

We're quickly skidding into Summer and feeling like a bit of self-care is required. We've been under wraps (literally) for over a year, and it's time for some

pampering. An Oxygen Facial was just what the doctor (and our mask) ordered and we heartily recommend it. Then we threw our pre-Memorial Day crash diets aside to indulge in the ultimate Poutine. And we visited a summertime favorite with talented new (and young) owners behind the grill. Enjoy!

Love, Erica

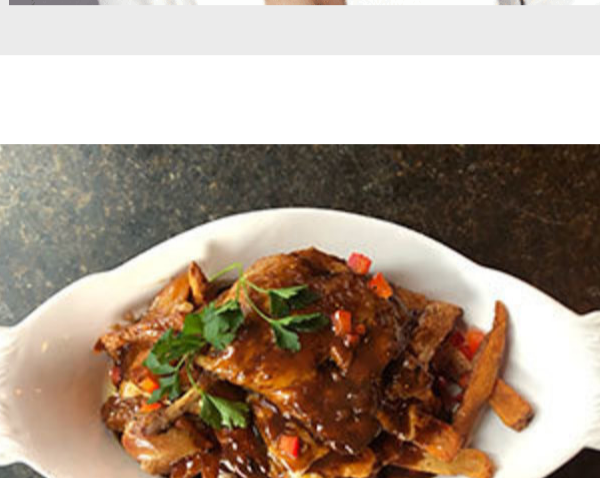
p.s. Share the E-List love! Please forward to friends and family.



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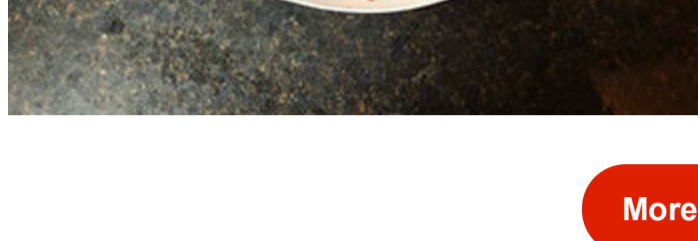
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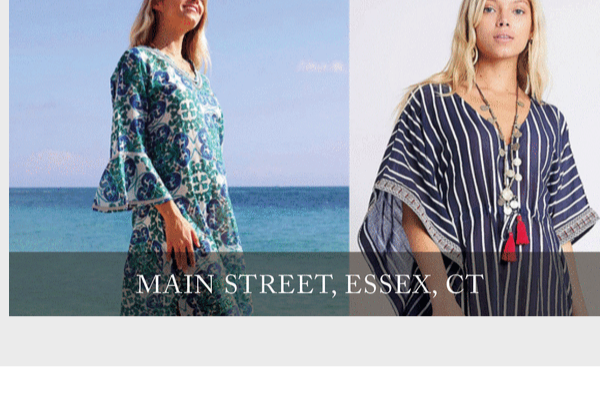
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Show-Stopping Poutine & More at Hot French Chix, Chester

We've long been fans of Everett Reid's cuisine, dating back to the early days of Restaurant L&E. When we heard there was French Quebec Poutine on the menu, we belled up to the bar to sample...

[More HFC](#)



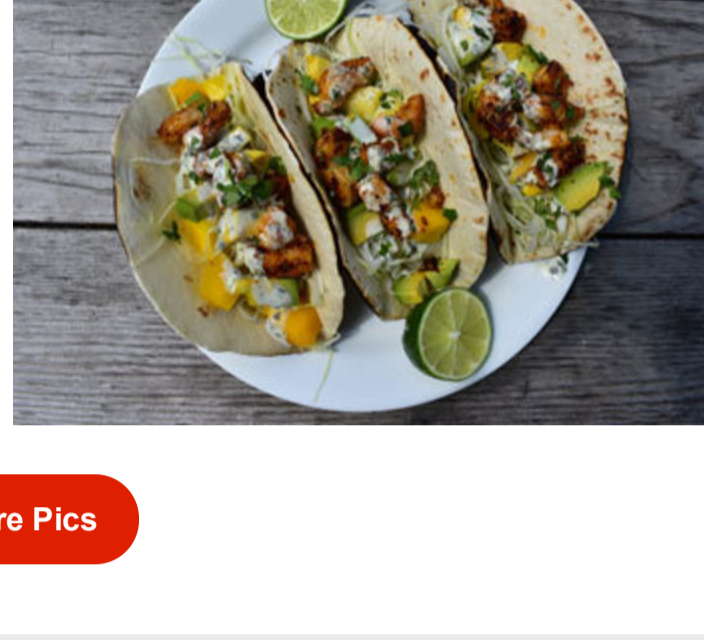
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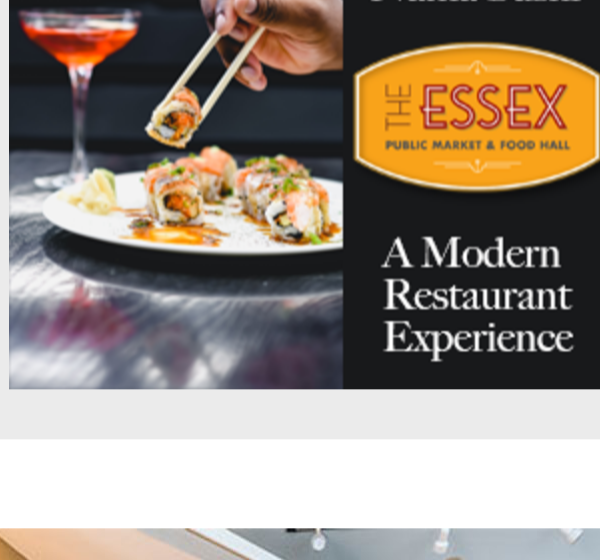
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June 5, 2021

