

Last week I shared my new "Covid" rituals and asked readers what practices they've added to their lives to help see them through

the pandemic. Here's the good news: I received many positive and inspiring emails. You're getting more and exercising, trying new crafts and hobbies, reading more, writing, being more mindful through meditation and prayer, slowing down, and most importantly, giving back. Of course, there is a self-selected bias here; those who have embraced optimism were probably more likely to write in! But overall, there are common themes among our extraordinary ability to adapt to the most extreme circumstances. I found the responses uplifting and hope you will, too. See the link to the article below.



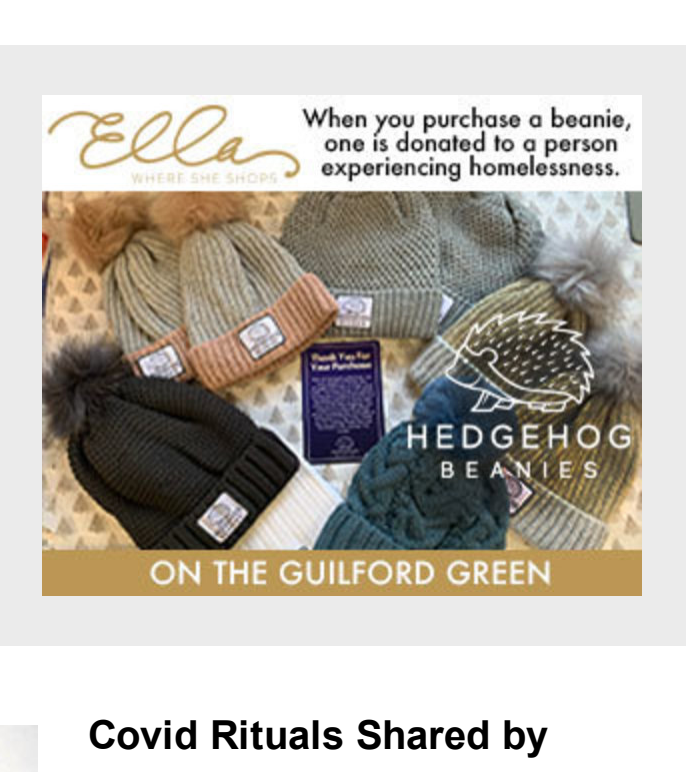

Introducing Eldercare Solutions

Ellen Madere is one of the most connected and savvy people I know. I've written about her here and her magical organizing skills through her company Ellen Gets It Done. What's new and noteworthy is she's expanded her offerings and launched Eldercare Solutions...

[Learn More](#)

A Good Home

Some people exist happily with chaos surrounding them (including most of my family), but I take after my neat-freak mother and cannot concentrate on the task at hand with dishes in the sink or stacks of paper on the counter. Luckily, I enjoy organizing...



[More Organizing](#)



Covid Rituals Shared by Readers

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[See the List](#)

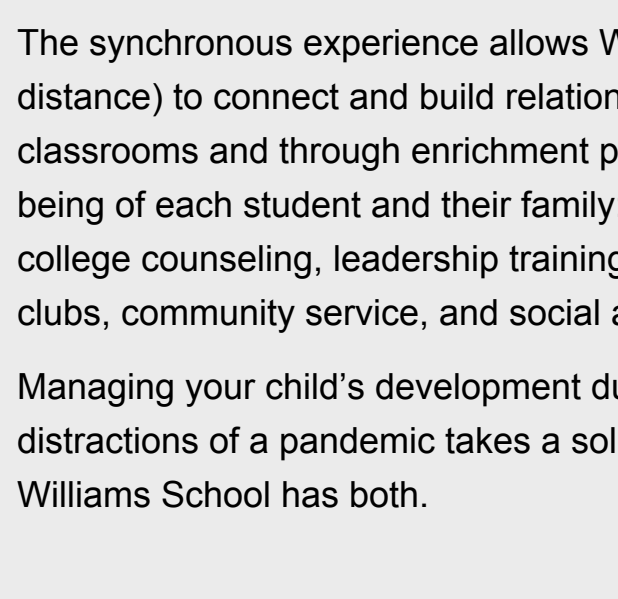
Spotted: Knitting Kits!

