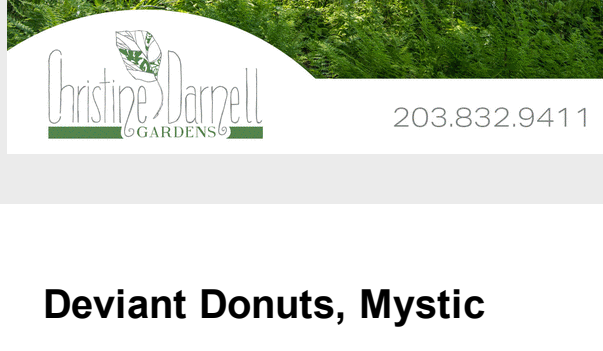
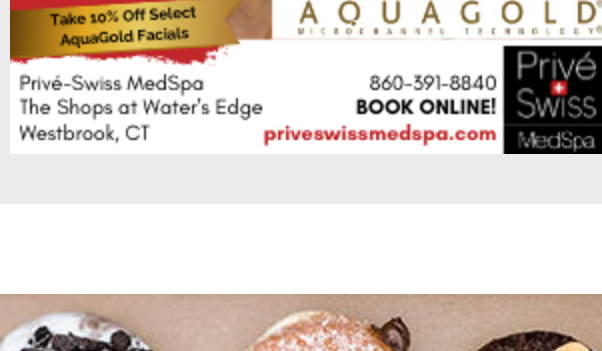


When we first arrived in Old Lyme, Beach Donuts was the buzz. We seemed to have

houseguests every weekend in those days, and I would dutifully drive over to Hartford Ave and queue up at 6:30 in the morning for a bag of hot crullers. As you can imagine, this wasn't a good idea every single Sunday. We finally weaned ourselves off of this weekend ritual. In the meantime, donut shops have been popping up all over the Shoreline. Over the years, we've covered a few, and we've intended to pull together a full-on survey of artisanal offerings. While I can't resist a steaming apple cider donut come fall, I try to steer clear of fried bits of dough. Luckily Laura (with her daughter - one needs an accessory stomach) was up to the task. Donuts are a happy food, eaten on the fly, just the thing for a pandemic-pick-me-up. Here's what we found.



VISIT THE ESSEX



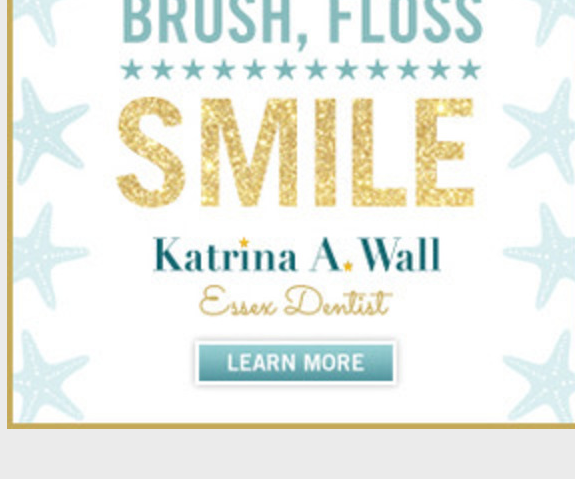
203.832.9411



### Deviant Donuts, Mystic

One can't just casually roll up to the porch at Deviant Donuts and expect to pop in and out with donuts. This super popular donut and gourmet coffee shop pumps out a ton of inventory, daily, but it goes quickly and now we understand why...

More Deviant

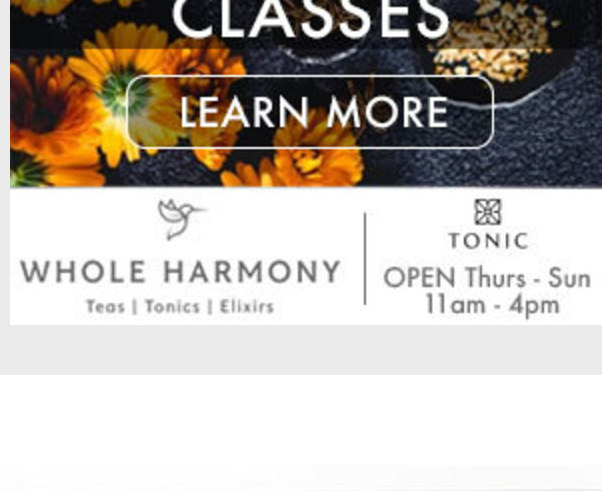


### Young Buns Doughnuts, Mystic

It comes as no surprise to us that these made-from-scratch (by the award-winning dream team behind Sift Bakery) doughnuts are layered in flavor and texture and also in very high demand. We made our first thing at this downtown Mystic shop arrive at a Saturday to ensure our fair supply...



