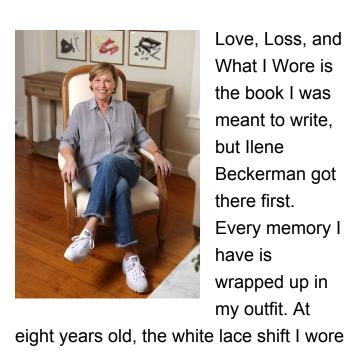


An Excruciatingly Opinionated Guide to the Connecticut Shoreline

DISCOVER

TRAVEL

TOWN GUIDES



FUN

CALENDAR

What I Wore is the book I was meant to write, but Ilene Beckerman got there first. Every memory I have is wrapped up in my outfit. At to my cousin's birthday party and ruined

EAT

Love, Loss, and

with a bloody nose. The brown striped bell bottoms with a floppy collared shirt and belted vest for my first rock concert at nine. The matching plaid mini-skirted suit with my first pair of "high heels" (all of one inch) for the first day of fifth grade. My sister can name any event in our family history and I'll tell her the ensemble. I loved this gem of a book and can't wait to see the adaptation by Delia and Nora Ephron and staged by Saybrook Stage Company at The Kate. Get tickets and see details below. Plus plenty of fun summery discoveries on this list!

Love. Erica

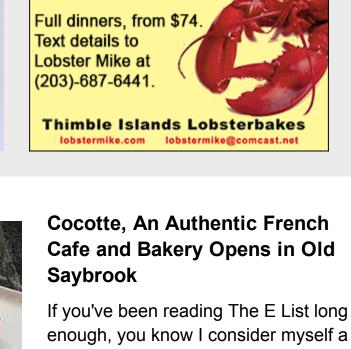
TIMELESS PIECES THAT

ARE ALWAYS IN



Please forward to friends and family.

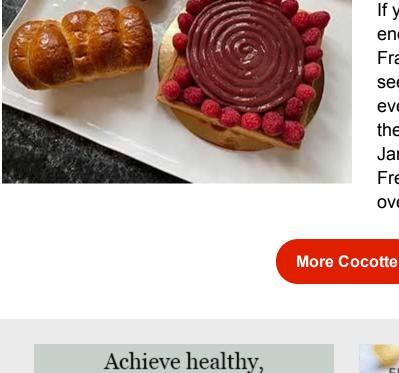




FAR FROM THE MADDING CROWD,

PREPARED AND SERVED

JUST ABOUT ANYWHERE.



radiant skin!

seems to get worse every year, I love everything about France, ESPECIALLY the food. So as soon as I heard the old James Pharmacy had morphed into a

Francophile, and while my French

French bakery and cafe, I raced right over... **ENJOY OUR**

BOTANICAL

LEMONADES

 \mathbb{X} TONIC

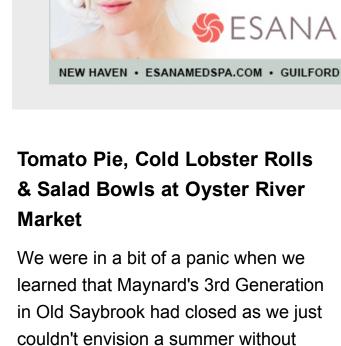
HOURS + INFO

\$50 off Platinum HydraFacial Expires July 31st

NEW BOTANICAL BEVERAGE MENU

WHOLE HARMONY

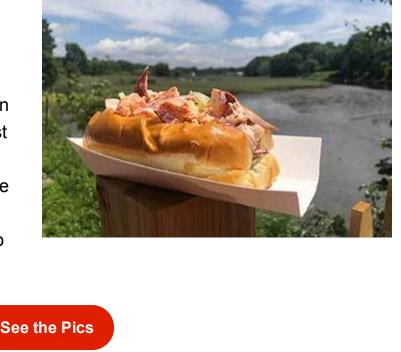
Teas | Tonics | Elixirs



Tomato Pie. So, when we saw the little

farm shop had re-opened with a fresh face and new owners, we rushed in to

see about our pies...



