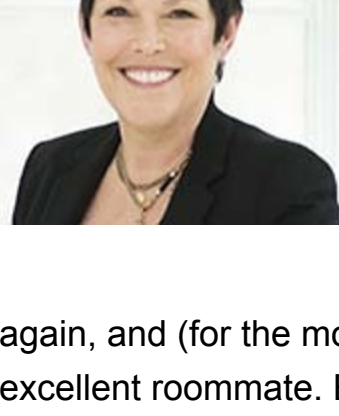


# the e list

An Excruciatingly Opinionated Guide to the Connecticut Shoreline

[SHOP](#) [CALENDAR](#) [EAT](#) [DISCOVER](#) [TRAVEL](#) [TOWN GUIDES](#)



If there has been one gift of the pandemic, it's having my adult daughter home for six months. I never thought we'd live together again, and (for the most part) she's an excellent roommate. Before she heads back to NYC (yikes!) after Labor Day, we decided to rent an Air BNB in Plum Island, off of Newburyport, Mass. It's been so long since we've gone anywhere that just packing and leaving was anxiety-filled. Armed with disinfectant wipes, various sprays, coolers of food, and our own sheets, we headed north. It's been 20 years since we last rented a house on this little spit of land, and our freshly renovated cottage was sparkling clean and charming. A few days of long early morning beach walks, lazy afternoons reading, simple grilled suppers, and a news fast restored us. Hope you are taking advantage of these last few weeks of summer, too.

Love, Erica

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**P.S. If you received this from a friend and would like your own weekly guide to the best of the Shoreline, [subscribe here](#).**

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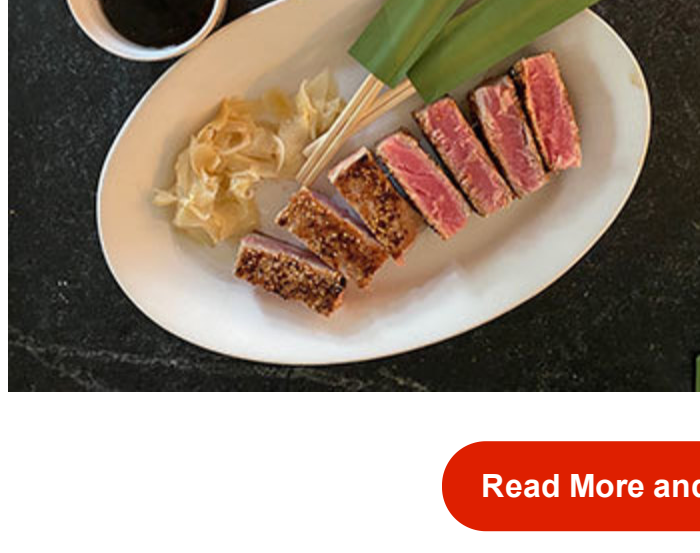
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## What's for Dinner? The Food Crate

If you're anything like me, you've done just a bit too much cooking during the pandemic, and I'm always on the hunt for simple solutions to dinnertime. Just in time for fall and heading indoors, there's a new game in town that you should know about: The Food Crate...

[Read More and Get 15% OFF](#)

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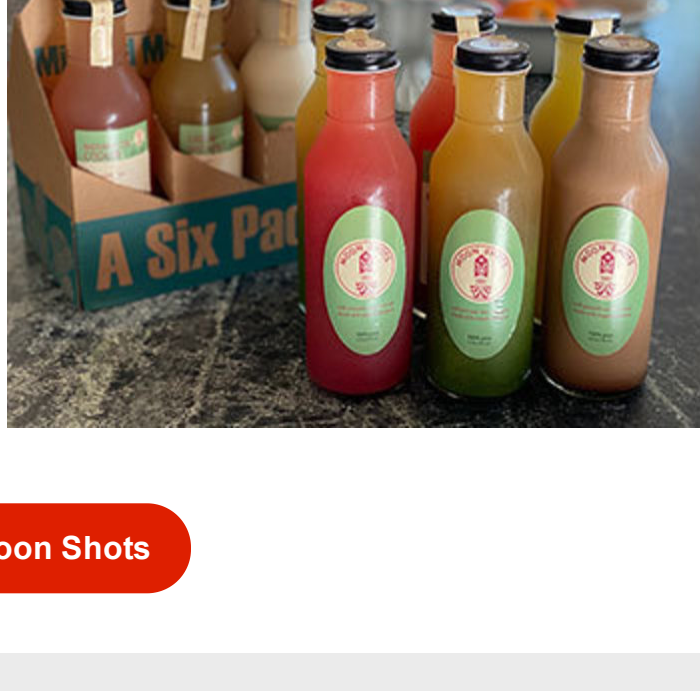
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## Ready for a Cleanse? Drink Moon Shots!