Here's one rewarding way to keep yourself busy: Knit your own hats and scarves with chunky: Knit (and super soft) Merino wool! **Smoke & Slate** provides all the materials you need plus easy to follow video and photo instruction for each step.



[Find Them Here](#)

Sponsored Story



Academic Excellence in a New Era
The Williams School offers Full-time On Campus Learning with a Synchronous Distance Option

The 2020-2021 school year has been challenging for educators. Committed to academic excellence, Williams is forging ahead with optimism and resilience to provide students with an exceptional education.

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Maintaining health and safety protocols has allowed Williams to offer in person learning since the beginning of the school year. For students who prefer to learn off campus, Williams' synchronous distance learning option is thoughtfully designed to integrate state-of-the-art technology and experienced and dedicated faculty for a new era of education.

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The synchronous experience allows Williams students (both in person and distance) to connect and build relationships with their peers and teachers in classrooms and through enrichment programs developed to address the well being of each student and their family: advisor meetings, faculty office hours, college counseling, leadership training, peer tutor and mentor programs, clubs, community service, and social activities.

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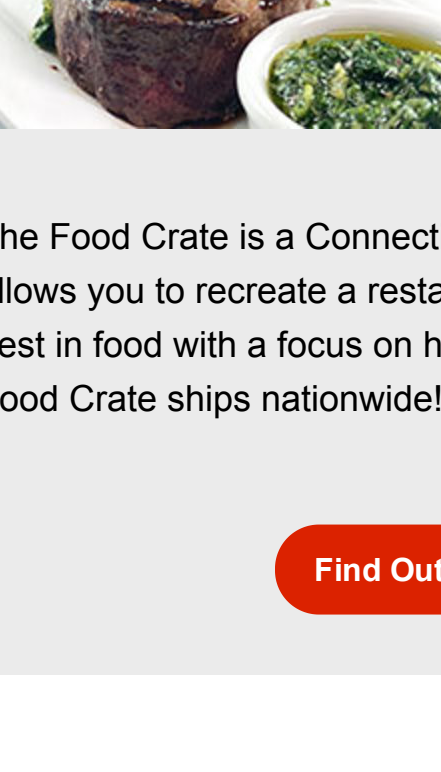
Managing your child's development during the stress, anxiety, and distractions of a pandemic takes a solid plan and a committed culture—The Williams School has both.

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[Learn More](#)

From The E List Events Calendar

Featured Event



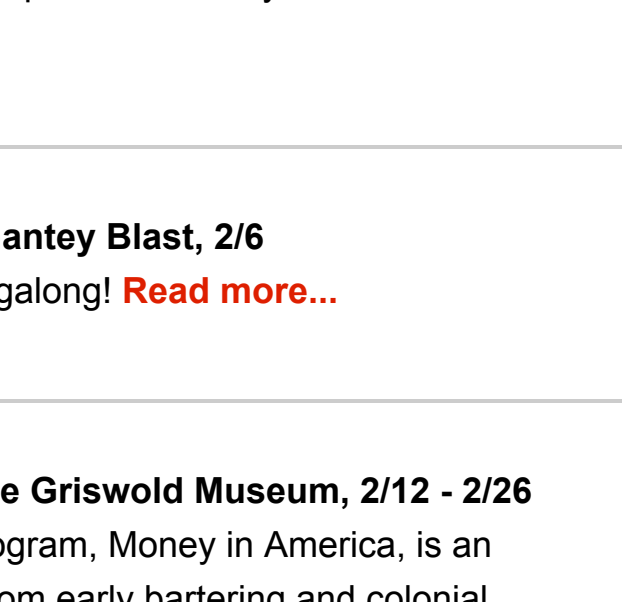
Valentine's Day Made Elegant and Simple By The Food Crate

Flummoxed about how to make Valentine's Day special during this crazy year? We've got your answer. Enjoy a fine-dining restaurant menu at home with The Food Crate's curated menu. Everything is done for you: no reservations, grocery runs, or cooking! Filet Mignon, Lobster Ravioli, Seafood Salad, a cheese course, and delicious raspberry desserts, plus chocolate-covered strawberries and a Bergamot Jasmine candle to set the mood!