ALFRESCO Thursdays

Main Street, Essex Village

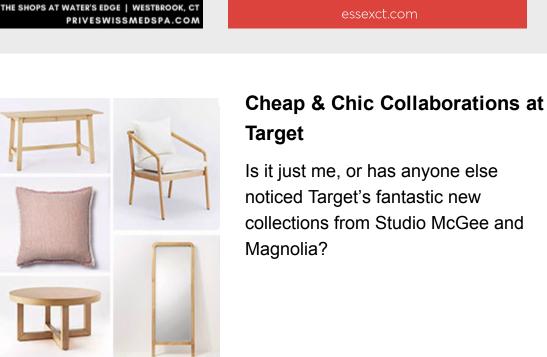
Experience Essex



the ultimate in

860-391-8840

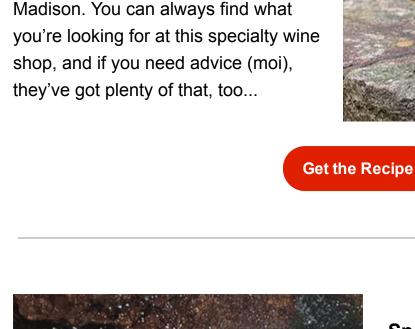




See More Pics og Migo

Headshot Minisession July 23 860-287-0443

Modern



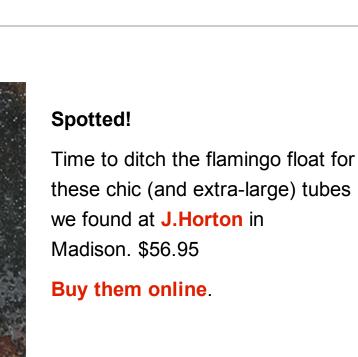
Summer Sips: A Recipe for Rosé

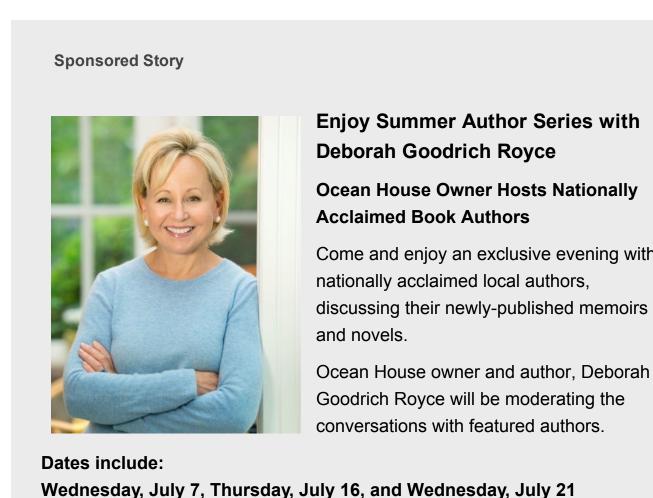
Sangria and More at The Wine

On the hunt for a summery orange

wine, I stopped in at the Wine Thief in

Thief, Madison





Wednesdays August 4, 11, 18, 25

are wine and valet parking.

wine events year-round.

In case you missed it:

restaurant, and more.

Last week we wrote about an

historic garden, a minimalistic

farmhouse, a new waterfront

Acclaimed Book Authors Come and enjoy an exclusive evening with

Early evening Events are held at Ocean House. A copy of the author's book is

included in the price of the ticket. Also included with each author discussion

Ocean House is the triple Five-Star hotel on the scenic shore of Watch Hill.

For these and other events, click here for details.

Ocean House hosts a variety of literary, art, family entertainment, culinary, and

See More Events

PHOTO CREDIT: WILLIAM PITT SOTHEBY

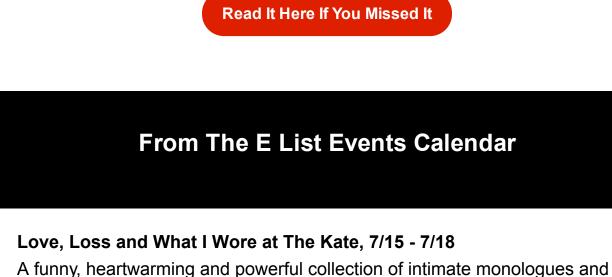


ensemble pieces about women, their clothing and the memories they hold.

Join Infinite Strength for their annual Evening in Pink celebration featuring

dinner, music, and an auction with all funds going to underserved, single

Enjoy an outdoor Kripalu yoga class in the peaceful Greene Art Gallery



the Age of Billionaires and Big Tech. Read more...

Visualize and manifest a more joyful life at this hands-on workshop at The

Looking for more to do? Find workshops, concerts, yoga classes, and

Vision Boarding For a More Joyful Life at The Hive, 7/18

Join the Lyme Academy of Fine Arts for a night with William Deresiewicz,

author of The Death of the Artist: How Creators Are Struggling to Survive in

Did you see our Summer Bucket List? Read it here.

p.s. from Erica

a monthly spotlight on local makers, designers, and innovators. See the May edition. And here's the June edition.

CONNECT

emma

garden. Read more... A Night with William Deresiewicz, 7/14

Read more...

An Evening in Pink, 7/9

women fighting breast cancer. Read more...

Outdoor Kripalu Yoga, Saturdays

Hive in Chester. Read more...

more on The E List Calendar:

BROWSE THE CALENDAR

Have you heard about our latest endeavor? Found Around The Sound is

If you received this from a friend and would like your own weekly

guide to the best of the Shoreline, subscribe here.

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a guide to makers, designers + innovators on the CT Shoreline

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