

April 13, 2021

An Excruciatingly Opinionated Guide to the Connecticut Shoreline

FUN CALENDAR EAT DISCOVER TRAVEL TOWN GUIDES



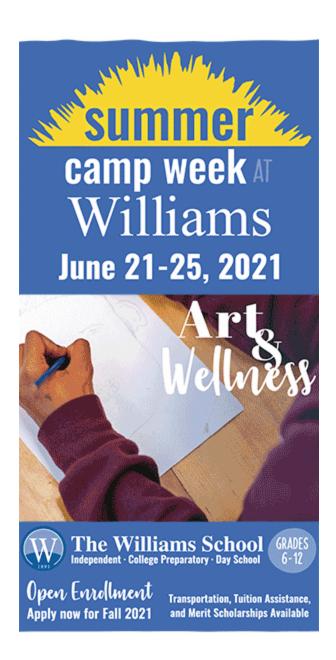
We're all about food this week! As the weather turns warmer, we're so happy to hear that restaurants that pivoted to outdoor dining during the

pandemic will be popping up their tents again this spring. We've rounded up who is opening outdoors and when (we probably missed a few but will add to this article as we go).

Also this week we tried a fantastic, farmfresh meal delivery and headed to Stonington to see what's going on at the Velvet Mill (a lot!). This and more below.

Love, Erica

p.s. Share The E List love! If you like the list, please forward to your friends and family.









# Azuluna Foods: Chef Made Healthy Meals Sourced From Local Farms Delivered To Your Doorstep!

New healthy food delivery services are the next wave here in Connecticut. I love to eat out as much (or more than anyone) and am looking forward to enjoying my favorite restaurants again, but a year of cooking at home has

done me in. Still, I want to stick to a clean diet during the week. Azuluna to the rescue!

Get \$20 Off!





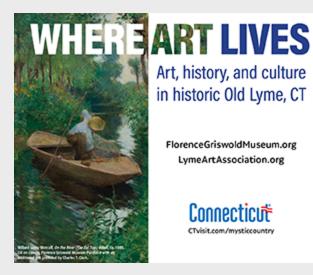


# Goings On at the Velvet Mill: Beer'd's New Beer Garden & Whitecrest Eatery

When we heard that Beer'd Brewery had added a beer garden and was dishing up delights from neighboring restaurants within the Velvet Mill, Laura and I headed over late one afternoon. I haven't been in the Velvet Mill in a couple of years, and things have CHANGED...











# A Guide to Outdoor Dining in 2021

The warm weather is back, and with that comes outdoor dining! We checked in with a few of our favorite shoreline restaurants to see how they're preparing:

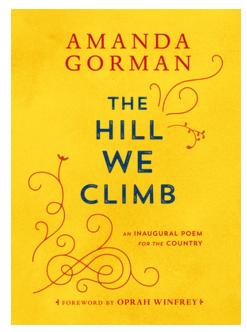






Here's THE grad gift this year: The Hill We Climb

Find it here at RJ Julia.





# GET YOUR WORD OUT TO OUR 25000 SUBSCRIBERS AT UP TO 50% OFF CLICK HERE TO FIND OUT HOW

On last week's list, we shared a family-friendly meal delivery, a don't-miss art exhibit, robes and much more.

Read it here if you missed it.



Read it Here

#### **Sponsored Story**



### Old Saybrook Swim & Racquet Club: A Hidden Gem on the Shoreline

Tucked away from the bustle and nestled near the Sound, Old Saybrook Swim & Racquet Club is a small, member-owned, and family-oriented club, that (quietly) celebrated its 50th Anniversary in 2020.

Home to four championship indoor hard courts and four spectacular red clay outdoor courts, they offer adult and junior lessons, USTA and Thames Valley teams, as well as friendly tennis matches.

The outdoor pool has undergone a complete renovation and is the perfect spot to lounge with a book or watch the kids swim. The 25-yard, 6-lane, heated pool is home to their summer swim team, the Sea Serpents. They offer swim lessons for all ages, lap swim, and open time to spend with your family.

This summer OSRC is excited to introduce Kids Club, a half-day drop-off program packed with activities: beginner tennis instruction, swim lessons, games, plus arts & crafts.

Members enjoy all of this plus food trucks, socials, mixed doubles, family events and so much more. OSRC is happy to welcome new members and invite you to further explore the club's offerings.

299 Springbrook Road, Old Saybrook 860.388.5115

Find Out More

# From The E List Events Calendar

**Pirate Days at Mystic Seaport Museum, 4/14 - 4/15** Grab your pirate map and put those navigation skills to the test during Mystic Seaport Museum's Pirate Days. **Read more...** 

#### Hollister House Garden 'Barn Talks', 4/17 Get ready for spring with Hollister House Garden's gardening lecture series. **Read more...**

**Spring & Summer Cooking Classes with Weekend Kitchen, 4/24 - 6/5** From vegans to carnivores, there is a class for every palate. **Read more...** 

**EES PTO Shop & Stroll, 4/28** Shop local to support the Essex Elementary School Parent Teacher Organization and have the chance to win amazing prizes. **Read more...** 

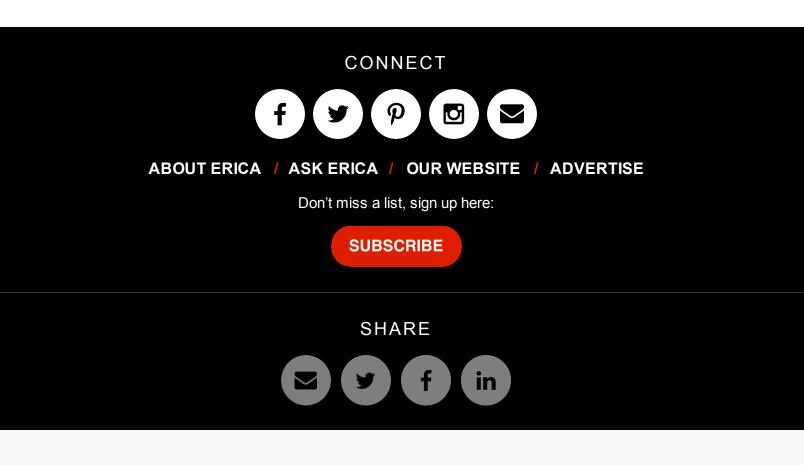
A Women's Health and Wellness Hike at I-Park, 5/1 Meet new friends, hear about health and wellness tips, learn about I-Park and enjoy a guided hike on the gorgeous Chill Hill Trail followed by a light boxed lunch. Read more...

**Motherhood Portrait Sessions, You, Me & The Sea Essex, 5/2** Linda Sobolewski and You, Me & The Sea have partnered for motherhood photography sessions on the Essex town green. **Read more...** 

Looking for more to do? Find virtual classes and webinars, takeout, and more on The E List Calendar:

BROWSE THE CALENDAR

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