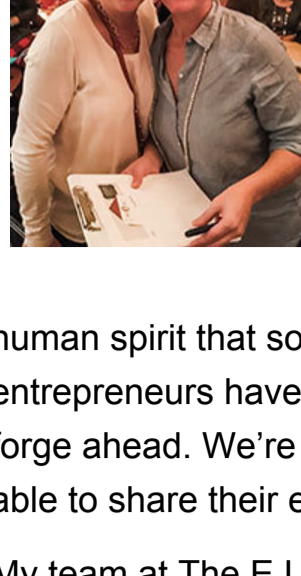


# the e list

An Excruciatingly Opinionated Guide to the Connecticut Shoreline

[FUN](#) [CALENDAR](#) [EAT](#) [DISCOVER](#) [TRAVEL](#) [TOWN GUIDES](#)



This is our final list of the year and we've filled it up with last-minute finds! Considering the overwhelming challenges that 2020 brought us, it's a testament to the

human spirit that so many local entrepreneurs have figured out how to forge ahead. We're happy to have been able to share their efforts with you.

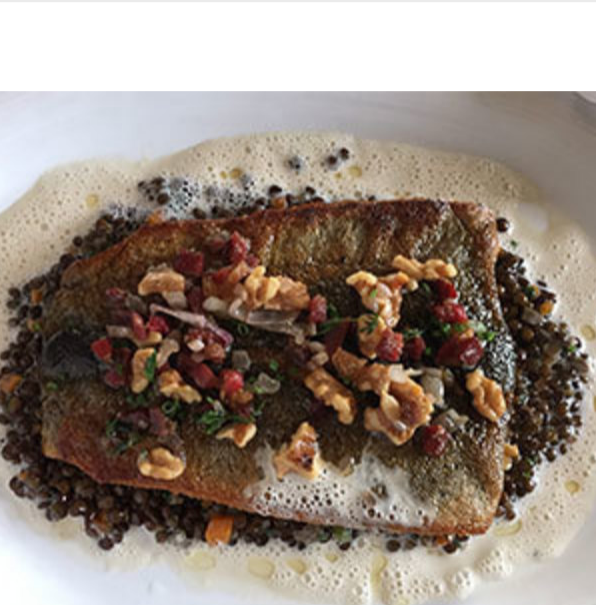
My team at The E List has shrunk to just me and Laura this year. If it wasn't for Laura keeping things together, we couldn't publish the list week after week. I am so very thankful for her work ethic, resilience, and optimism.

Looking forward to brighter days ahead in 2021. We'll be back on January 12th.

Wishing you happy and healthy holidays, Erica and Laura

**Privé Swiss MedSpa**  
**25% OFF GIFT CARDS**  
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 1587 Boston Post Rd. | Westbrook  
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[priveswissmedspa.com](http://priveswissmedspa.com)



**Musical Masterworks**  
**Beethoven, Schumann, Franck**  
**Purchase Video Tickets until January 2, 2021**  
 Video available for unlimited viewing from January 2, 2021 – January 23, 2021  
[Click to learn more and to PURCHASE VIDEO TICKETS](#)

## Take a Vacation with Set For Dinner

Most of us need a vacation more than anything else these days, and I had one last week in the form of a break from the drudgery of grocery shopping and cooking. I hired Jeffrey Cave, a personal chef with an illustrious background...



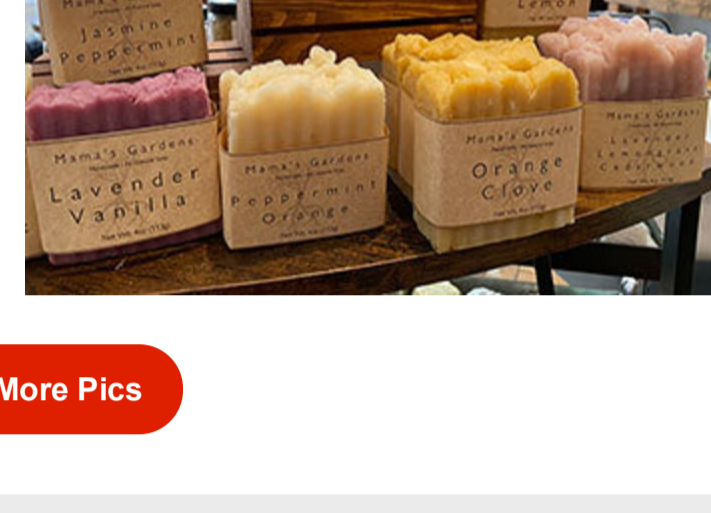
[More Meals](#)

