

the e list

An Excruciatingly Opinionated Guide to the Connecticut Shoreline

FUN CALENDAR EAT DISCOVER TRAVEL TOWN GUIDES

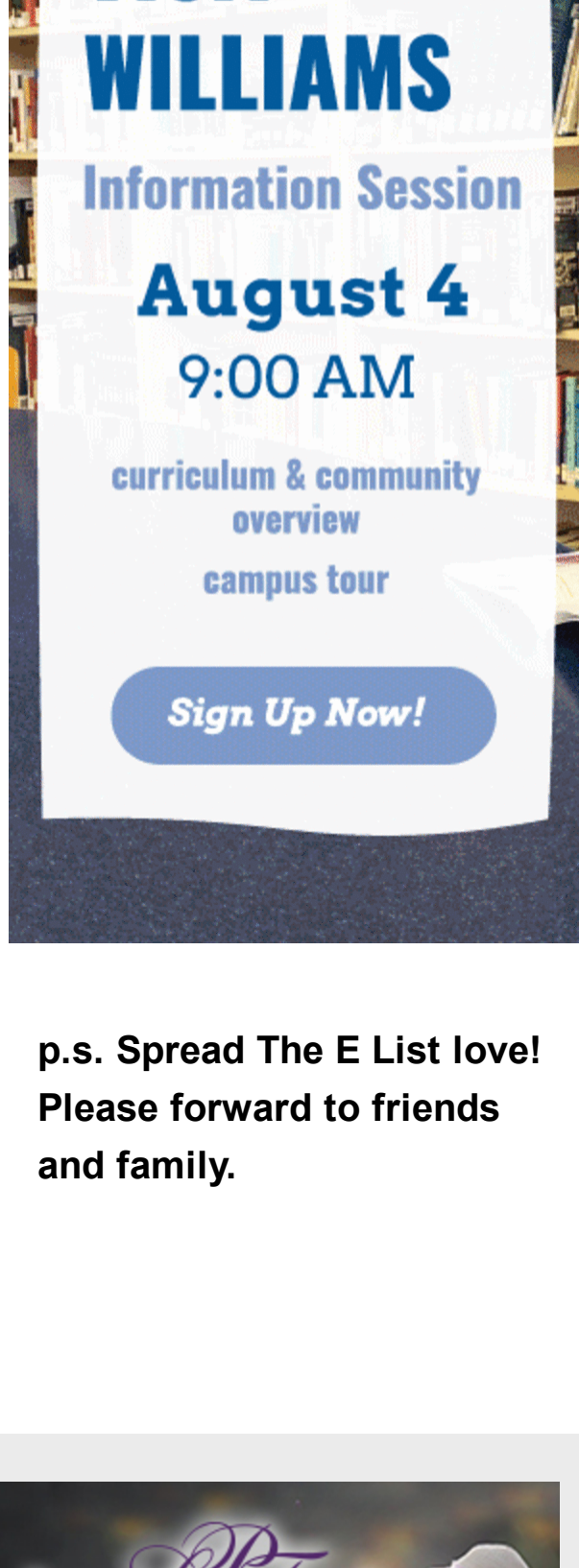


The Mystic food scene has been all the buzz lately, and we've had trouble keeping up! Thanks to innovators like the folks behind 85Th Day Food Community

(Oyster Club, Engine Room, Grass & Bone, Nana's) and Food Network's Best Baker in America, Adam Young (Sift, Mix, Young Buns Doughnuts, ATY Confections), more and more high-quality restaurants and shops have flocked to the area. We spent a fun day checking out some of the new spots, and you can find them on this list. Also on our radar but not open when we stopped by: the new Abbot's Lobster Outpost in the Standard building and Bank & Bridge Brewery in the old bank on West Main Street. We'll be back!

