

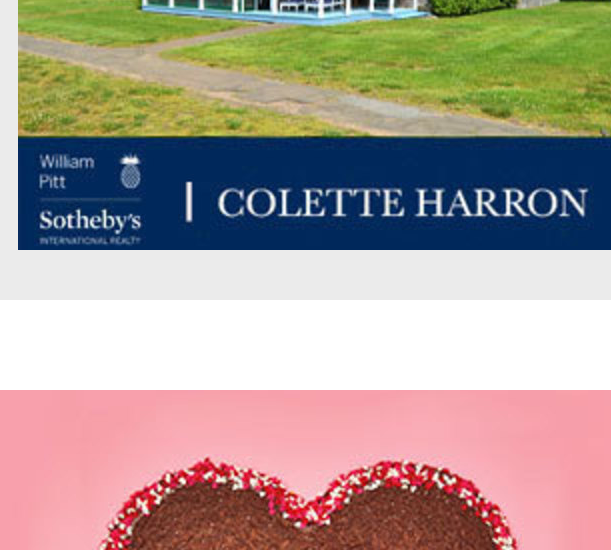
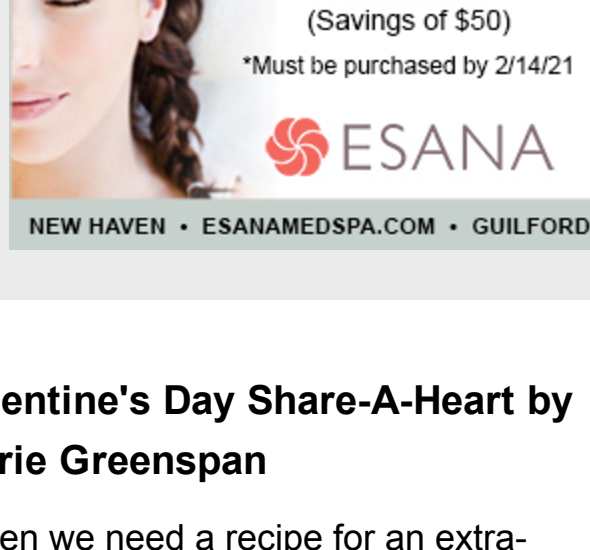


Valentine's Day is traditionally celebrated with a schmancy restaurant meal, but most of us aren't venturing out until we're vaccinated (and we're finally so close!). This holiday why not cheer up friends and family near and far with big virtual hugs and kisses? I say pull out the stops - send hand-crafted valentines to remind your dearest how much you miss them, grab fancy takeout, or make a feast and crack that champagne you've been hoarding. We've got some fun ideas for you on this list.



Heirloom Gifts From Local Favorite Paloma's Nest

The crazy-creative and local couple that own Paloma's Nest (Ceramics! Art! Furniture!) are perhaps most famous for their annual holiday collection of personalized porcelain ornaments and their elegant line of wedding keepsakes, but their sweet online shop is full of gifts for giving all year round when you're looking for something meaningful and heartfelt...

[See Paloma's Nest](#)


Valentine's Day Share-A-Heart by Dorie Greenspan

When we need a recipe for an extra-special sweet, we always turn to the delightful Dorie Greenspan, who is happy to share her treats with E List readers. A giant, shareable cookie sounds to me like the perfect thing to whip up this Valentine's Day.