**Ella**  
 WHERE SHE SHOPS  
**15% OFF CLOTHING & ACCESSORIES**  
 (EXCLUDES JEWELRY)  
 MONDAY-SATURDAY 11-5  
 SUNDAY 12-4  
[SEE MORE](#)  
 ON THE GUILFORD GREEN

**Last minute shopping?**  
**Shop Small Shop Local**  
**Shop Madison**

## Goodies at Mama's Gardens in Essex

Searching for stocking stuffers? Look no further than this new shop in Essex. You'll find every sort of handmade scrub, rub and balm for the body and bath...



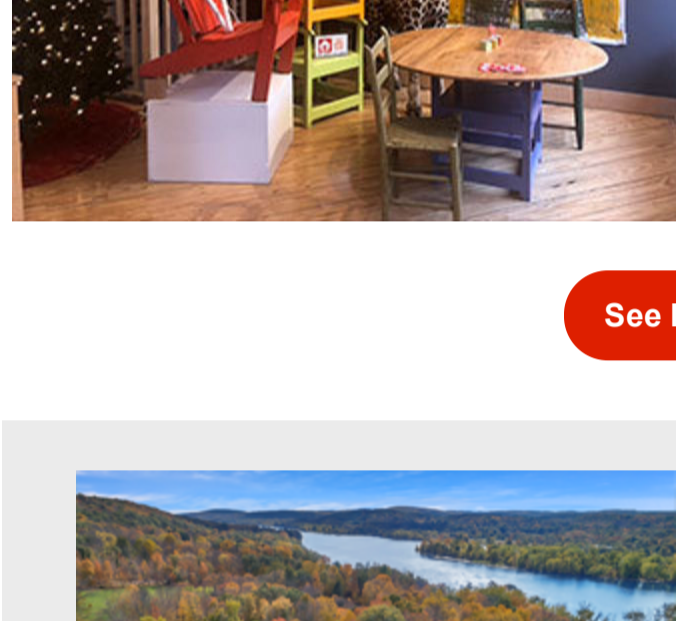
[See More Pics](#)

**TOOTH BE TOLD**  
 ★★★★★ WE LOVE ★★★★★  
**OUR PATIENTS**  
**Katrina A. Wall**  
*Essex Dentist*  
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*you, me & THE SEA*  
 CURATED LIFESTYLE & GIFTS  
 11 MAIN STREET, ESSEX, CT

## The Space: An Artist Collaborative in Chester

A couple of painters, a weaver, a glassblower, and other makers have joined creative forces in Chester. You'll find out-of-the-ordinary work by local artists and artisans in The Space on the corner of Main and Water Street (formerly home to Tonic)...



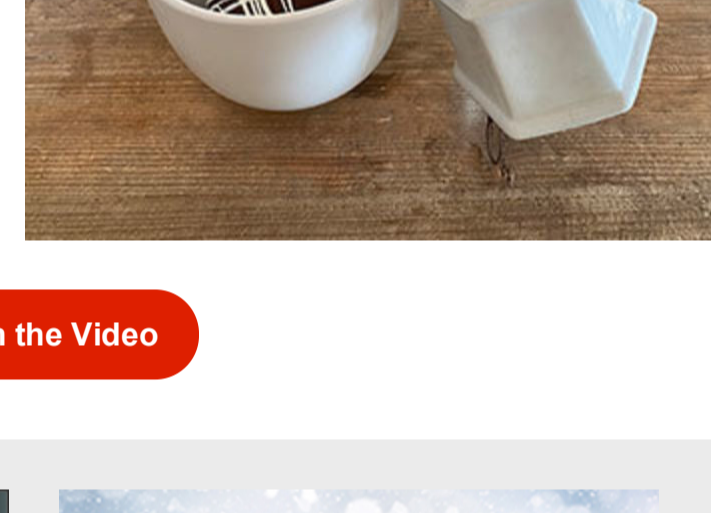
[See More Art](#)