Love,
Erica

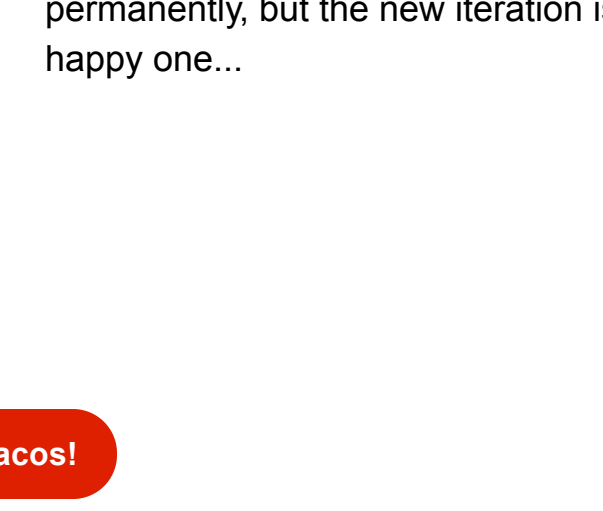
p.s. Looking for more? You can find everything we've ever written about on our site: www.theelist.com.



p.s. Spread The E List love! Please forward to friends and family.



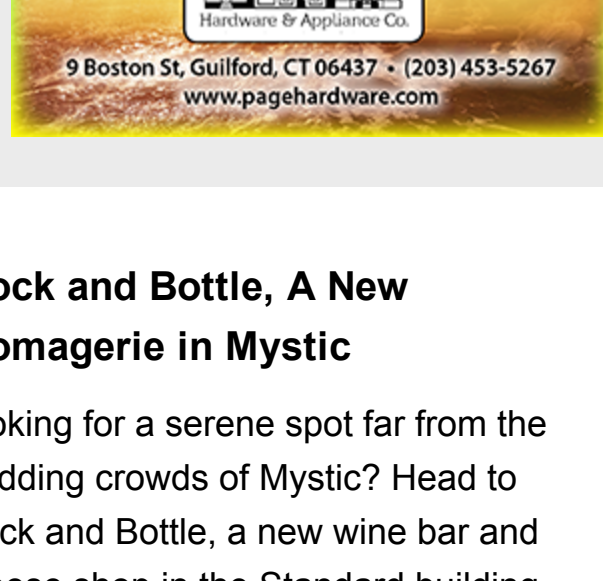
ORDER SOON. SATURDAY'S GOING FAST.
FAR FROM THE MADDING CROWD, PREPARED AND SERVED JUST ABOUT ANYWHERE.
Full dinners, from \$74.
Text details to Lobster Mike at (203)-687-6441.
Thimble Islands Lobsterbakes
lobstermike.com lobstermike@comcast.net



Taquerio Takes Over

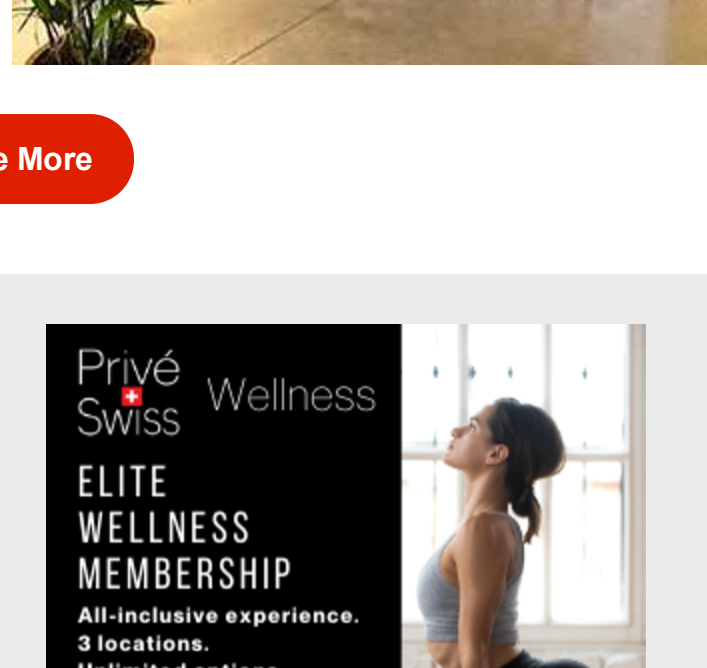
We were sad to hear that M Bar, a go-to for wine and cheese plates, closed permanently, but the new iteration is a happy one...

