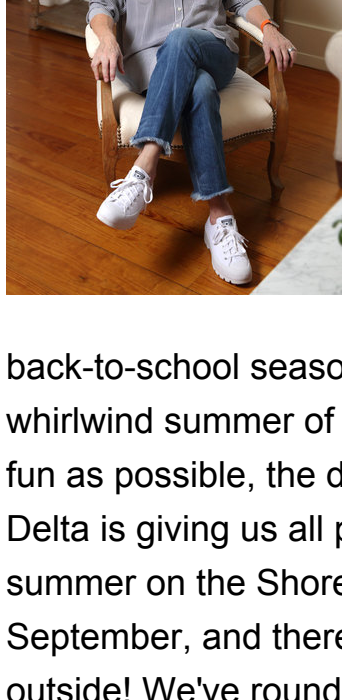


# the e list

An Excruciatingly Opinionated Guide to the Connecticut Shoreline

[FUN](#) [CALENDAR](#) [EAT](#) [DISCOVER](#) [TRAVEL](#) [TOWN GUIDES](#)



No matter how old you are, mid-August arrives with a certain melancholy. For me, it's birthday week (this year, I'm stretching it to birthday month), which begins the headlong dash into back-to-school season. And after a whirlwind summer of packing in as much fun as possible, the disturbing news about Delta is giving us all pause. Lucky for us, summer on the Shoreline extends through September, and there is plenty to do outside! We've rounded up a list of fairs and festivals for you to add to your calendar and prolong your summer, plus a list of our favorite farm stands. Enjoy!

Love, Erica

**p.s. Spread The E List love! Please forward to friends and family.**

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## A Few of our Favorite Farm Stands

Before there were Farmers' Markets in every town on the Shoreline, we shopped the farm stands for our produce and pies. Despite the availability of farm-fresh food everywhere, we have some favorite farm stands that we scurry to for specific goodies:

[See Our List](#)

*You know what's coming to town...*

**BOOKING HOLIDAY 2021 NOW!**

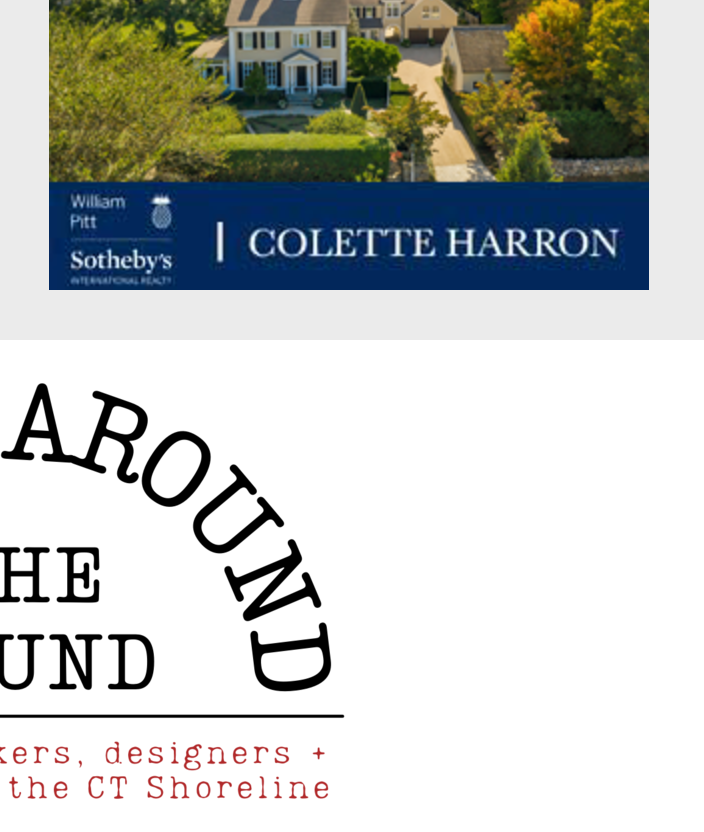
*Gourmet Galley*

**SP**

Hair done by Stylist **Kianna Clark**

## Fairs & Festivals 2021

Summer's not over yet! Here's a whole slew of fairs and festivals still to come:



[See the List](#)

