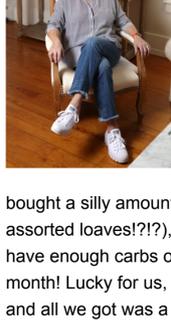


the e list

An Excruciatingly Opinionated Guide to the Connecticut Shoreline

[FUN](#) [CALENDAR](#) [EAT](#) [DISCOVER](#) [TRAVEL](#) [TOWN GUIDES](#)



What is it about an impending storm that has us stocking up on the craziest groceries? I had some coastal friends evacuating to me, so I ran to the Big Y at 7am on Saturday and

bought a silly amount of bread (ummm, 6 assorted loaves!?!?), chips, and Oreos. I have enough carbs on hand for the next month! Lucky for us, the storm veered east, and all we got was a good soaking. By mid-day, it was apparent that we were not going to see the worst of it. After all that pre-storm anxiety, sitting around in my cozy library glued to the weather channel, and discussing the paltry amount of filling in Oreos turned out to be a rather lovely way to spend a Sunday morning.

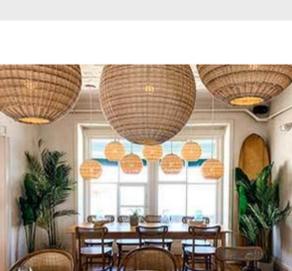
Hope you all made it through safely, too.

Love,

Erica



p.s. Spread The E List love!
Please forward to friends and family.

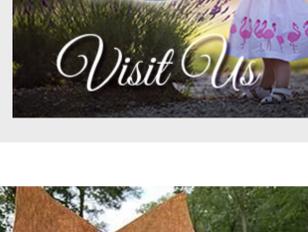


An Overnight at Block Island Beach House

I stayed at the Block Island Beach House in 2019 for a long weekend and was sure I wrote about it then, but somehow it got lost in the sauce! My daughter and I fast-ferried for a quick overnight last week, and lucky for us, there was one room available...

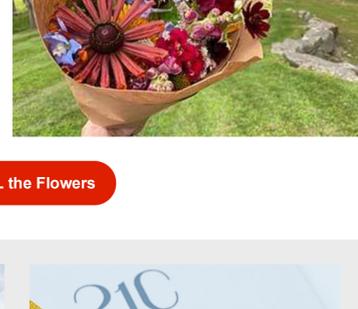


[More on the Beach House](#)

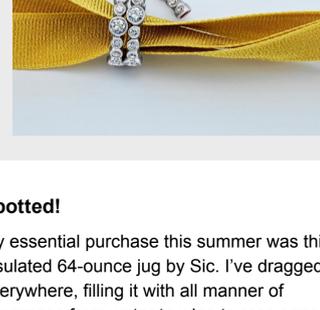


Indigo Blooms, A Flower Farm in Killingworth

Flower farms are proliferating in CT and we're all for it. I was mesmerized with Indigo Blooms on Instagram, and the other day I headed up to Killingworth to meet Lindsey and check it out for myself...

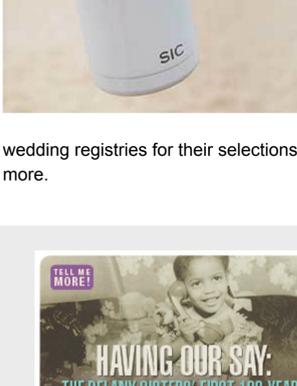


[See ALL the Flowers](#)



Spotted!

My essential purchase this summer was this insulated 64-ounce jug by Sic. I've dragged it everywhere, filling it with all manner of beverages from water to wine to rose sangria (see our recipe below). It's been a critical player for beach days, pool parties, and summer soirees. Once we're gathering around our fire pits again, it will be the perfect vessel for hot cider or toddies!



Find it at [Willow & Birch in Madison](#). Also good to know, Willow & Birch now offers wedding registries for their selections of Simon Pearce, Casa Fina, Costa Nova, and more.



Summer Sips: A Recipe for Rosé Sangria from The Wine Thief, Madison

There's still plenty of time to enjoy this ridiculously delicious and super simple rosé sangria recipe...



[Here You Go:](#)

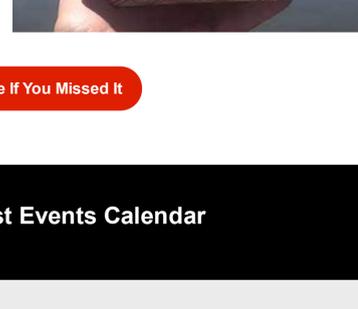
FOUND AROUND THE SOUND

a guide to makers, designers + innovators on the CT Shoreline

See our **August edition** of Found Around the Sound - a monthly spotlight on local makers, designers, and innovators.

[See Previous Editions of Found Around the Sound](#)

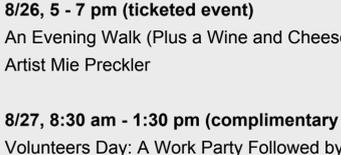
In case you missed it:
Last week we shared our most popular posts from this summer.



[Read It Here If You Missed It](#)

From The E List Events Calendar

Featured Event



Celebrate I-Park Foundation's 20th Anniversary with August Special Events

Head to I-Park in East Haddam for a series of special events in celebration of 20 years of creating art in nature.

- 8/26, 5 - 7 pm (ticketed event)**
An Evening Walk (Plus a Wine and Cheese Reception) with Belgian/American Artist Mie Preckler
- 8/27, 8:30 am - 1:30 pm (complimentary lunch provided)**
Volunteers Day: A Work Party Followed by a Complimentary Luncheon
- 8/27, 5 - 7 pm (ticketed event) & 8/28 5 - 7pm (ticketed event)**
Founder's Guided Trail Walk: The First Twenty Years
- 8/28, 9 - 1:30 pm (free public event)**
Open Trails: Saturday in the Park + Birdwatching + Plein Air Paint Out

Tickets are available at [i-park.org](#). Any questions? Write events@i-park.org or 860-306-0636.

[Visit i-park.org To Learn More](#)

Win An L.L.Bean Backpack, thru 8/29
To celebrate Back-to-School, The Shops at Yale has teamed up with L.L.Bean New Haven for a Backpack Giveaway. Five lucky people will win a rugged and stylish new L.L.Bean Backpack. [Read more...](#)

Tour de Lyme 2021, 9/5
Enjoy road races and mountain bike rides for beginners to experts plus food trucks and local beer at this annual event. [Read more...](#)

Garde Arts Center Reopening, 9/5
Celebrate the reopening of The Garde with tickets for headliners from Gordon Lightfoot to Madeleine Peyroux. [Read more...](#)

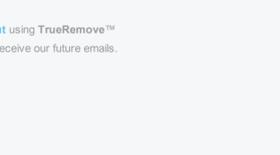
Summer Salon Des Independants at the Hygienic Art Galleries, thru 9/10
Modeled after the Salon Des Independants held in Paris since 1884, New London's outsider event is open to all artists; no judge, no jury, no fees, and no censorship. [Read more...](#)

Looking for more to do? Find workshops, concerts, yoga classes, and more on The E List Calendar:

[BROWSE THE CALENDAR](#)

If you received this from a friend and would like your own weekly guide to the best of the Shoreline, [subscribe here](#).

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