[More Tacos!](#)

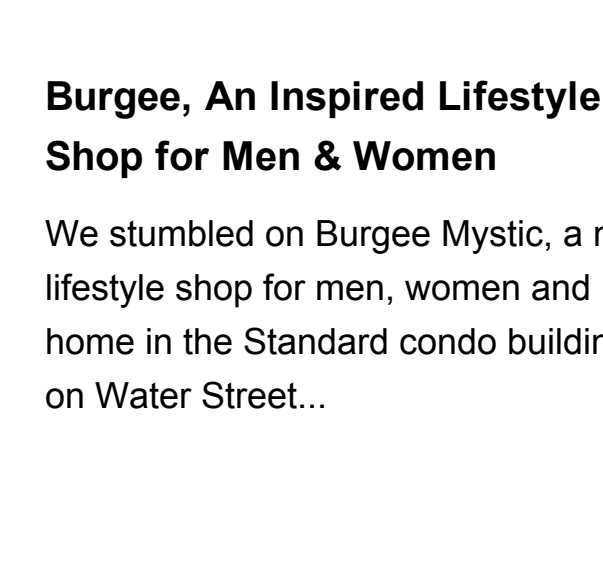


Block and Bottle, A New Fromagerie in Mystic

Looking for a serene spot far from the madding crowds of Mystic? Head to Block and Bottle, a new wine bar and cheese shop in the Standard building...

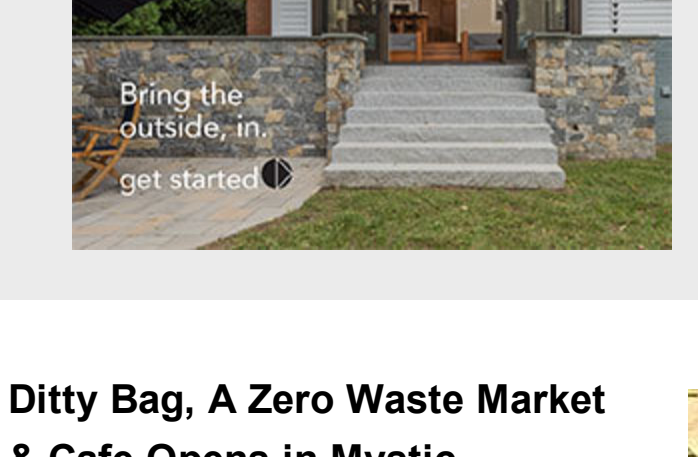


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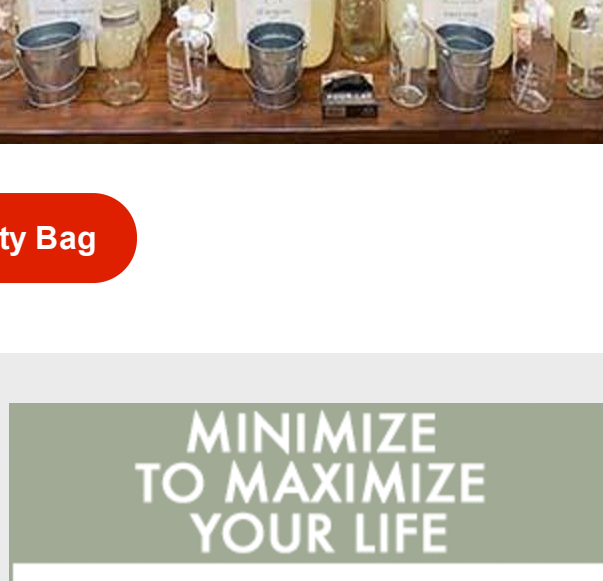
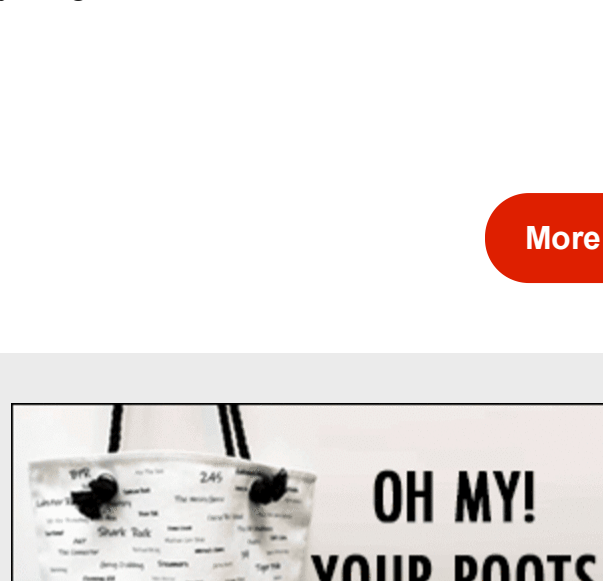