The Food Crate is a Connecticut-based specialty gourmet delivery service that allows you to recreate a restaurant experience at home. It's a celebration of the best in food with a focus on home entertaining. Need a gift for a gourmet? The Food Crate ships nationwide!

[Find Out More and See the Full Menu Here.](#)

February First Friday In Chester, 2/5
Celebrate First Friday in Chester Village by strolling, shopping and dining. It's the perfect place to find something special for your Valentine. Also, enjoy Starry Nights through February 28. [Read more...](#)



The Kate presents Gatsby in Connecticut (Virtually), 1/28
Enjoy Gatsby in Connecticut, one of the New Yorker's Best Films of 2020, from the comfort of your couch. [Read more...](#)

Winter Fayre at Maximus Antiques, 2/6
Head to Old Saybrook for Maximus Antiques' Winter Fayre for 10-50% off the entire store! [Read more...](#)

Mystic Seaport Museum's Virtual Chantey Blast, 2/6
An online and uplifting sea chantey singalong! [Read more...](#)

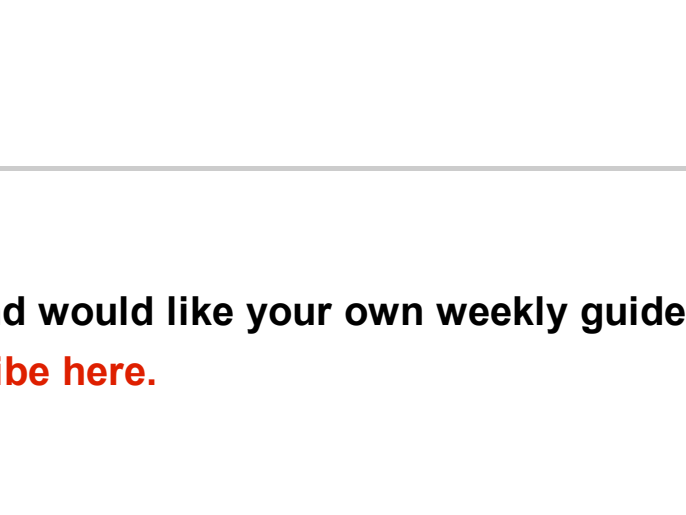
Virtual Winter Studies at the Florence Griswold Museum, 2/12 - 2/26
The Flo Gris' Virtual Winter Studies Program, Money in America, is an insightful history of American money, from early bartering and colonial currency to today's almighty dollar. [Read more...](#)

Looking for more to do? Find virtual classes and webinars, takeout, and more on [The E List Calendar](#):

[BROWSE THE CALENDAR](#)

p.s. from Erica

Last week we shared some of our greatest hits and tips to ease virtual and hybrid learning. [Read it here if you missed it.](#)

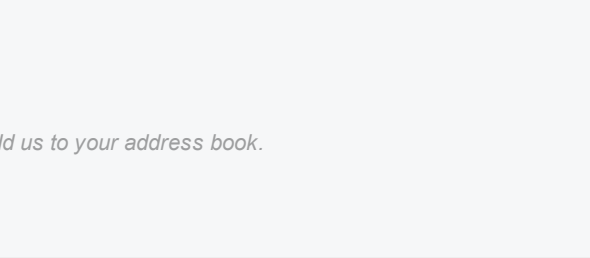


[Read it Here](#)

Looking for a new hobby? Learn how to knit, sew, crochet, draw and so much more at [craftsy.com](#).

If you received this from a friend and would like your own weekly guide to the best of the Shoreline, [subscribe here.](#)

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