William PAH  
 Sotheby's  
**COLETTE HARRON**

Melissa Barbieri | Memories, Dreams and Archetypes  
**Lyman Allyn ART MUSEUM**  
 On view through January 24  
 625 Williams Street • New London, CT • Exit 83 off I-95

## Hot Cocoa Bombs are the BOMB!

What started as a pandemic hobby turned into a side hustle for Nikki Rasmussen, owner of Yolo Med Spa in Guilford. She's creating all manner of sweets in her certified cottage kitchen, and her cocoa bombs have taken off!



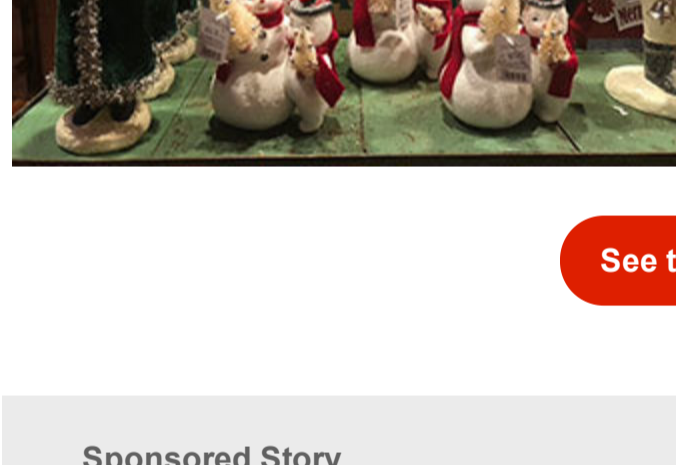
[Watch the Video](#)

**LYME ACADEMY OF FINE ARTS**  
**IS SEEKING AN EXECUTIVE DIRECTOR**  
 The Lyme Academy of Fine Arts is seeking a dynamic leader to re-launch our storied art academy and lead the operations, being faithfully guided by our mission, dedicated to education, artistic excellence and service to the community.  
 Visit us at [lymeacademy.edu/jobsearch](http://lymeacademy.edu/jobsearch) for more details.  
 Send your resume or any questions to [info@lymeacademy.edu](mailto:info@lymeacademy.edu)  
 BRIDGING THE SKILLS OF THE PAST WITH THE INSPIRATION OF THE FUTURE

*Give Love Give Lavender*  
 Lavender Pond  
 11 MAIN STREET, ESSEX, CT

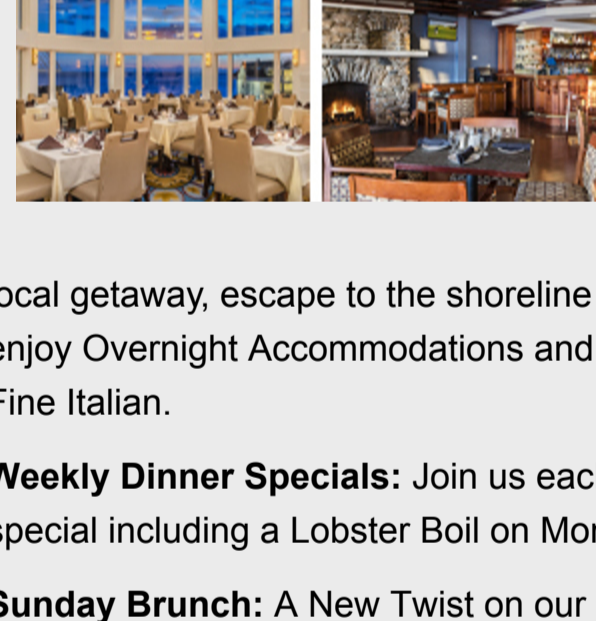
## The Silver Skate Pop-Up in Niantic

Room for a few more ornaments on your tree? We've discovered a cheerful pop-up to add to our list of favorite holiday shops...



