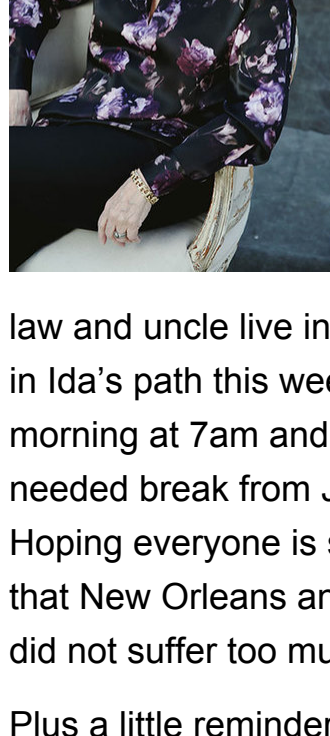


An Excruciatingly Opinionated Guide to the Connecticut Shoreline

[FUN](#) [CALENDAR](#) [EAT](#) [DISCOVER](#) [TRAVEL](#) [TOWN GUIDES](#)



Summer ain't over but I'm already pining for lazy days. The last two weekends have been a blur of hurricane and storm anxiety. My father, step-mother, sister, brother-in-law and uncle live in Louisiana and were all in Ida's path this weekend. It's Monday morning at 7am and I'm taking a much-needed break from Jim Cantori to write this. Hoping everyone is safe and sound and that New Orleans and surrounding areas did not suffer too much damage.

Plus a little reminder that everything we've written about also lives on our website. If you missed a week or two (or three) this summer, you can catch up on what's new there: www.theelist.com.

Love,
Erica

Hopkins SCHOOL
Fall Open House
October 23 & 24
Virtual Zoom Sessions & On-Campus Tours
[RESERVE YOUR SPOT](#)

p.s. Spread The E List love!
Please forward to friends and family.

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Ani's Table at Weekend Kitchen
Last week we kitchen's elegant tasting in Essex, featuring Ani Robaina, a local caterer specializing in events of all sizes and cooking classes with innovative combinations of local ingredients. And boy, were we wowed!

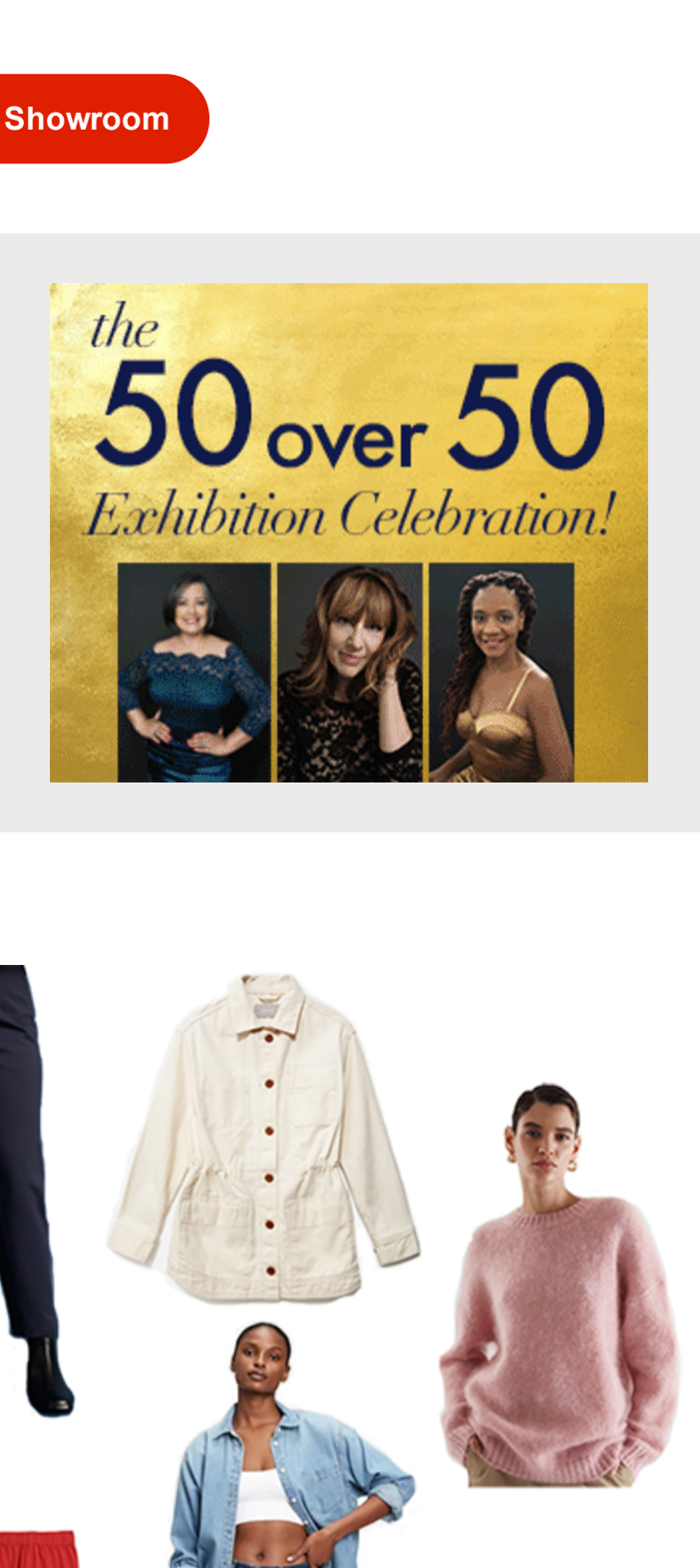
[More of Ani's Table](#)

