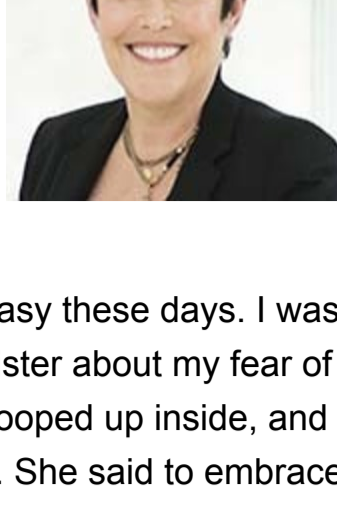


the e list

An Excruciatingly Opinionated Guide to the Connecticut Shoreline

SHOP CALENDAR EAT DISCOVER TRAVEL TOWN GUIDES



What a crazy week! Life has turned into a bad reality TV show. My intention is to always keep The E List a happy place, but it's not

easy these days. I was blabbing with my sister about my fear of winter, being cooped up inside, and how to get through it. She said to embrace Hygge. This Danish buzz word that crept into our popular culture about three years ago means "a quality of coziness and comfortable conviviality that engenders a feeling of contentment or well-being." We need Hygge now more than ever...so wrap up in layers and scarves and hang out with a few friends in front of an outdoor fire pit. Drape cozy throws on sofas and armchairs. Buy yet another jigsaw puzzle and start in. There's nothing more Hygge than Dorie Greenspan's recipe for Stuffed Pumpkin below. I'm even considering needlepoint, something I haven't done in decades, and you'll find a site for lovely ones on this list. We'll get through this.

Love, Erica

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October 14
November 10
5:30 PM

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If you received this from a friend and would like your own weekly guide to the best of the Shoreline, [subscribe here](#).



Best Booties!

I'm ready to toss my sweatshirt for a cashmere sweater and retire my sneakers in favor of a flat-heeled, comfy boot. Last year it was all about combat boots, this year we're returning to the classic Chelsea and we've rounded up some of our favorites here.

[See All the Booties](#)

Timothy Pamment
SALON

245-245-7707
22 DURHAM ROAD, MADISON

Hopkins
Virtual Open House

Saturday, Oct. 17 (Part 1)
& Sunday, Oct. 18 (Part 2)

REGISTER NOW

Pumpkin Stuffed with Everything Good by Dorie Greenspan

Here's one of our favorite seasonal recipes. What's better than a pumpkin baked with cheese, herbs, and bread? Yum!



Alan Richardson

[Get the Recipe](#)

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FALL THINGS TO DO

Fallish Things To Do

While it may feel like fall is canceled, we've rounded up a slew of things to enjoy, entertain and enlighten.

[See the List](#)

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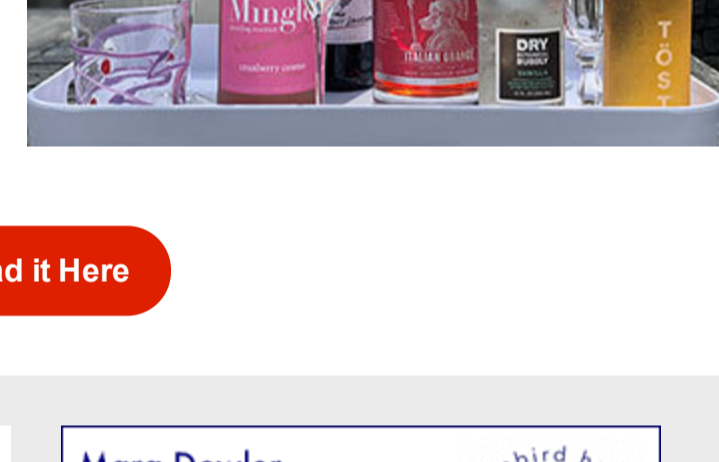
Sweet Dreams: Confectionary Sculpture by Peter Anton

Lyman Allyn ART MUSEUM
On view through Oct. 18

625 Williams Street • New London, CT • Exit 83 off I-95

We shared a variety of alcohol-free spirits, a celebrity stylist in Madison, and more things to do this fall on Tuesday's list.

