



An Excruciatingly Opinionated Guide to the Connecticut Shoreline

FUN

CALENDAR

DISCOVER

TRAVEL

**TOWN GUIDES** 



Spring! All of a sudden, it seems like hope is in the air. We're hearing about lots of openings, new businesses, and restaurants

EAT

returning to outdoor (and indoor dining). After digging deep to find things to write about for an entire year, it's an exciting time for our little team! We'll be bringing you plenty of things to do, eat, and see this season, as we're finally getting out a bit, too. This week we've got a couple of fantastic new restaurants and some ideas for post-pandemic travel.

Love, erica

p.s. Help spread E List love. Forward to a friend.









# Let's Go Out for Brunch! Shipwright's Daughter, Mystic

We've been ogling the menu at The Shipwright's Daughter for months now. This new spot opened at The Whaler's Inn in Mystic last June and slipped under our radar during the pandemic. But we finally noticed and (with one vaccine under our belt) headed over on a bright and sunny Sunday for Brunch.







## 5 Family Travel Ideas to Celebrate a Graduation

While it may be a little early to take that long over-due vacation, we can dream about it, can't we? I recently gabbed with Marcia Simon, travel advisor and owner of Friendly Group Travel. Her Shoreline-based company organizes excursions for small groups and families (2 to 20 people). What's lovely



about Marcia's services is that she'll create an itinerary and make all the plans, leaving you free to enjoy your vacation. Here are Marcia's ideas about celebrating graduation (or anything else) with a family trip.

Read Marcia's Ideas



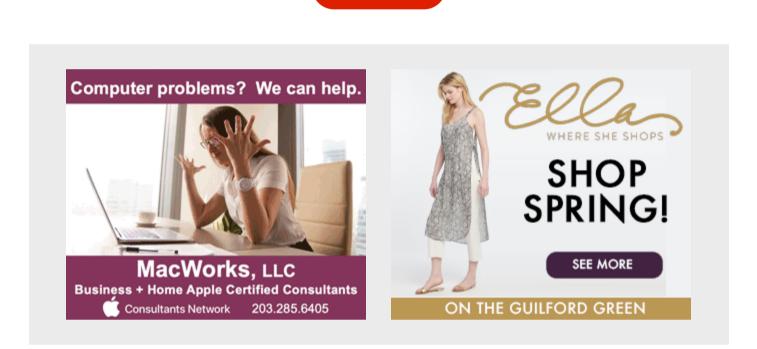




### Fast-Casual Vegetarian Indian Food at Pataka, New Haven

One need not be a vegetarian or a connoisseur of Indian cuisine to appreciate this vibrant eat in/take out joint in New Haven. We were already taken by the bold and brilliant branding of Pataka, Harry and Romy (of House of Naan) Singh's new fast-casual Indian place on Howe Street. It was a

delight to discover the offerings inside were a perfect match for the outside!



More Pataka

On last week's list, we shared a new butcher and fishmonger, a meal kit from a local farm, and lots of Easter tips.

Read it here if you missed it.





#### **Sponsored Story**



# Jewelry Estate Planning by 21C Designs

When it comes to your jewelry estate planning, allow 21C Designs to utilize their experience and know-how to result in a positive ending which will meet all involved parties' needs.

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They collaborate with your estate professionals and the estate's constituents to develop a strategic plan that equitably meets the needs and objectives of all parties while optimizing the value of the collection.

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They offer their clients multiple avenues for liquidation depending upon the items, including sale of individual pieces or collections, disassembly for gem sale or auction. Gold and platinum melt are available for immediate recovery.

#### Repurpose, Recycle, Redesign

They will work closely with the constituents to create new jewelry which equitably distributes the assets, while also producing cherished new keepsakes with direct ties to beloved family members. They can upcycle your jewelry, creating sustainable, modern jewelry from your heirlooms.

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# From The E List Events Calendar

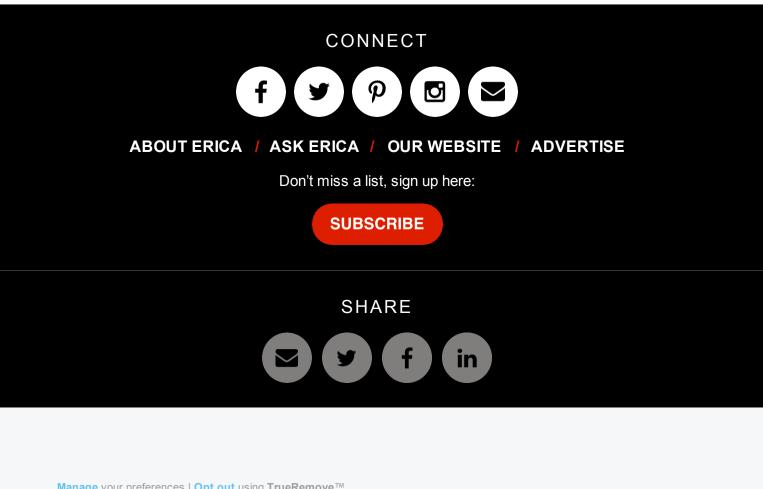
**Goodspeed On-Demand Presents Passing Through, thru 4/4** Enjoy exceptional musicals at your convenience with Goodspeed's new ondemand performances. **Read more...** 

Looking for a middle school where your child can thrive? Find out if CELC Middle School is right for your child at this virtual open house. **Read more...** 

|  | Calm Your Stress Cycle, 4/20<br>If you, your kids, your spouse, or your entire family have been stuck in the<br>stress cycle, this workshop is just what your nervous system needs! Read<br>more          |
|--|---|
|  | The Kate Presents: The 11th Annual Oscar Night Party in a Box, 4/25<br>Enjoy cocktails, charcuterie, treats and more while safely watching the<br>Oscar's at home in Katharine Hepburn fashion. Read more |
|  | <b>Cookbooks Sale at Essex Library, 4/1 - 4/30</b><br>Fill your shelves with cookbooks at this sale at the Essex Library through<br>April. <b>Read more</b>   |
| Looking for more to do? Find virtual classes and webinars, takeout, and more on The E List Calendar: |   |
|  | BROWSE THE CALENDAR   |
|  | p.s. from Erica   |

Tune in to A Good Home's Instagram for a series of Female Founders every Saturday. You'll see me this weekend!

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