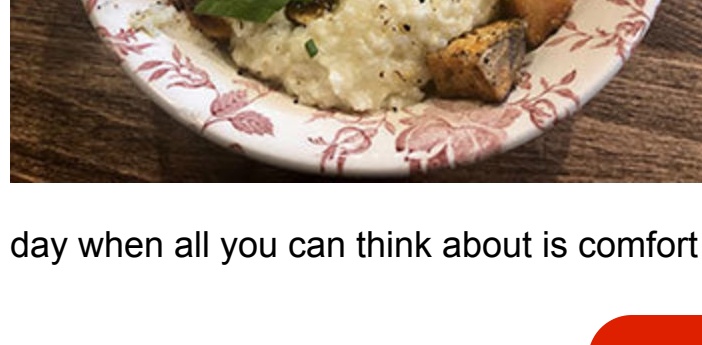
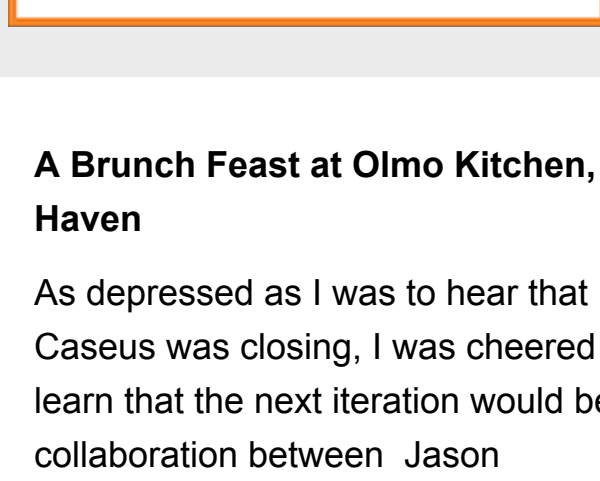
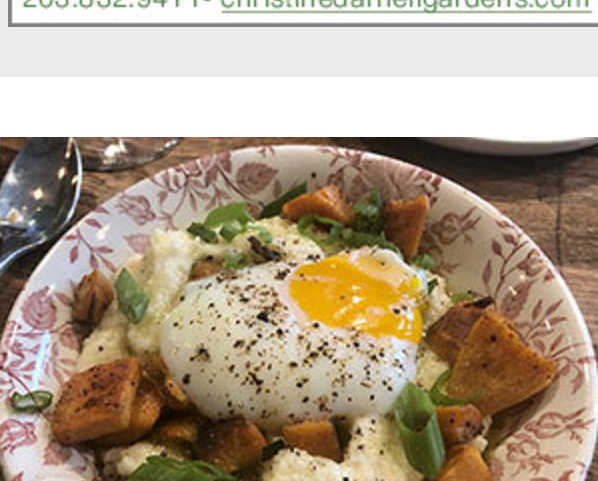


I don't need a good excuse to trek to Ikea, and setting up the new shop and office has given me

plenty of reason. But dragging my husband there is a whole other story. To say he HATES it is an understatement. I have to bribe him — which worked pretty well last weekend. We've been dying to go to Olmo Kitchen (the new iteration of our beloved Caseus), and he was as pleased if not more so than me. So jovial, in fact, that he then allowed me a peek at India Farmer's Market, the largest ethnic grocery store I've ever seen, and both of us were intrigued by the assortment of exotic food. See my reviews below, and a little round-up on what we think about jeans for spring!



