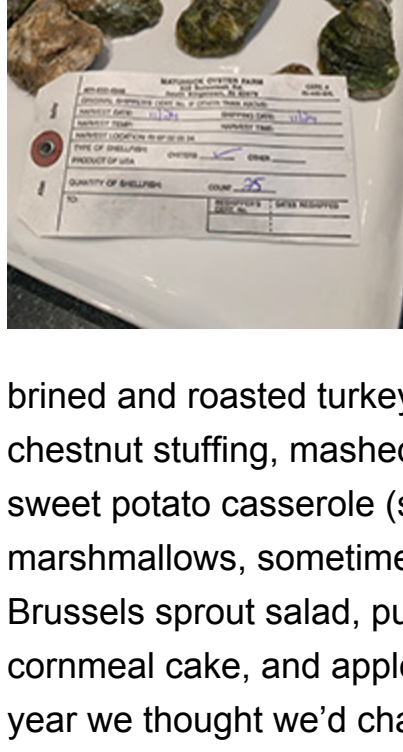


the e list

An Excruciatingly Opinionated Guide to the Connecticut Shoreline

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Thanksgiving looked very different for all of us this year. We have 12 to 20 around our table, and we offer up our traditional

brined and roasted turkey, challah chestnut stuffing, mashed potatoes, sweet potato casserole (sometimes marshmallows, sometimes pecans), Brussels sprout salad, pumpkin cornmeal cake, and apple galette. This year we thought we'd change it up because it was just the three of us, but NO, my daughter won't hear of messing with tradition. So, instead, we added a new one. Fifty fresh oysters were delivered from Matunuck Oyster Farm on Wednesday afternoon (shucking knife included). My daughter mastered a new skill, Expert Oystah Shuckah, that she will be adding pronto to her dating app. With no timetable or hard deadline, it was a leisurely day of slurping bivalves, dicing, cooking, and dancing. We got dressed for dinner, lit the candles, and set a fancy table. Thankful.

Hope yours was a good one.

Love,
Erica



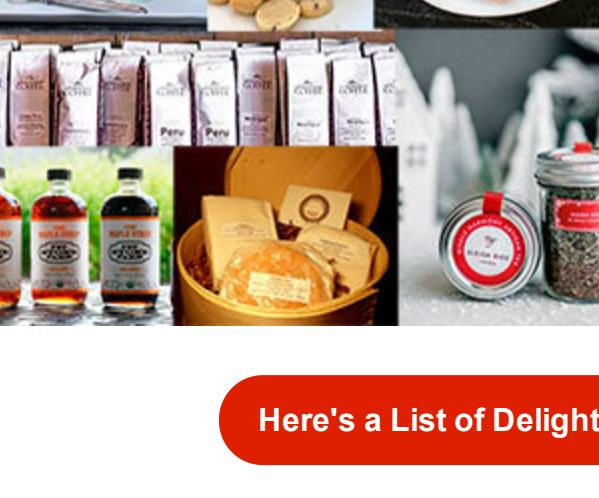
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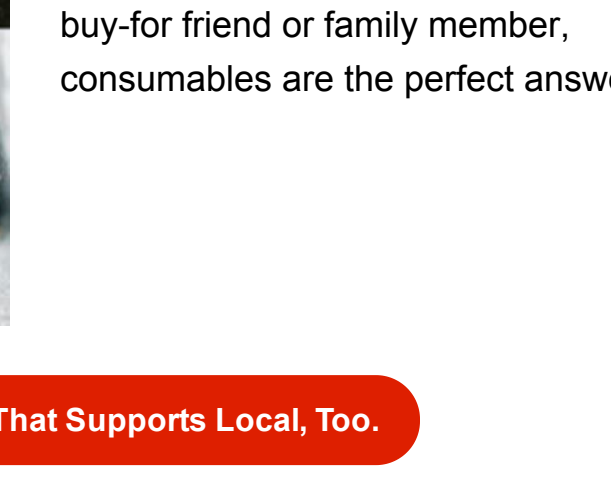
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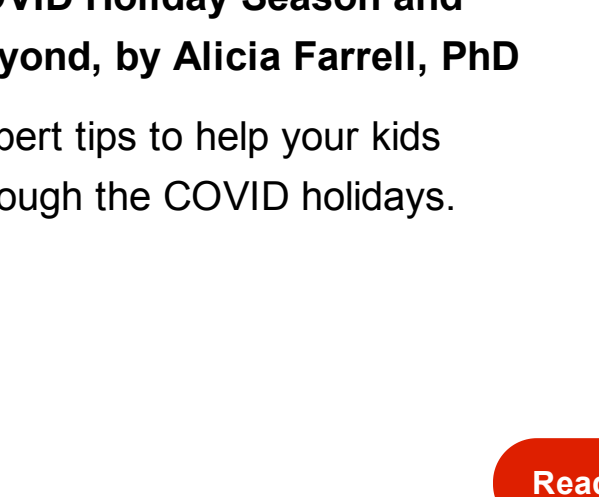
Click to learn more and to PURCHASE VIDEO TICKETS