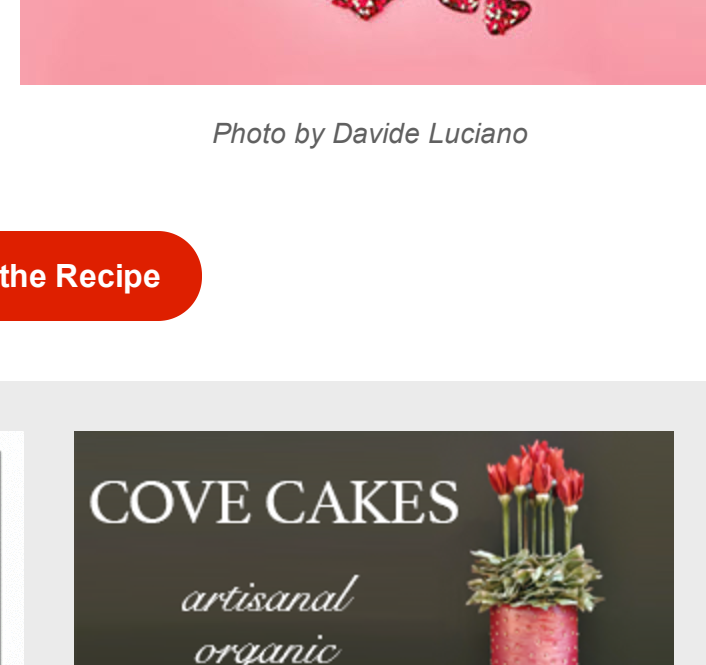
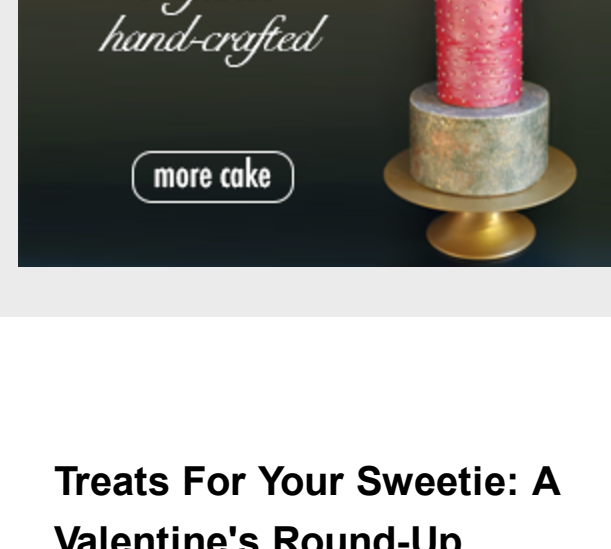
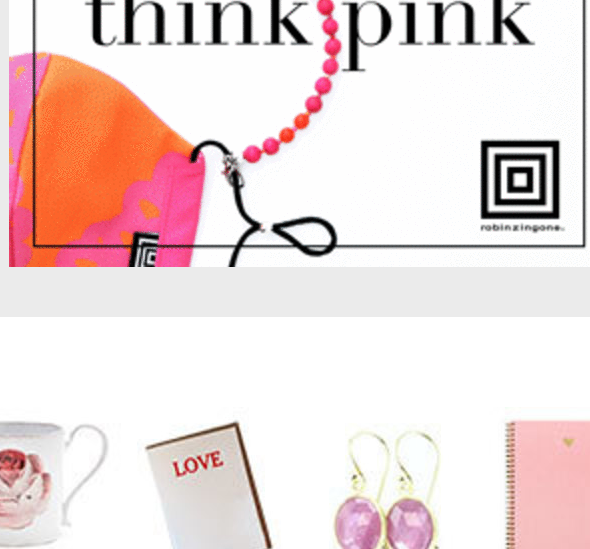
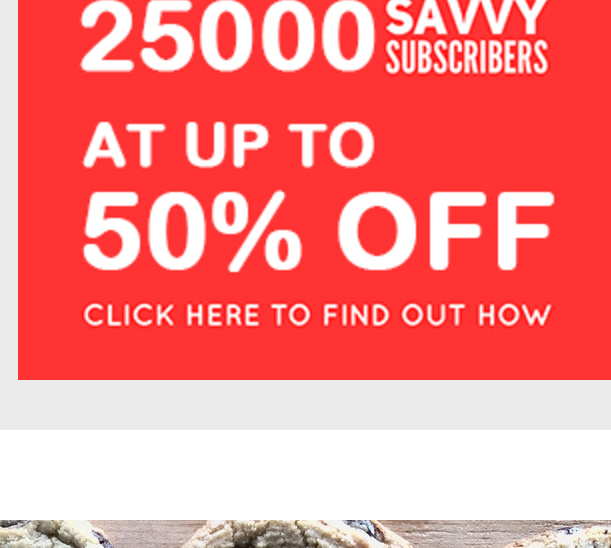
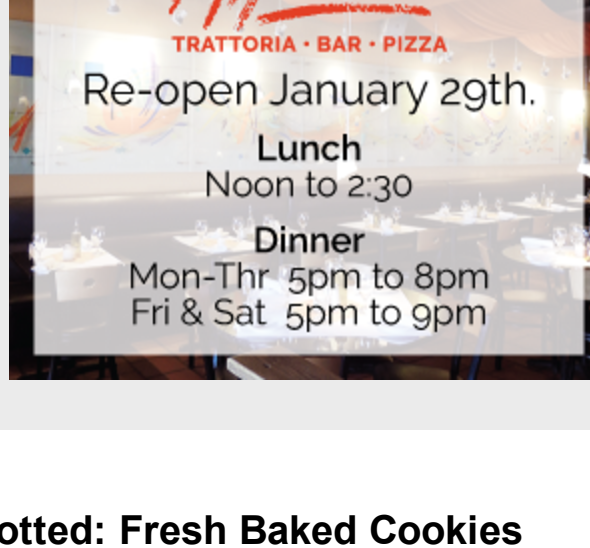


Photo by Davide Luciano

[Get the Recipe](#)