In general, I eat a balanced diet and don't feel the need for a cleanse, but after five months of COVID-induced wine guzzling and cheese grazing, I wanted to get back on track. Moon Shots, a newish biz in Madison, offers a variety of fresh, cold-pressed, organic juices...



[More Moon Shots](#)

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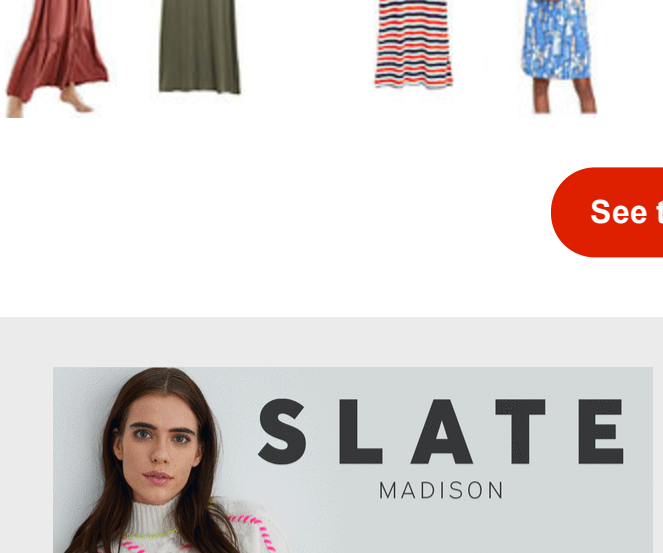
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## The House Dress Makes a Comeback

Sick of sweats? Bump up your home wardrobe with a House Dress! You can manage to look put-together on your Zoom calls or trips to the market and stay comfy enough to lounge.

[See the List](#)

**SLATE**

MADISON

Fall Wardrobe Essentials

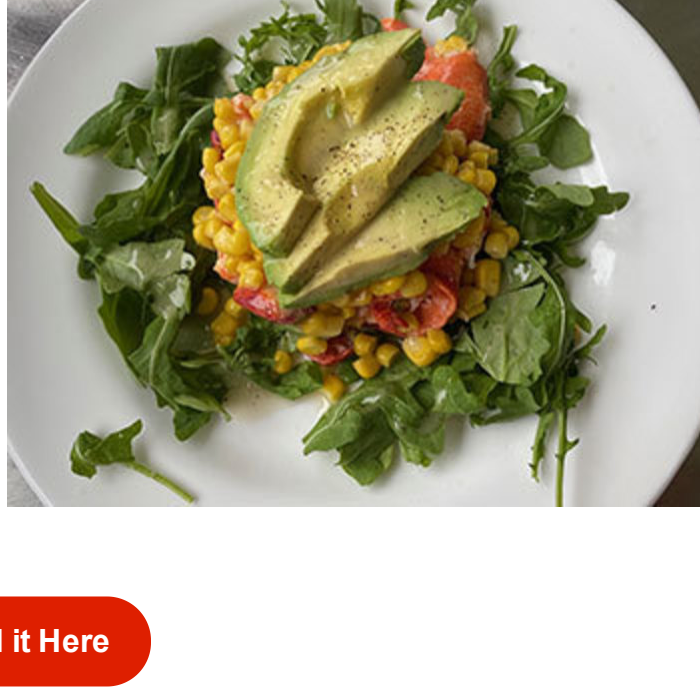
11:00AM-5:30PM/MONDAY - SUNDAY

Join us at *The Hive Chester*

[thehivechester.com](#)