Tasty New Beginnings For Edd's Place, Westbrook

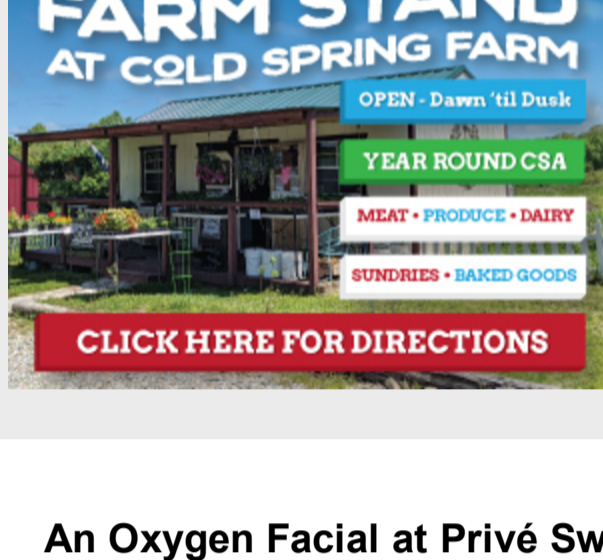
Like many local delicacies that slipped through our cracks during 2020, new owners Liz and Tate took over Edd's late last year after the business had been closed for nearly a year and a half...



[More Pics](#)



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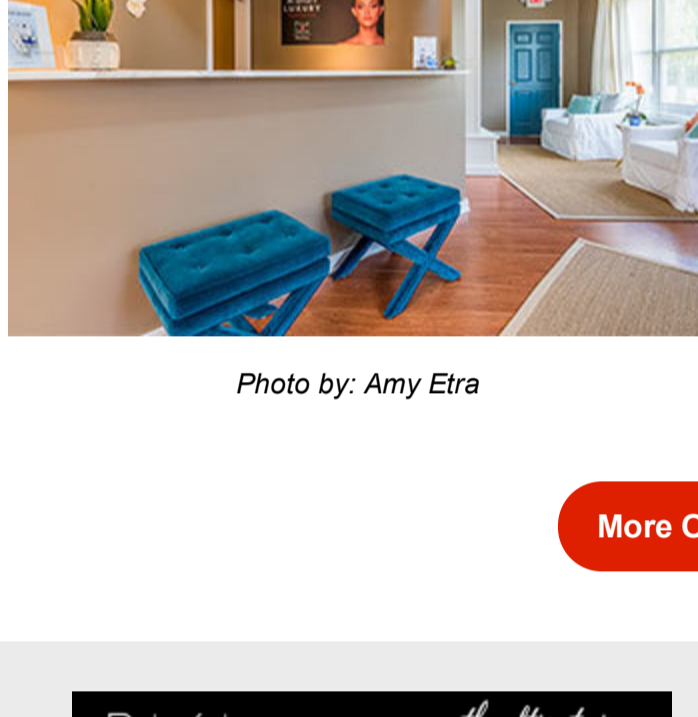
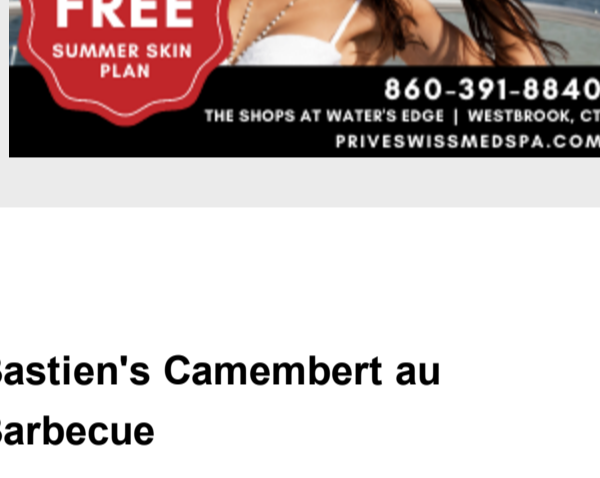


