

# the e list

An Excruciatingly Opinionated Guide to the Connecticut Shoreline

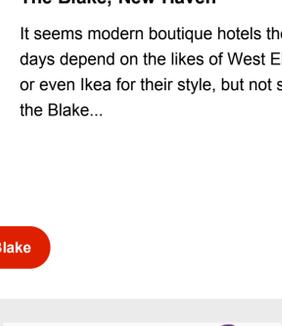
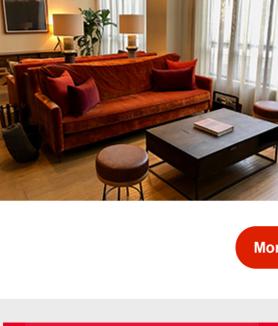
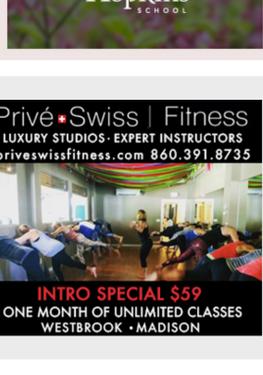
SHOP CALENDAR EAT DISCOVER TRAVEL TOWN GUIDES



Sometimes you need to get out of Dodge, and a birthday dinner at Zinc got us to New Haven.

That was all the encouragement I needed to make reservations at The Blake, the new boutique hotel on High Street (more below!). I hadn't been to Zinc in a few years, and while it was too dark (and too many Sazeracs) for great photos, I highly recommend you revisit this gem if it's been a while for you, too. Before New Haven became a foodie destination, there was Zinc: known for farm-to-table dining before it was a cliché.

Enjoy!  
Erica



### The Blake, New Haven

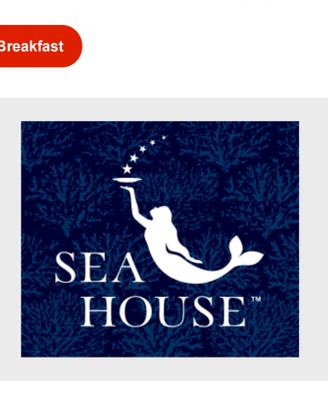
It seems modern boutique hotels these days depend on the likes of West Elm or even Ikea for their style, but not so the Blake...

More Blake

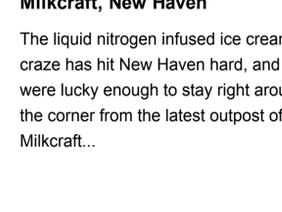


### Hamilton Park, New Haven

If you're visiting The Blake Hotel over the weekend, make reservations for brunch at Hamilton Park...



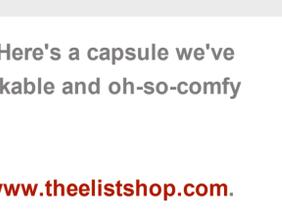
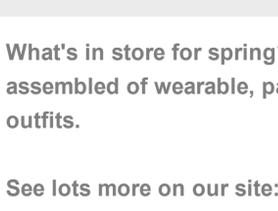
More Breakfast



### Milkcraft, New Haven

The liquid nitrogen infused ice cream craze has hit New Haven hard, and we were lucky enough to stay right around the corner from the latest outpost of Milkcraft...

More Milkcraft



What's in store for spring? Here's a capsule we've assembled of wearable, packable and oh-so-comfy outfits.

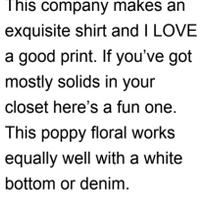
See lots more on our site: [www.theelistshop.com](http://www.theelistshop.com).

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#### Palest Blue Cashmere Crew:

I've been living in this ragged edge cashmere pullover. It's a lovely lightweight to toss on for spring and summer and the ragged edge takes it out of the basic category.



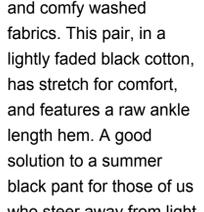
#### Frank & Eileen Linen Shirt:

This company makes an exquisite shirt and I LOVE a good print. If you've got mostly solids in your closet here's a fun one. This poppy floral works equally well with a white bottom or denim.