## We checked off a few Summer Bucket List items on last week's list.

[Read it here, if you missed it.](#)



[Read it Here](#)

**POINT OF VIEW**

August 21–October 1

Chelsea Groton Supporting Sponsor

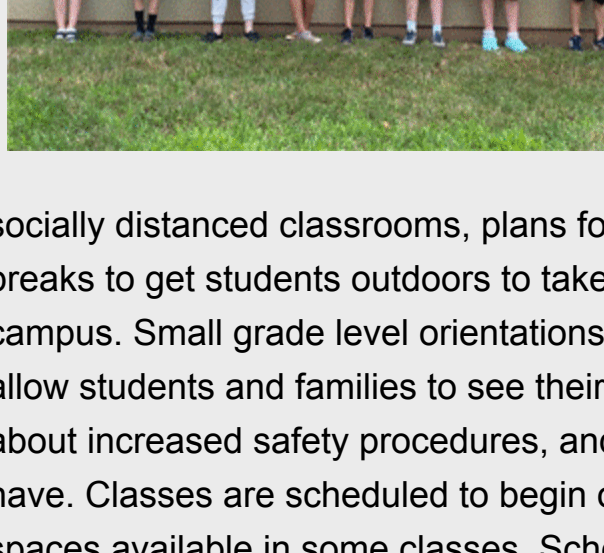
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## The Independent Day School

Next week The Independent Day School will be welcoming students back to school in much the same way they have been for the past almost 60 years - with smiles, excitement, and...in-person. The Reopening of School Task Force, comprised of administrators, teachers, and parents, presented a well thought out plan which includes small cohort groups,

socially distanced classrooms, plans for daily health screenings, and hourly mask breaks to get students outdoors to take advantage of the beautiful 33-acre campus. Small grade level orientations will take place throughout this week to allow students and families to see their classroom space, meet their teacher, hear about increased safety procedures, and ask any lingering questions they may have. Classes are scheduled to begin on September 8th and there are still limited spaces available in some classes. Schedule a tour today and come see for yourself the big difference being small can make!

**115 Laurel Brook Road in Middlefield**

**860-347-7235**

[Learn More](#)

## p.s. from Erica

### Upcoming Outdoor Cooking Classes at Weekend Kitchen, 9/12 - 10/3

Choose from a variety of classes from Paella to Vietnamese as Weekend Kitchen moves it's cooking classes outside (under their new tent) this

Fall. [Read more...](#)

### Lyman Allyn Art Museum Showcases Works by Michael Harvey, thru 11/1

Head to Lyman Allyn for an exhibition of recent paintings entitled Stains

Remain: Works by Michael Harvey. [Read more...](#)

### Mystic Luxury Cinemas is Back, Now Open

Mystic's movie theater returns with safety protocols in place, a new Surround Sound System, and heated, fully reclining chairs. [Read more...](#)

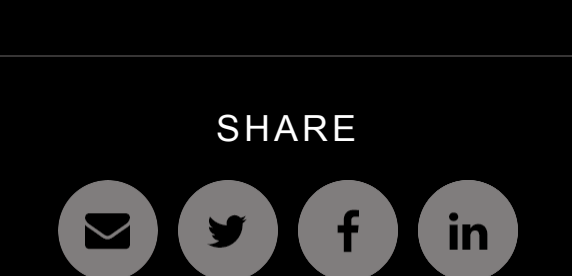
### Sunset Hill Vineyard Reopens September 5, thru 11/1

Make a reservation to taste local wines at Lyme's Sunset Hill Vineyard as they reopen for the season. [Read more...](#)

Wondering what else is open out there? Find alfresco dining, curbside pickup, outdoor activities, and more on The E List events calendar:

[BROWSE THE CALENDAR](#)

## CONNECT



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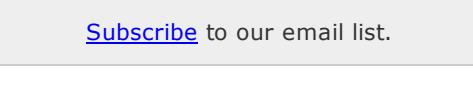
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