JOIN US FOR A MOTHER'S DAY LUNCH OR DINNER EXCURSION!
SUNDAY MAY 12TH

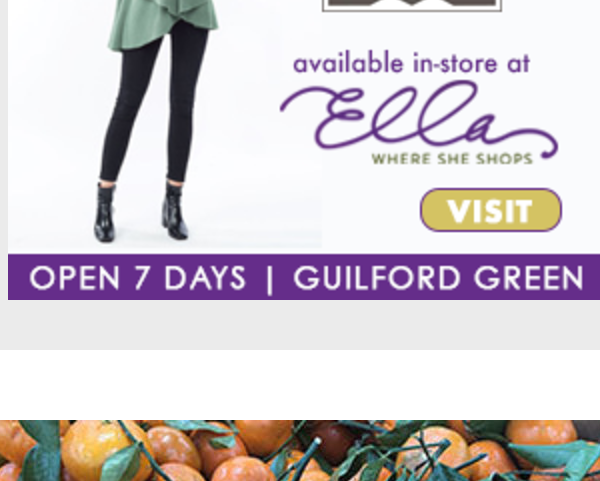
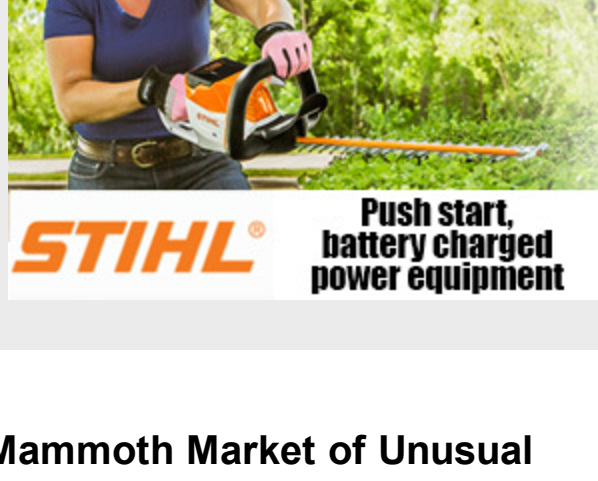


A Brunch Feast at Olmo Kitchen, New Haven

As depressed as I was to hear that Caseus was closing, I was cheered to learn that the next iteration would be a collaboration between Jason Sobocinski, the brains behind the bistro-slash-cheese shop and the super-talented chef, Craig Hutchinson. We headed over for brunch on a sad rainy

day when all you can think about is comfort food...

[More Olmo](#)

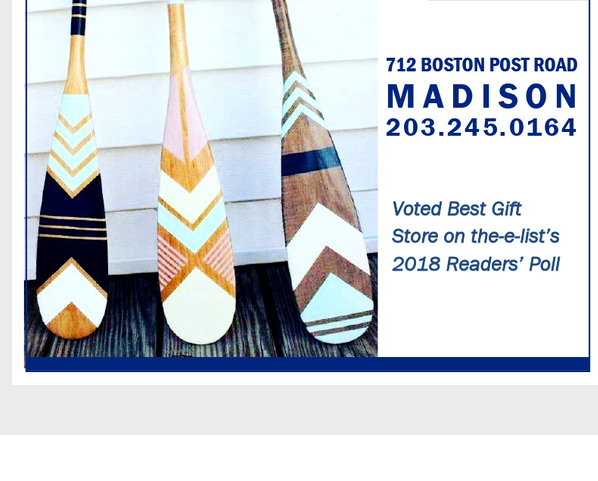


A Mammoth Market of Unusual Ingredients: India Farmer's Market, West Haven

A friend recently told me about India Farmer's Market in Orange, and because it's not far from my regular jaunt to Ikea, I had to see what she was raving about. Unusual ingredients beyond garam masala aren't always easy to find around here, and creative cooks are used to making a trek...



[More On the Market](#)



The Skinny on Straight Jeans

If you've visited our shop, you may have noticed that we're pretty casual. Mainly because that's how we dress every day (we DO live in the country!). But one fashion move I'm making this season is to a straight leg jean. Not that I'm giving up my skinnies just yet, but I'm not buying any more of them. We're only offering straight legs (and some fun wide legs) in the shop for a reason. I KNOW you all have enough skinny leg jeans in your closet. ...

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[Get the Skinny](#)



Win a \$100 Gift Certificate

We've got a fun giveaway running on instagram: a chance to win a \$100 Gift Certificate at The E List Shop in Chester for you AND a friend! To enter, follow us at @theelist and find the post with this photo for info on how to enter.