**Katrina A. Wall**  
Essex Dentist

**THAT SMILE**  
looks good

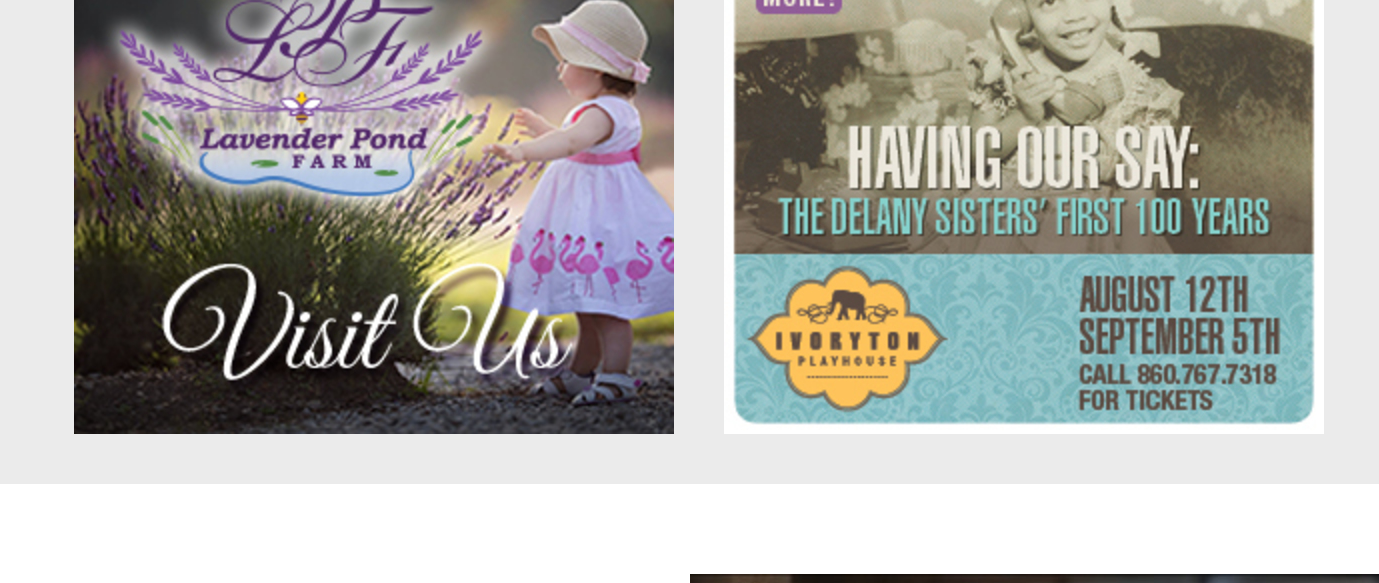
**ON YOU**

[MORE INFO](#)

**COLETTE HARRON**  
Sotheby's

## FOUND AROUND THE SOUND

a guide to makers, designers + innovators on the CT Shoreline



**Here's our August edition of Found Around the Sound - a monthly spotlight on local makers, designers, and innovators.**

[See Previous Editions of Found Around the Sound](#)

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## Next Up in our Cocktail Series:

### Summer Tequila Sour from Bar Bouchee, Madison

We're always on the hunt for refreshing seasonal cocktails, and who better to inspire us than our favorite bartenders? We've reached out to the best of them for recipes for your summer soirees.



[Get the Recipe](#)

**Vista Life Innovations**

**Tour de Shore**

**OCT 10**

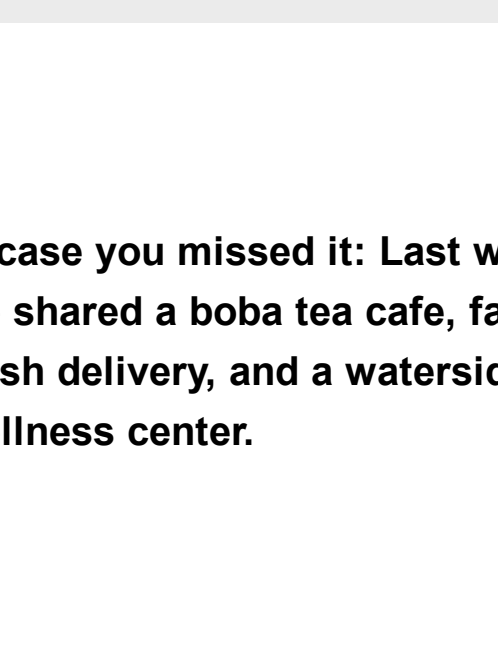
Westbrook Elks Lodge  
[TDS2021.givesmart.com](http://TDS2021.givesmart.com)