Photo by: Amy Etra

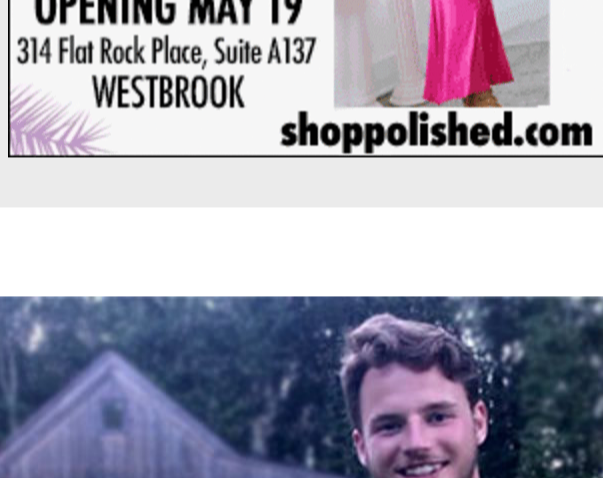
An Oxygen Facial at Privé Swiss Med Spa, Westbrook

Now that we'll be flashing our faces a bit more, it felt like the ideal time to treat mine to some serious pampering. An Oxygen Facial at Privé Swiss Med Spa (located at The Shops at Water's Edge in Westbrook) seemed just the thing...

[More Oxygen](#)



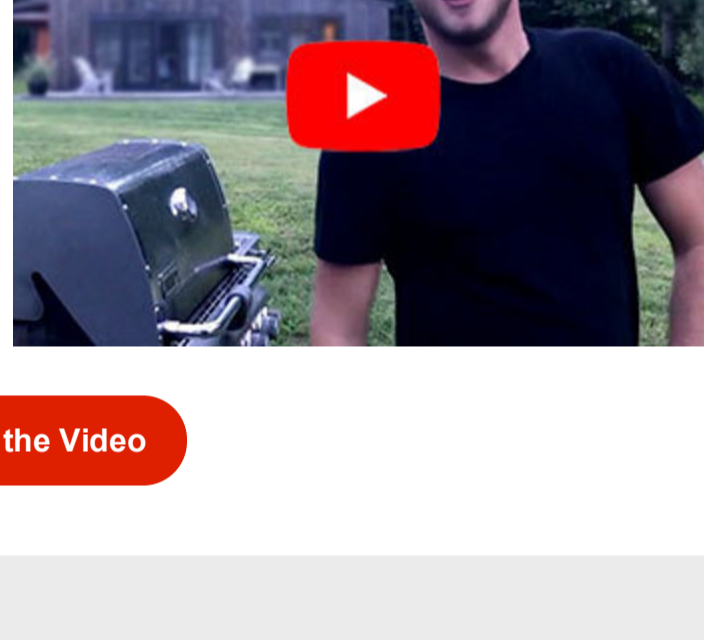
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POLISHED BOUTIQUE at Westbrook Outlets
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Bastien's Camembert au Barbecue

My young French cousins shared their recipe for grilled camembert which they enjoy as they say "a la bonne franquette", which loosely means everyone just digs in...



[Watch the Video](#)

Sponsored Story



Stonington Vineyards is hosting their annual Kick-Off to Summer this **Saturday, May 22nd and Sunday, May 23rd!** Come out to the vineyard to celebrate the start of the season with live music, local vendors, gourmet food trucks, & wine from 11-5PM. Music is from 1-4PM daily, featuring Azalea Drive and Ben Freiert & Jeff Lewis. Vendors include Valomie Boutique, Cleary's on Grafton, Papparazzi Jewelry and Amores Studio! Food Trucks on-site will be Par 4 Curbside Catering, Boomer's Baked Goods, Bridgemarket Pizza, and The Waffle Wagon.