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[Follow Us on Instagram](#)

Sponsored Story



Center for Advanced Reproductive Services

The state's largest fertility program, the Center for Advanced Reproductive Services, has opened a new facility in Branford. As fertility treatments can require many appointments, the office was designed specifically for patient convenience and comfort. Easily accessible off main highway routes, it

offers free parking, private waiting areas, and comfortable, patient-friendly rooms.

The Center for Reproductive Services is one of the most successful in the country and is responsible for the births of close to 13,000 babies. The Center is an academic affiliate of the UConn School of Medicine and runs the fellowship program in Reproductive Medicine and Infertility.

In 2015, the Center opened a state-of-the-art, custom-designed facility in Farmington. It features one of the most highly advanced IVF labs in the world with the LifeAire system, an innovative air purification and irradiation technology. Data from LifeAire programs using LifeAire demonstrates dramatic increases in clinical pregnancies through in vitro fertilization.

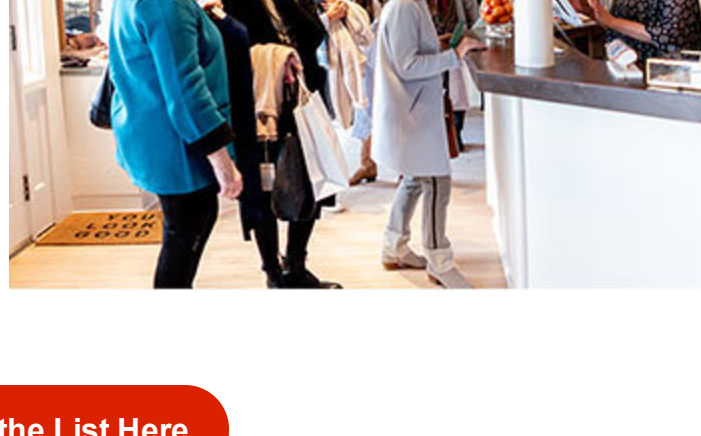
6 Business Park Drive in Branford now open!
Call for an appointment today! (203) 481-1707
www.uconnfertility.com

[Learn More](#)

p.s. from Erica

Thanks to all of you who turned out to help us celebrate our expansion and gorgeous new home for The E List!

On last week's list we shared a few pics of the opening, healing juice and gluten-free treats...



[Read the List Here](#)

From The E List Events Calendar

BURT & ME at Ivoryton Playhouse, 3/20 - 4/7

Get tickets to see Burt & Me, a coming-of-age story, narrated by Joe, who tells the story of his obsession with the music of Burt Bacharach. [Read more...](#)

The Aging Brain: Caring for Your Loved One and Yourself at Middlesex Community College, 3/27

Join the Middlesex Health Women's Wellness Fund for a free discussion to help women learn to better cope with the care of a loved one experiencing memory loss as well as their own memory loss. [Read more...](#)

Essex Savings Bank's First Time Home Buyer Seminar at Little House Brewery, 4/9

Bring all you need to know to about purchasing your dream home at this free seminar for first-time buyers and individuals that have not owned a home in the last three years. [Read more...](#)

Day Out With Thomas at The Essex Steam Train & Riverboat, 4/20 - 5/5

Bring the kids to watch Thomas the Tank Engine, his buddy Percy, and Sir Topham Hatt all pull into Essex Station for the "Steam Team Tour!" this Spring. [Read more...](#)

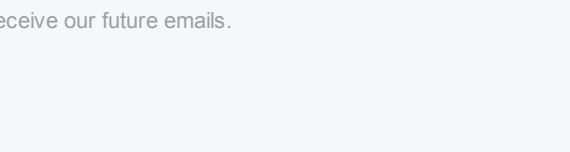
Second Saturday Divorce Workshop at Mariani Reck Lane, 4/13

Get much-needed guidance on how to navigate the path of divorce - for women who are contemplating divorce or have already begun the process. [Read more...](#)

Looking for something to do? Find brunch crawls, concerts, wine dinners, and more on The E List events calendar:

[Browse the Calendar](#)

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