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## Sponsored Story



### Little Girl Blue: The Nina Simone Musical

#### Now Playing at Goodspeed by the River

Goodspeed concludes its popular outdoor summer series with a roof-raising musical about Nina Simone. Even better, it's the first full-length musical they've produced since 2019!

Little Girl Blue: The Nina Simone Musical is an exuberant new musical with a tour-de-force performance by award-winning actor Laiona Michelle. From classical music prodigy to "High Priestess of Soul," the story taps into the legend that is Nina Simone with an honest and powerful portrait of her rich life and her ultimate decline. You'll feel the passion, joy, and pain of a woman adored by millions – then and now.

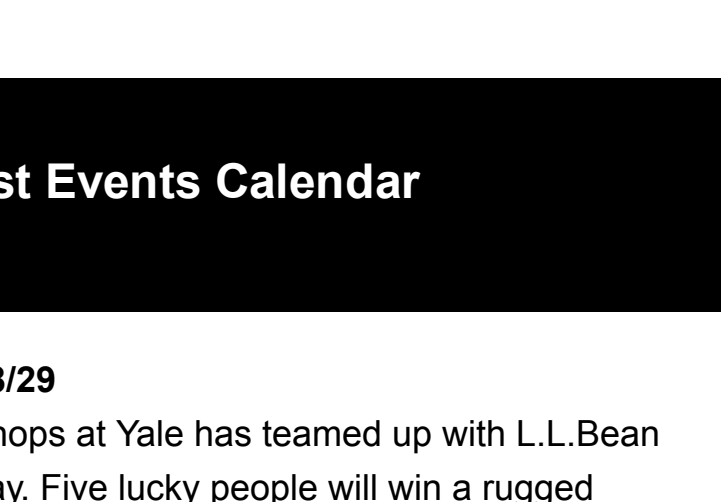
Pack a picnic and head to the Goodspeed lawn for a pre-show dinner and then enjoy the show under the tent while taking in beautiful views of the Connecticut River – just in time for sunset.

Now playing through August 29.

Tickets and info at [goodspeed.org](http://goodspeed.org) or call 860.873.8668.

[Learn More](#)

**In case you missed it: Last week we shared a boba tea cafe, farm-fresh delivery, and a waterside wellness center.**



[Read It Here If You Missed It](#)

## From The E List Events Calendar

**Win An L.L.Bean Backpack, thru 8/29**  
To celebrate Back-to-School, The Shops at Yale has teamed up with L.L.Bean New Haven for a Backpack Giveaway. Five lucky people will win a rugged and stylish new L.L.Bean Backpack. [Read more...](#)

**Awakening Consciousness Vinyasa Flow Yoga at The Lyme Academy of Fine Arts, 8/12, 8/19 & 8/26**  
Practice yoga in the unique and serene setting among the sculptures and gardens with yoga teacher Renee Lamark Muir. [Read more...](#)

**Marvin Espy Fine Artist Solo Exhibition "Patina" at Thames River Gallery, 8/14 - 10/9**  
Head to the Thames River Gallery in New London for a Solo Exhibition by Fine Artist Marvin Espy. Opening and Artist Talk on 8/14. [Read more...](#)

**Weekend Kitchen Presents: Bubbles from Around the World, 8/14**  
Don't miss this Pop-Up Dinner with Chef Ani Robaina and Weekend Kitchen focusing on all things bubbly. [Read more...](#)

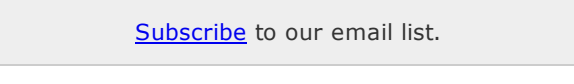
**Looking for more to do? Find workshops, concerts, yoga classes, and more on The E List Calendar:**

[BROWSE THE CALENDAR](#)

**p.s. from Erica**

If you received this from a friend and would like your own weekly guide to the best of the Shoreline, [subscribe here.](#)

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