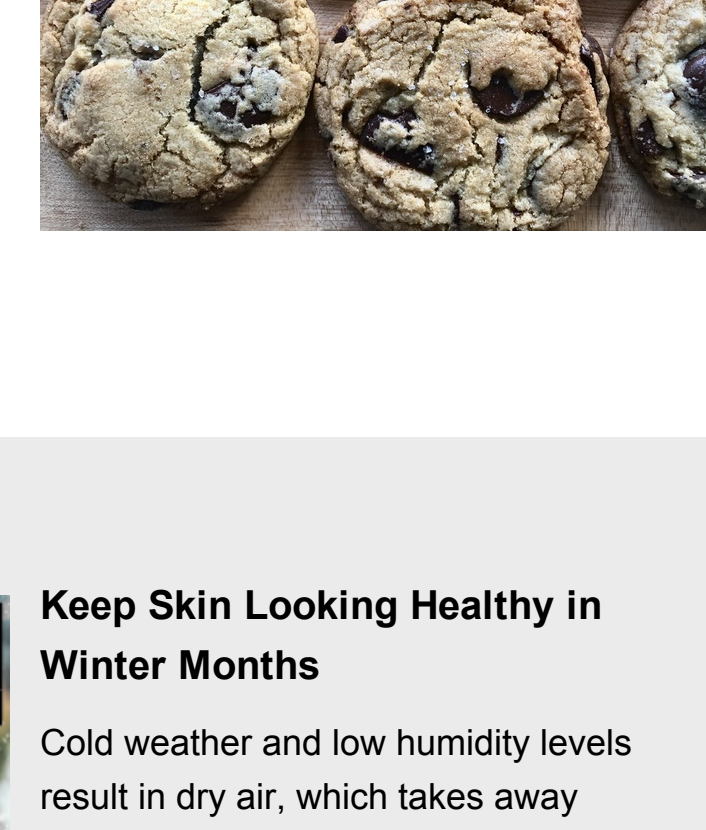
Treats For Your Sweetie: A Valentine's Round-Up

We've rounded up some local and not-so-local lovely online gifts for dispatching to all your loves:

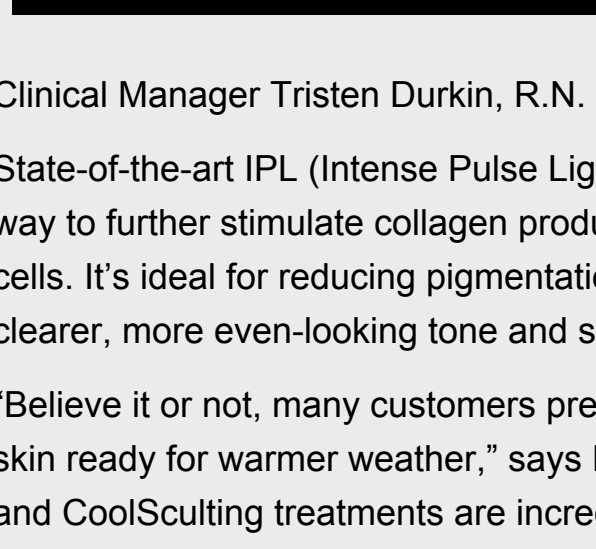
[See the Gifts](#)


Spotted: Fresh Baked Cookies From Truffle Shots in Essex

We found the tastiest afternoon pick-me-up from local chocolate experts. **Place your order online** for a dozen (or more!) of these ridiculously chocolately, chewy and crispy cookies and pick them up at Griswold Square as they emerge from the oven after 2 pm. Reheating instructions included (if they make it that far).



Sponsored Story



Keep Skin Looking Healthy in Winter Months

Cold weather and low humidity levels result in dry air, which takes away precious moisture from your skin. Your first line of defense is a good skincare regimen year-round. "High-quality, medical-grade products, such as the **ZO Skin Health line**, typically offer the best results," says Privé-Swiss MedSpa's

Clinical Manager Tristen Durkin, R.N.

State-of-the-art IPL (Intense Pulse Light) skin rejuvenation treatments are another way to further reduce collagen production and the development of healthy skin cells. It's ideal for reducing pigmentation and aging from sun damage, giving skin a clearer, more even-looking tone and smoother texture.