Burgee, An Inspired Lifestyle Shop for Men & Women

We stumbled upon Burgee, a new lifestyle shop for men, women and home in the Standard condo building on Water Street...

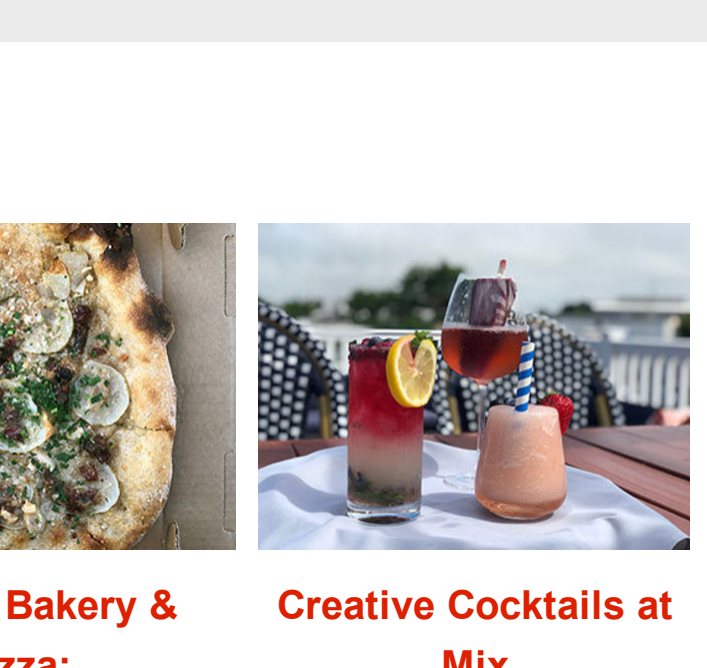


[See More Pics](#)



Ditty Bag, A Zero Waste Market & Cafe Opens in Mystic

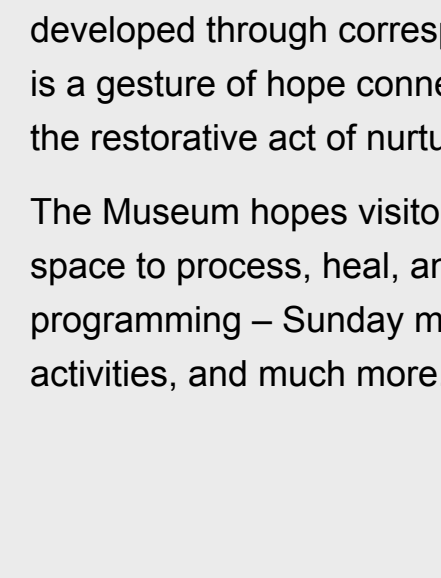
Every time I bag up my cans and bottles, I cringe. All that plastic! But Ditty Bag, a brand new shop in Mystic, will have you rethinking your recycling...