Foodie Online Gift Guide

When it comes to that impossible-to-buy-for friend or family member, consumables are the perfect answer.

Here's a List of Delights That Supports Local, Too.



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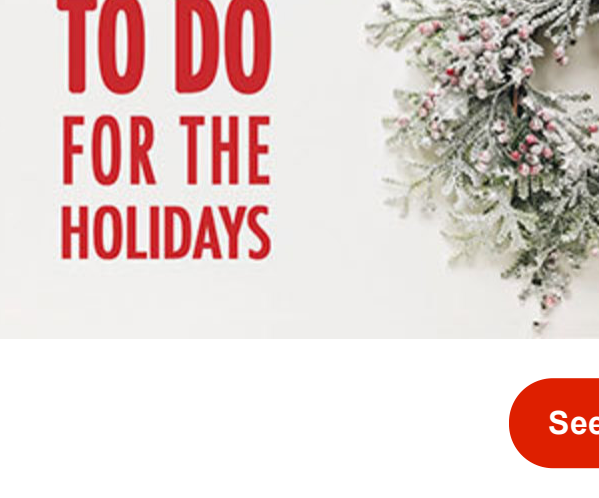
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How to Help Kids Through the COVID Holiday Season and Beyond, by Alicia Farrell, PhD

Expert tips to help your kids through the COVID holidays.

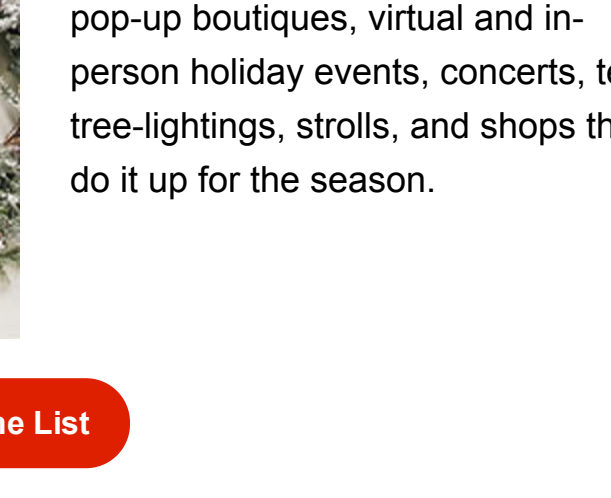


Read the Tips



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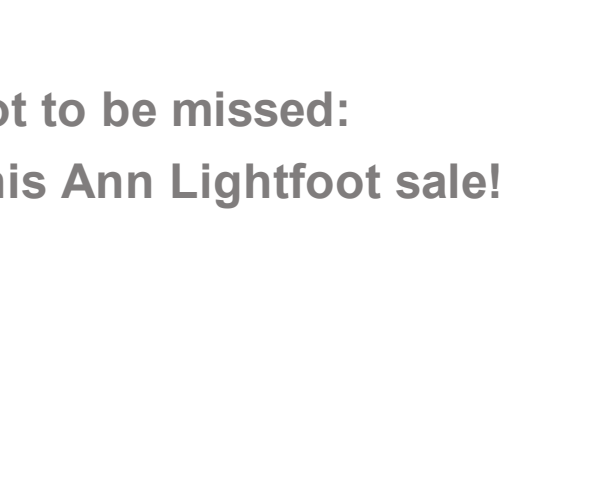
THINGS TO DO FOR THE HOLIDAYS



Things To Do for The Holidays

Here's our relatively exhaustive list of pop-up boutiques, virtual and in-person holiday events, concerts, teas, tree-lightings, strolls, and shops that do it up for the season.

