



One thing that's been utterly quashed by the pandemic is FOMO. It doesn't exist anymore. No

matter how much you scroll Instagram, there is NO ONE having more fun than you. You'll see lots of photos of pretty landscapes (guilty), way too many home-cooked dishes, and fresh-baked bread. SO much bread. Unless your idea of some yeast, so I may take a stab at my first loaf ever), you are not missing out on anything. I've always had an uncomfortable relationship with FOMO. I want a calendar full of social events, but when it comes time to actually attend said gatherings, I dread it. My sister (who I call while I'm slathering on some face spackle) then says, "Oh, c'mon Erica, you ALWAYS have a good time once you get there". And she's generally correct. So here's one thing I don't miss during this pandemic, Fear of Missing Out.

Hope you and your family are safe and healthy,

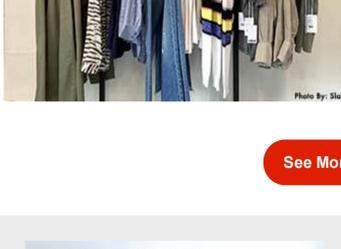
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Slate, A Chic New Shop in Madison

An old friend of mine has just opened a chic shop in Madison that I think you'll want to know about. The timing is not ideal, but there's nothing to be done about it. Owner Jane Miller was set to open with a shop full of stunning spring merchandise just as the pandemic descended...

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Cleaning Tips From the Pros

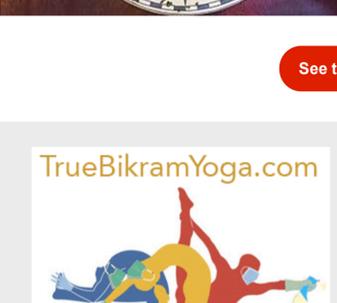
I've been so busy washing my hands, disinfecting doorknobs and "high touch" surfaces, that I haven't paid enough attention to my car (which is my staging area for wiping down groceries!). I turned to the cleaning pros at A La Maid for some advice.



[Get the Tips](#)

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Our Favorite Lobster Rolls

Where to get your lobster fix during the pandemic? Here's a roundup of our top lobster roll spots in the area plus pandemic opening updates for all.

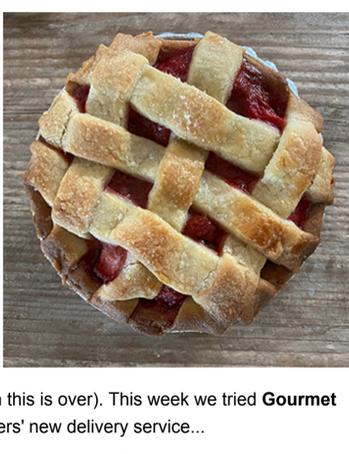
[See the List](#)

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We Happily Gorged on Gourmet Galley At Home!

We've been mainly cooking at home because I was one of those crazy hoarders when the pandemic began: cases of beans, a 50-pound bag of rice, a freezer stuffed to bursting. But every Friday night, we've treated ourselves to a take-out feast. Limited by geography and how far we're willing to venture, we've stuck mainly to the Route 9 corridor. Between River Tavern, Grano, The Essex Market, and Hot French Chix, we've supped well (and I'll be waddling out of my house when this is over). This week we tried **Gourmet Galley At Home**, one of our favorite caterers' new delivery service...



[More Gourmet Galley](#)

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p.s. from Erica

Last week we wrote about local food delivery, our favorite bandanas, some work from home tips and more. [Read it here if you missed it.](#)

[This is exactly what you need for your outdoor shower.](#)

My sister talked me into [these immune-boosting gummies with zinc and vitamin C](#) and I eat them like, well, candy.

Mofongo anyone? [Parkville Market in Hartford, Connecticut's first food hall, is finally open for take-out at outdoor service windows, and dining is coming soon. Find out more here.](#)

From The E List Events Calendar

Now that summer is ramping up on the Shoreline, we're reopening our **Events Calendar**.

Find out about reopening sales, virtual trunk shows, art exhibits, and live outdoor music on The E List calendar:

[Browse the Calendar](#)

If you'd like to list your event,

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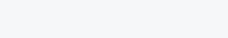
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