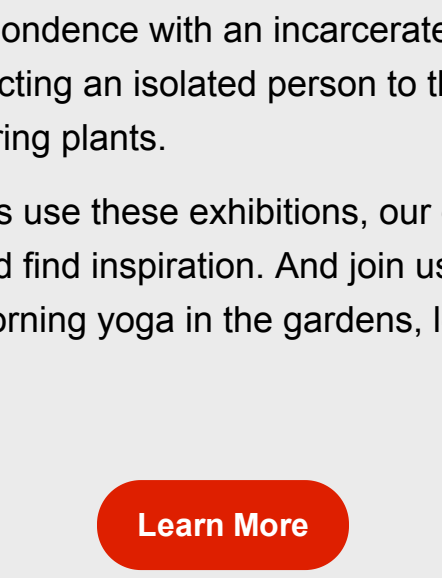
[More Ditty Bag](#)



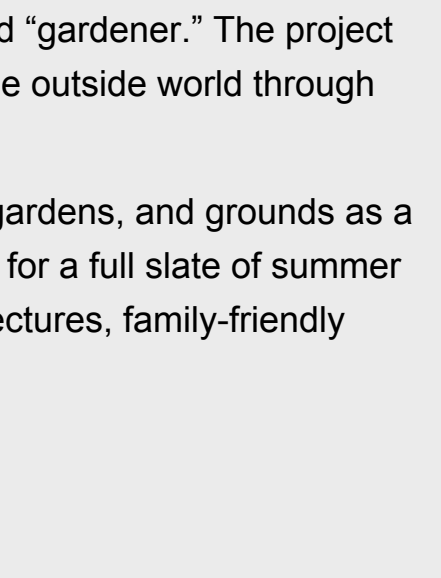
More from Mystic...



Let's Go Out for Brunch! Shipwright's Daughter

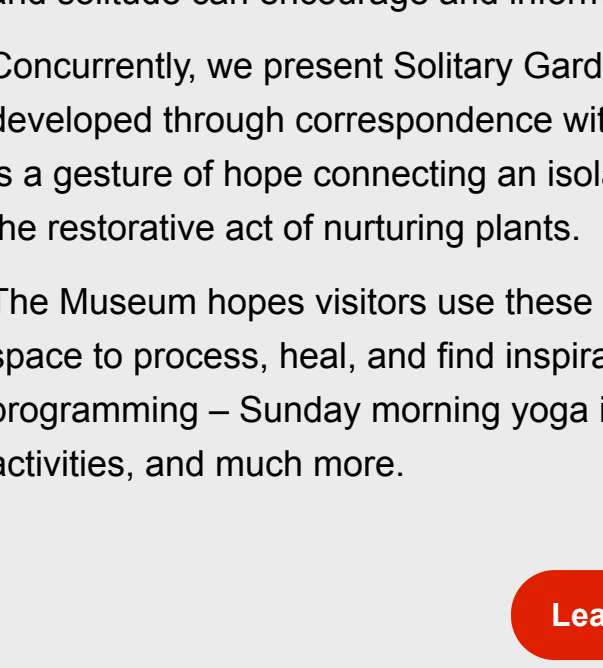


Nana's Bakery & Pizza: A Palate Expanding Experience



Creative Cocktails at Mix

Sponsored Story



Enjoy a Restorative Summer

Florence Griswold Museum: Social & Solitary: Reflections on Art, Isolation, and Renewal

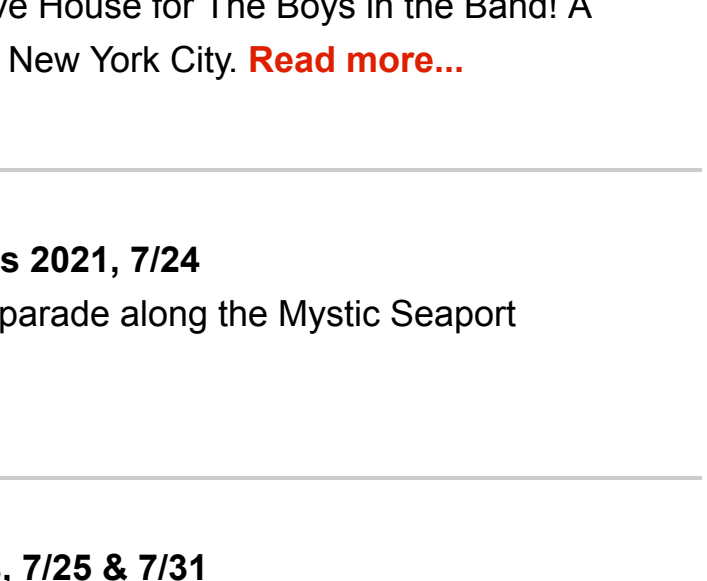
On view through September 19 at the Florence Griswold Museum: Social & Solitary: Reflections on Art, Isolation, and Renewal. Historic and contemporary works invite contemplation of the ways in which we have changed how we interact with each other, the world, and with art over the past year. Using the Lyme Art Colony as a lens, we consider how togetherness and solitude can encourage and inform artistic practice.