See the List



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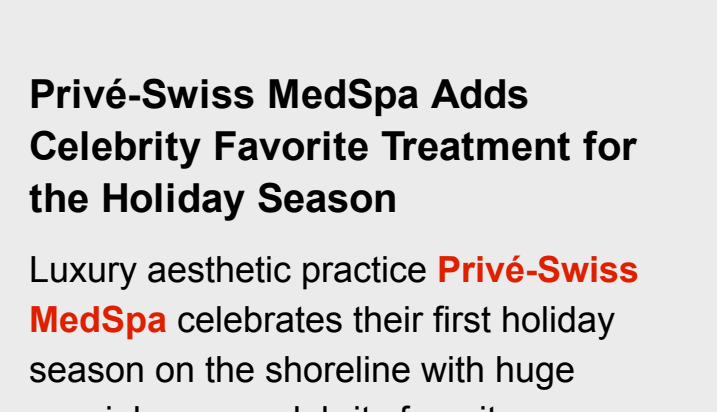


FUNKTION FITNESS

210 MAIN STREET | OLD SAYBROOK (860) 339-5829

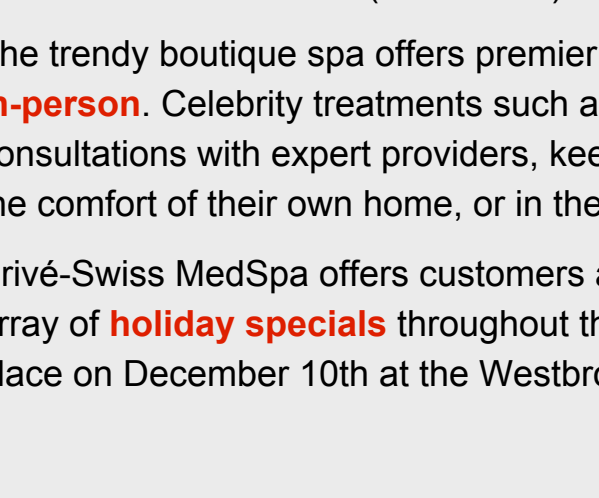
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Not to be missed: This Ann Lightfoot sale!



Shop Ann Lightfoot

Sponsored Story



Privé-Swiss MedSpa

(860) 391-8840 PRIVESWISSMEDSPA.COM

Privé-Swiss MedSpa Adds Celebrity Favorite Treatment for the Holiday Season

Luxury aesthetic practice **Privé-Swiss MedSpa** celebrates their first holiday season on the shoreline with huge specials, new celebrity favorite treatments, and preferred accommodations. The beautiful facility located at The Shops at Water's Edge in Westbrook was recently recognized with

4 Reader's Choice Awards including Best MedSpa, Best Day Spa, Best Facial, and Best New Business (Westbrook).

The trendy boutique spa offers premier medical beauty services **both online and in-person**. Celebrity treatments such as the Aquagold Facial and virtual consultations with expert providers, keep guests looking and feeling their best from the comfort of their own home, or in the blissful, meticulous spa.

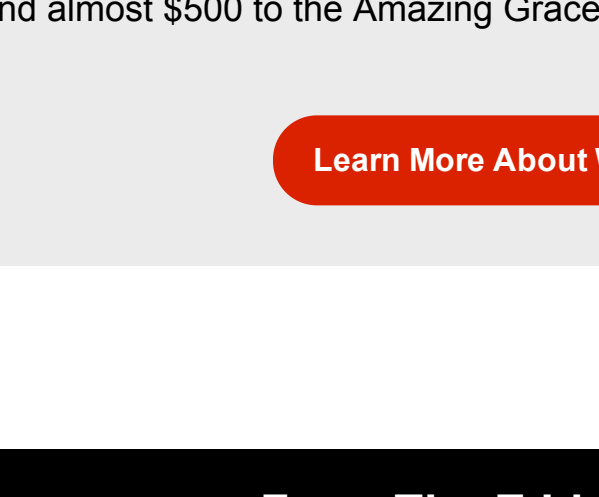
Privé-Swiss MedSpa offers customers an opportunity to experience luxury with an array of **holiday specials** throughout the season. A private holiday event will take place on December 10th at the Westbrook location. **Guests may register here.**

Visit Privé-Swiss Med Spa

After 40 years, EF WATERMELON will be closing its doors on 12/31. Open Fri & Sat from 11-5 or by appointment until Christmas.