See Young Buns



### Flanders Bake Shop & Donuts, East Lyme

This trusty donut shop, dating back to 1972, is a standout for us. Dozens of confections line their shelves for a revolving door of die-hards, shuffling in for boxes of fresh and chewy yeast-raised, old-fashioned cake and gourmet donuts...

Visit Flanders

See ALL our Top Donut Picks Here

## p.s. from Erica

### Spotted: Support Local Everything!

No better time than now to give love to local businesses. We spied these timely, unisex, **cotton tees** (\$28) and **sweatshirts** (\$48), plus **canvas totes** (\$18) at **J.Alden Clothiers in Essex**.

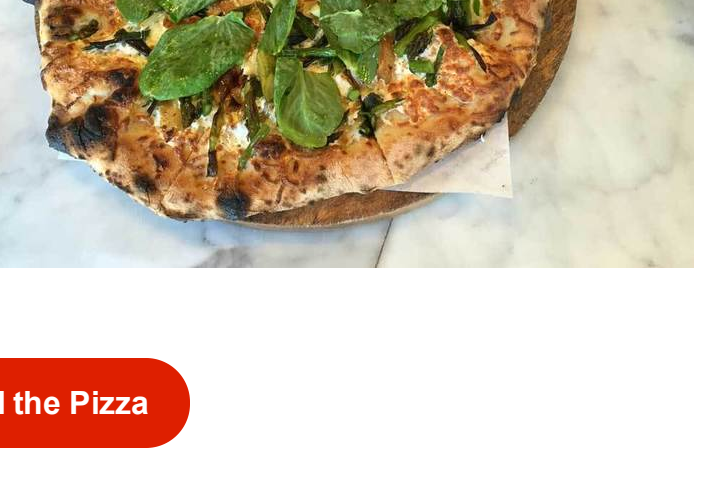


Last week we shared a new Mexican restaurant in Mystic, **St. Patty's Day** takeout and a simple recipe for **Irish Wheaten Bread**.

Read it here if you missed it.

Read the List

Not a big fan of donuts? Here's more than a handful of our favorite pizzas from the archives.



See All the Pizza

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## From The E List Events Calendar

**Spring Woodworking & Craft Classes, thru 12/11**  
All skill levels are welcome at these Maritime-inspired spring woodworking and craft classes. [Read more...](#)

**Calm Your Stress Cycle, 3/23**  
Sign up for this stress-reducing virtual workshop for the whole family! [Read more...](#)

**Musical Masterworks Virtual Concert, 3/27**  
Musical Masterworks presents a video concert of Mozart, Schubert, Bach and Schumann, featuring Randall Scarlata, Jeewon Park and Edward Arron. [Read more...](#)

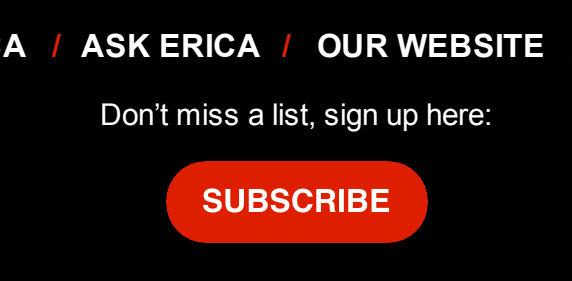
**Goodspeed On-Demand Presents Passing Through, thru 4/4**  
Enjoy exceptional musicals at your convenience with Goodspeed's new on-demand performances. [Read more...](#)

Looking for more to do? Find virtual classes and webinars, takeout, and more on The E List Calendar:

BROWSE THE CALENDAR

If you received this from a friend and would like your own weekly guide to the best of the Shoreline, [subscribe here](#).

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