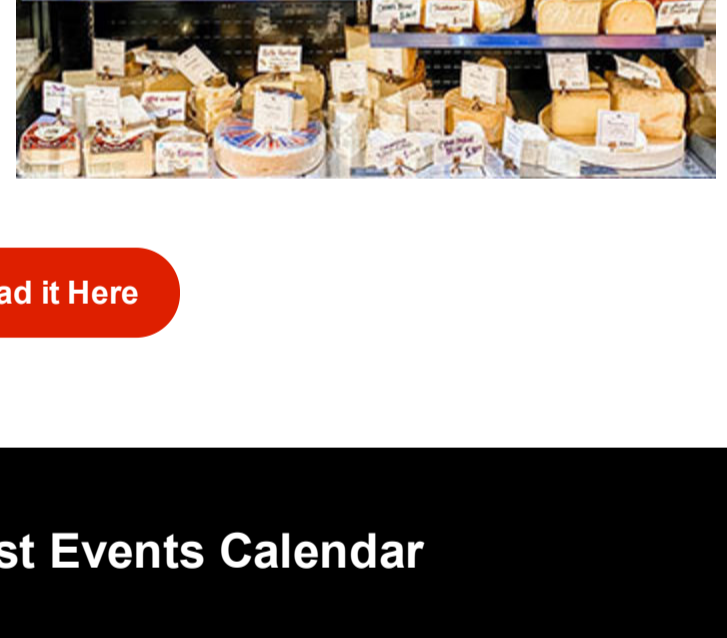
Offerings are OUTDOORS ONLY, rain or shine, and no tents are provided. You may bring your own tents for your use! Outside food is welcome, but no outside alcohol (besides Stonington Vineyards' wine) is permitted on the property.

Tickets are available now at \$20 per guest, including a glass of your choice of wine and a keepsake glass to take home. Cellar society members tickets are discounted at \$16 per guest but must call the winery at 860.535.1222 to purchase. Children are free with parent, however, must remain with their group. If space is available, we will have day of tickets for \$25 per guest.

[Purchase Your Tickets Here:](#)

On last week's list, we shared a tapas restaurant, a cheese shop, a bar in an old jailhouse, and much more.

[Read it here if you missed it.](#)



[Read it Here](#)

From The E List Events Calendar

Simons Shipping Container Cafe Pop-Up at Balleks, Now Open
Munch on Simon's delicious sandwiches and famous baguettes while you get your garden ready this season at Ballek's. [Read more...](#)

#CTDrinksOnUs: Get Vaccinated, Get a Free Drink, 5/19 - 5/31
Vaccinated? Get a free drink courtesy of Ned Lamont. [Get the details.](#)

Christiane Noll: Coming Alive Again with the Goodspeed On Demand, thru 5/30
Join the Goodspeed for a virtual concert exploring themes of motherhood and complex women, through the lens of a Broadway artist navigating COVID. [Read more...](#)

Free Yoga at Guilford Library, 6/1 - 6/30
Join Erin Schuster and Shoreline Yoga at the Guilford Library for free Tuesday sessions through June. [Read more...](#)

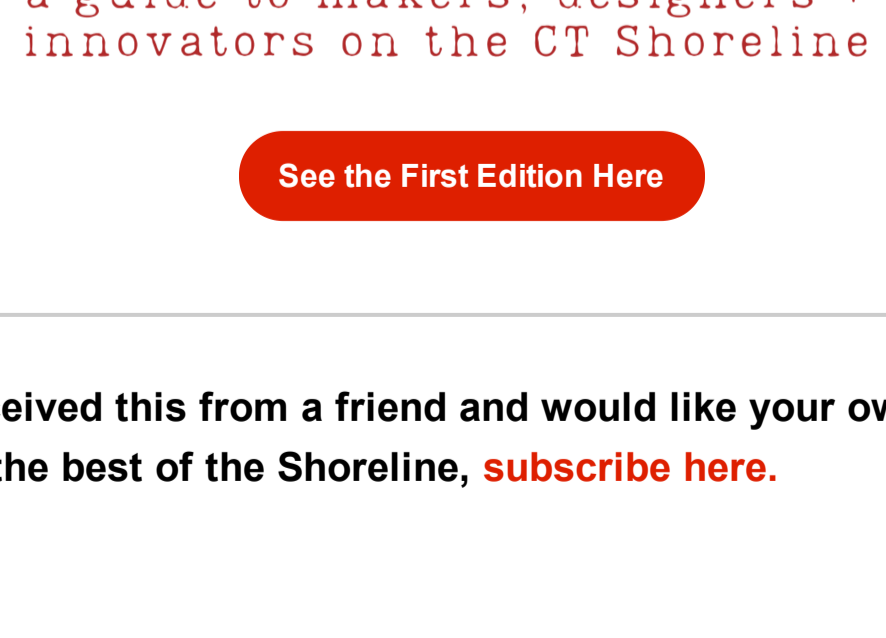
Go Beyond the Basics: Smartphone Photography for the Garden, 6/5
Learn how to get the most out of your iPhone camera with Hollister House Garden's garden, floral, and landscape photography session. [Read more...](#)

Looking for more to do? Find sales, specials, outdoor activities, and more on The E List Calendar:

[BROWSE THE CALENDAR](#)

p.s. from Erica

From Lobster Salad to BBQ Baby Back Ribs, have Gourmet Galley prepare your feast this Memorial Day Weekend! [See the menu here.](#)



[See the First Edition Here](#)

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