Order your own feast of oysters here at Matunuck Oyster Bar.

Sponsored Story



IDS Continues Traditions During Unique School Year

Despite the ongoing COVID-19 pandemic, the Independent Day School has safely remained open since September thanks to the dedication and commitment of the teachers, parents, administration, and staff.

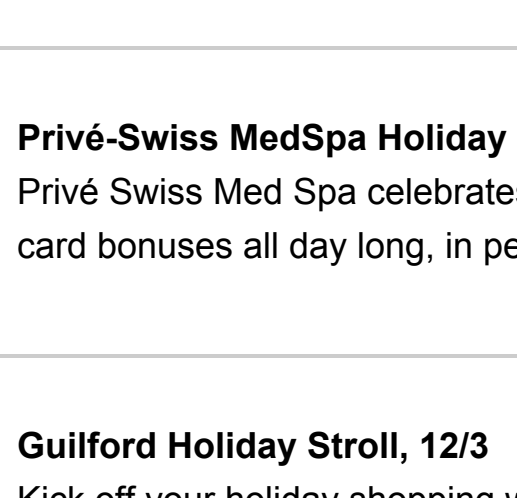
In addition to the benefits of having in-person classes, students have also been able to continue to enjoy our time-honored traditions, albeit in slightly modified formats.

The week of Halloween was an especially happy and festive occasion, featuring hallway decorating contests by each grade, an Eighth-Grade Haunted House, and socially distant costume parades.

In November, students participated in our "Autumn Games", one of the most special fall traditions at IDS. The day included educationally-based games, school spirit, and a food and coin drive which provided over 1,000 nonperishable items and almost \$500 to the Amazing Grace Food Pantry in Middletown.

Learn More About What Makes IDS Special

From The E List Events Calendar



This Holiday Season GIVE THE GIFT OF LOCAL

The Village of Chester Thanks You!

Late Shopping, Starry Nights & Holiday Market in Chester, 12/4 - 12/24

Lots of festive activity in Chester this season from holiday strolls to Sunday markets. **Read more...**

Holiday Special Wednesdays in Old Saybrook, 12/2 - 12/23

A consortium of some of the best shops in Old Saybrook has organized Wednesday specials through December and a Ladies Night on December 9th. **Read more...**

Privé-Swiss MedSpa Holiday Celebration, 12/10

Privé Swiss Med Spa celebrates the season with demos, giveaways, and gift card bonuses all day long, in person or on social media. **Read more...**

Guilford Holiday Stroll, 12/3

Kick off your holiday shopping with deals and specials around the historic Guilford Green. Make a day of it with lunch, dinner, or coffee. **Read more...**

Festival of Trees – The Trees of Essex, thru 12/12

Spend the day strolling through the historic villages of Essex amongst 23 holiday trees, decorated by local artisans, merchants, and businesses. **Read more...**

Ladymade's Shop Small in CT Guide, thru 12/20

Shop for unique handcrafted gifts by local women with this guide! **Read more...**

The Great Restaurant Raffle, thru 12/18

Support local restaurants and win big by entering this raffle for dining gift certificates! **Read more...**

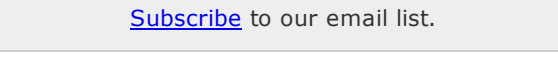
Holiday Sip & Shop at the Little Station {at} Beech Tree Cottages, 12/5

Shop specials, enjoy complimentary treats, a very merry backdrop for photos and Instagram pics and more. **Read more...**

Wondering what else is happening? Find virtual happenings, safely distant and outdoor activities, plus more on The E List events calendar:

Browse the Calendar

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