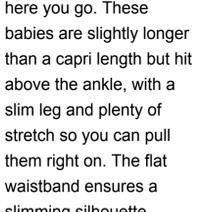
#### St. Barth's Tunic:

This tunic-length cotton crinkle top hits mid-thigh and works well with a slim pant or even as a beach cover-up. A useful travel piece and I like the pretty pleating at the back collar, too.



#### G1 Bedford Pants:

G1 has legions of fans because of their great fit and comfy washed fabrics. This pair, in a lightly faded black cotton, has stretch for comfort, and features a raw ankle length hem. A good solution to a summer black pant for those of us who steer away from light bottoms.



#### White Brigitte Capri:

If you're on the hunt for the perfect white pant, here you go. These babies are slightly longer than a capri length but hit above the ankle, with a slim leg and plenty of stretch so you can pull them right on. The flat waistband ensures a slimming silhouette.



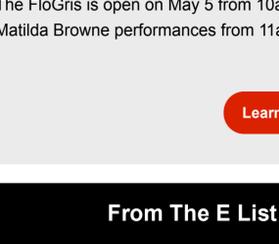
#### E List Favorite Jean:

Every E List team member owns this stretchy pair because of the comfort factor. It's a mid-rise, slim but straight leg, with a "shark-bite" fringed hem (slightly longer in back) that keeps them decidedly current. We also like the plain back pockets.

Or come visit us and see all the new arrivals at 1 North Main Street in Chester. 860.322.3388

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### Sponsored Story



### Community Free Day at The Florence Griswold Museum

The Florence Griswold Museum once again presents its Community Free Day on May 5. It's a great time to take the FloGris up on its offer of free admission to see The Great Americans: Portraits by Jac Lahav before the show closes on May 12. The larger than life works

by local artist (Lyme!) Jac Lahav will have you asking "Who are my American heroes?" In the historic boardinghouse, you'll feel like you stepped back in time when Matilda Browne, a key member of the Lyme Art Colony, comes to life in a theatrical performance by Diana Dunlap. Matilda will be telling stories of a life filled with art and adventure. Kids love the scavenger hunts, Explorer kit bags on our Art Cart, and our outdoor painting activity, enjoyed by all ages. The FloGris is open on May 5 from 10am-5pm, with Make-A-Painting fun and Matilda Browne performances from 11am-4pm.

Learn More

### From The E List Events Calendar

#### Transitions: Know Your Inner Goddesses at BSK Design at the Greene Gallery, 4/25 - 6/6

Discover the 7 Greek Goddesses who teach us new aspects of personal power at each stage of our lives with psychotherapist and author, Lianne Escher, MSW, LCSW, in Guilford. [Read more...](#)

#### Vista's Star-Lite Disco Fundraiser, 4/27

Get tickets for a social event and fundraiser to benefit Vista's programs and services, featuring live and silent auctions, dinner, disco favorites, and more. [Read more...](#)

#### CT Gluten Free Expo, 4/28

All of your gluten-free needs will be met at this family-friendly and educational expo. Enjoy food demos, seminars and a vibrant marketplace with local and national vendors. [Read more...](#)

#### Wooster Square's 46th Annual Cherry Blossom Festival, 4/28

Welcome spring with flowers, food, and live music, commemorating the planting of 72 Yoshino Japanese Cherry Blossom trees in 1973 in New Haven. [Read more...](#)

#### Daffodil Day at the Wadsworth Mansion, 4/28

Enjoy a celebration of spring with live music, food trucks, kite flying, nature walks and more. [Read more...](#)

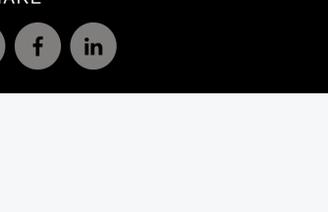
#### Around the Table – A Pairing of Natural Wine and Music at Grano Arso Italian Eatery and Bar, 4/30

Indulge in a family-style feast prepared by Chef Joel Gargano and a discussion of wine's relationship to music with local experts. [Read more...](#)

Looking for more to do? Find parenting workshops, summer art classes, concerts, and more on The E List Events Calendar:

Browse the Calendar

In case you missed it:  
A grilled cheese bar, a roundup of goodies to get you ready for the great outdoors and more on last week's list.



Read the List

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