[See the Shop](#)

### Sponsored Story



## Water's Edge Resort and Spa

For more than 30 years, Water's Edge Resort and Spa has maintained its position as one of New England's top beachfront resort. It is a place that family memories are made, romantic escapes are treasured and where Connecticut goes to meet the shoreline.

**Overnight Getaways:** For a great local getaway, escape to the shoreline on our Night to Remember Package and enjoy Overnight Accommodations and a Three-Course Dinner for Two at Dattilo Fine Italian.

**Weekly Dinner Specials:** Join us each night for a different delicious dinner special including a Lobster Boil on Mondays and Prime Rib on Fridays.

**Sunday Brunch:** A New Twist on our Famous Sunday Brunch! Enjoy our A la Carte menu every Sunday including brunch classics and our chef's weekly specials – perfect for family gatherings or boozy brunches with your girlfriends.

Find us at [watersedgeresortandspa.com](http://watersedgeresortandspa.com) or call (860) 399-5901

[Visit Water's Edge](#)

## From The E List Event Calendar

### Healthy PlanEat Holiday Farm To Table Pick Ups, Order til 12/17

Shop online from the best local farms for your holiday feast and pick up at a convenient location near you. [Get the details here.](#)

### Holiday/Date Night Kits From La Belle Aurore, thru 12/23

La Belle Aurore is celebrating winter holidays with festive kits featuring traditional foods with their own twist for Hanukkah, Winter Solstice, Christmas Eve, and New Year's. [Read more...](#)

### Shoreline Arts Trail Goes Virtual This Year, thru 12/31

Peruse the work of local artists online as the Shoreline Arts Trail goes virtual this year. [Read more...](#)

### Holiday Shopping at Guilford Art Center, thru 1/31/2021

Find a wide range of distinctive holiday gifts and fine handmade crafts in all price ranges from artists throughout the country at this annual sale. [Read more...](#)

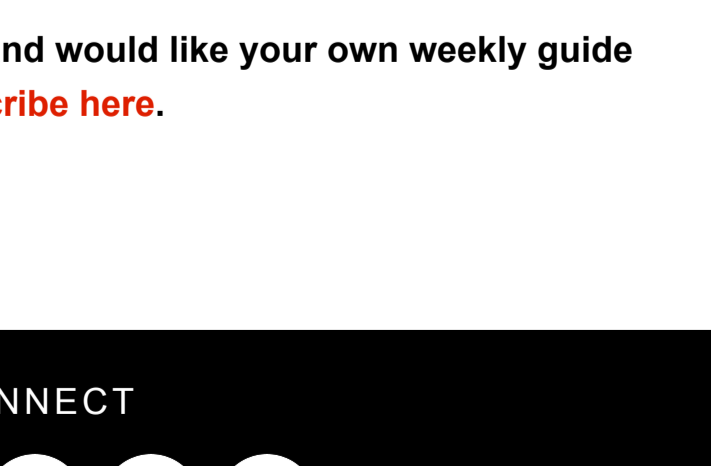
Wondering what else is happening? Find virtual happenings, safely distant and outdoor activities, plus more on The E List events calendar:

[Browse the Calendar](#)

p.s. from Erica

**Here's a way to help** provide diapers for families in need this season.

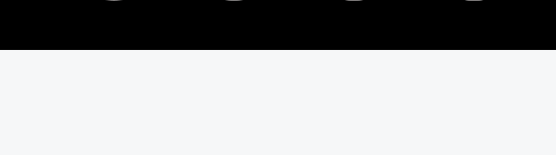
In case you missed it: Read about a new food hall, see my dream wish list, and lots more gift ideas on last week's list.



[Read it Here](#)

If you received this from a friend and would like your own weekly guide to the best of the Shoreline, [subscribe here.](#)

### CONNECT

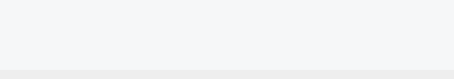


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