Concurrently, we present Solitary Garden by multidisciplinary artist jackie sumell, developed through correspondence with an incarcerated "gardener." The project is a gesture of hope connecting an isolated person to the outside world through the restorative act of nurturing plants.

The Museum hopes visitors use these exhibitions, our gardens, and grounds as a space to process, heal, and find inspiration. And join us for a full slate of summer programming – Sunday morning yoga in the gardens, lectures, family-friendly activities, and much more.

[Learn More](#)

In case you missed it: we shared some of our favorite spots for clean eating around the Shoreline on last week's list.



[Read It Here If You Missed It](#)

From The E List Events Calendar

I-Park's 20th Anniversary Celebration Week, 7/20 - 7/24

Celebrate I-Park's 20th Anniversary with Open Trails, Volunteers Days, or an intimate evening trail walk. [Read more...](#)

The Boys in the Band at the Deacon John Grave House, 7/22 - 8/1

Head to Madison's Deacon John Grave House for The Boys in the Band! A groundbreaking look at gay life in 60s New York City. [Read more...](#)

Antique & Classic Boat Rendezvous 2021, 7/24

Approximately 35 classic vessels will parade along the Mystic Seaport Museum's waterfront. [Read more...](#)

Weekend Kitchen Summer Classes, 7/25 & 7/31

Don't miss the latest classes with Weekend Kitchen featuring Plant-Based and Asian-Inspired menus. [Read more...](#)

Madison Sidewalk Sales, 7/22 - 7/25

Enjoy an annual bargain hunter's paradise as shops slash prices during Madison's Sidewalk Sale Days. [Read more...](#)

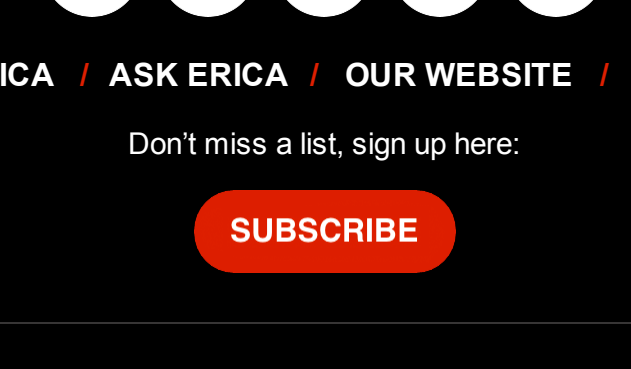
Old Saybrook Historical Society House & Garden Tour Fund Raiser, 8/28

Tour six spectacular Old Saybrook homes and six stunning gardens. [Read more...](#)

Looking for more to do? Find workshops, concerts, yoga classes, and more on The E List Calendar:

[BROWSE THE CALENDAR](#)

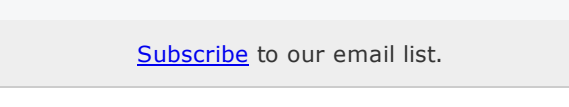
p.s. from Erica



Have you heard about our latest endeavor? Found Around The Sound is a monthly spotlight on local makers, designers, and innovators. [Read more here.](#)

If you received this from a friend and would like your own weekly guide to the best of the Shoreline, [subscribe here.](#)

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