[Read it here if you missed it.](#)



[Read it Here](#)

GRACE
TIME TO GET COZY

click to shop

Mara Dowler
Certified KonMari Consultant
Located in Madison
In-Home & Virtual Visits

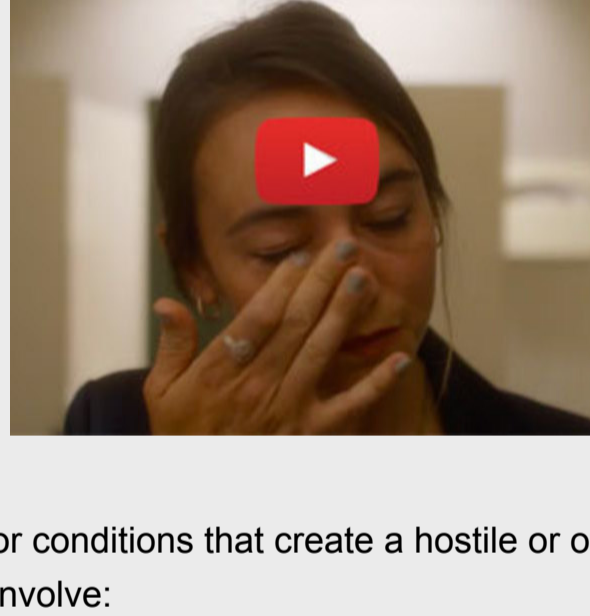
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What is Sexual Harassment? By Suisman Shapiro Attorneys-at-Law

The Time's Up Act provides protections to victims of workplace sexual harassment. It also enforces stricter training standards and tougher penalties for non-compliant employers.

Sexual harassment is any type of unwelcome sexual advances, comments

or conditions that create a hostile or offensive working environment and may involve:

- A superior's offer of promoting a subordinate in exchange for sexual favors
- A superior's threat of demotion (or some other negative outcome) if a subordinate refuses a sexual favor
- Uninvited touching in the workplace
- Inappropriate sexual comments in the workplace
- A company culture that permits sexually suggestive messaging, such as emails or posters

Attorney Ted Heiser can help if you are facing workplace harassment or discrimination. He has been named a top-rated Employment & Labor attorney by Super Lawyers since 2013. He practices at **Suisman Shapiro Attorneys-at-Law** the largest law firm in eastern Connecticut.

[Learn More](#)

p.s. from Erica

Here is a **great resource for needlepoint designs**.

Spotted! Billie Beads VOTE pins.

[Get yours here!](#)



From The E List Events Calendar

Onward Leaders: Child & Family Agency's Virtual Art Auction, thru 10/7

Peruse paintings, photographs, pottery, and more while supporting local CT (and beyond) artists to help support Child & Family Agency's programming. There's something for everyone at this auction! [Read more...](#)

I-Park's Founder's Guided Art Walk, 10/10

Art lovers and nature enthusiasts will love this founder-led tour of I-Park's trails and art installations to benefit I-Park's Artists-in-Residence program. [Read more...](#)

Holiday Shopping Opens at Guilford Art Center, Now Open

Get a head-start on your holiday shopping at the Guilford Art Center. The Shop and Gallery are filled with fine handmade crafts by over 180 American artists. [Read more...](#)

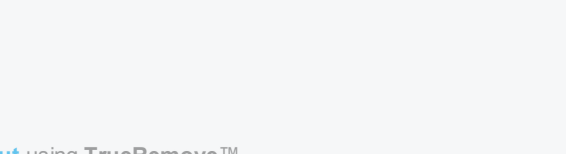
Wondering what else is open out there? Find alfresco dining, curbside pickup, outdoor activities, and more on The E List events calendar:

[Browse the Calendar](#)

Have an event coming up, virtual or otherwise, and want to get your word out to our 25k subscribers? [Click here to add your event listing:](#)

[Submit Your Event](#)

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