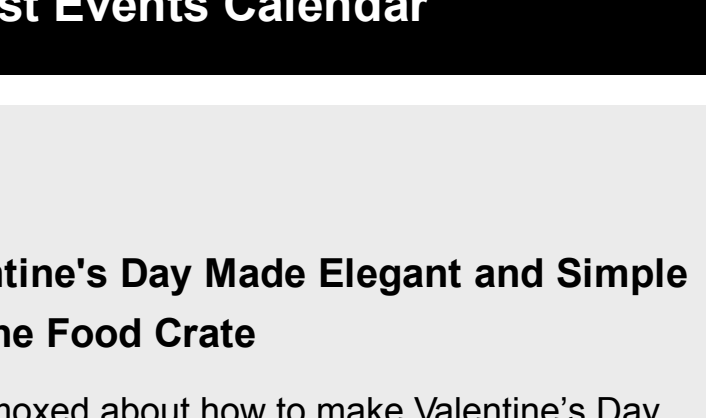
"Believe it or not, many customers prefer to use these harsh winter months to get skin ready for warmer weather," says Durkin. "Laser hair removal, chemical peels, and CoolSculpting treatments are incredibly popular during the off-season," adds Durkin.

Privé-Swiss MedSpa's February specials offer an opportunity to save on treatments like these and more. To assess your skincare treatment options and learn about products designed to keep skin looking radiant all year long, schedule a **complimentary consultation** at Privé-Swiss MedSpa's Westbrook location.

[Visit Privé-Swiss Med Spa](#)

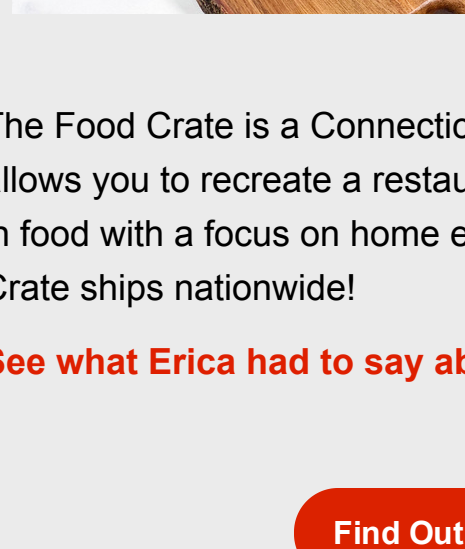
In case you missed it:

Last week we shared resources for organizing both your own home and your elders' plus rituals from readers during Covid times.


[Read It Here If You Missed It](#)

From The E List Events Calendar

Featured Event



Valentine's Day Made Elegant and Simple By The Food Crate

Flummoxed about how to make Valentine's Day special during this crazy year? We've got your answer. Enjoy a fine-dining restaurant experience at home with The Food Crate's curated menu.

Everything is done for you: no reservations, grocery runs, or cooking! Filet Mignon, Lobster Ravioli, Seafood Salad, a cheese course, and delicious raspberry desserts, plus chocolate-covered strawberries and a Bergamot Jasmine candle to set the mood!

The Food Crate is a Connecticut-based specialty gourmet delivery service that allows you to recreate a restaurant experience at home. It's a celebration of the best in food with a focus on home entertaining. Need a gift for a gourmet? The Food Crate ships nationwide!

See what Erica had to say about The Food Crate.

[Find Out More and See the Full Menu Here](#)

Free Webinar Series: Perfectionism, Technology, Drugs, & Parenting, 2/3 - 2/24

Learn practical tools and essential knowledge to change the course of your children's lives. [Read more...](#)

Brian Keith Stephens at the Lyman Allyn: Almost True Tales, 2/6 - 3/30

Local artist Brian Keith Stephens explores his fascination with animals as mythic symbols across time and culture. [Read more...](#)

Dina Varano Presents: Amore Collection, thru 2/27

Enjoy this special collection of limited edition jewelry. Each piece features a complimentary signed watercolor card by Dina. [Read more...](#)

Tina's Perma Beauty Spa Offers 15% Off Services With Valentine Gift Cards, thru 2/28

Pamper your Valentine (or yourself) at Tina's Perma Beauty Spa with gift certificate specials. [Read more...](#)

Looking for more to do? Find virtual classes and webinars, takeout, and more on The E List Calendar:

[BROWSE THE CALENDAR](#)

p.s. from Erica

Lots of our favorite restaurants are running takeout V-Day specials. Here are a few that have published their menus online (more next week):

Lobster beignets, filet mignon, chocolate fondue and even a Feed The Kids Early Dinner are among the delicacies at **Gourmet Galley**. Pick up or delivery.

I'd be totally satisfied with making dinner out of **River Tavern's** famous date pudding with caramel sauce, but the ever-evolving seasonal menus always provides something delicious to eat!

Bar Bouchee is offering a 3-course prix fixe of their classic French fare for V-Day.

My family thinks **Cafe Routier** has the best steak frites on the Shoreline (those fries!!!) and that's likely on our short list this Valentine's Day.

Also, Chocolate Covered Strawberry ice cream or Rose Petal sorbet at **Honeycone Craft Ice Cream** in Chester.

If you received this from a friend and would like your own weekly guide to the best of the Shoreline, [subscribe here.](#)

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