Christine Darnell GARDENS
203.832.9411

Puccini's Suor Angelica & Schoenberg's Erwartung
September 9-19
Click for Tickets 203.215.6329

Tidewater Lighting & Design Opens in Madison

Lighting fixtures are a conundrum. We need them (obviously). We like it when they suit our decor. There is a science to a lighting plan (although I have no idea what it is), and when we get it wrong, it's a rather expensive mistake (my guest bedroom's hard-wired sconces that you have to get out of bed to reach)...



[See the Showroom](#)

Tour de Shore
OCT 10
Westbrook Elks Lodge
TDS2021.givesmart.com

the 50 over 50 Exhibition Celebration!

Transitional Wardrobe
I'm ready to break free from sweats, but I'm not giving up casual, comfy dressing just yet. Transition is a tough season (and getting tougher with warmer weather), so I've rounded up some happy and bright favorites for fall.

[See ALL the Picks](#)

FALL WORKSHOPS
Lyman Allyn ART MUSEUM
REGISTER TODAY!

STONINGTON Vineyards
Harvest Food & Wine Festival
SEPTEMBER 18TH & 19TH 2021
PURCHASE NOW!

In case you missed it:

Last week we shared a beach getaway, a flower farm, and more.



[Read It Here If You Missed It](#)

ARE YOU UP FOR THE CHALLENGE?
Give us 7 days to change how you plan for & live the next phase of your life!
RETIREMENT TRANSFORMED 7 DAY CHALLENGE
EXCLUSIVELY FOR the e list MEMBERS
FREE Challenge Starts on 9/27 with a Facebook Live Check-in on 9/30 (with The E-List's own ERICA TANNINEN)
[GET DETAILS](#)

FOUND AROUND THE SOUND

a guide to makers, designers + innovators on the CT Shoreline

See our August edition of Found Around the Sound - a monthly spotlight on local makers, designers, and innovators.

[See Previous Editions of Found Around the Sound](#)

Sponsored Story

SOUTHEAST CONNECTICUT WORLD AFFAIRS COUNCIL
Bringing the world to Southeastern Connecticut
Join us for our 2021-2022 speaker series which begins in September.
CLICK FOR TICKETS & PROGRAM DETAILS
REGISTRATION REQUIRED

SECWAC – Southeast Connecticut World Affairs Council – opens their 2021-2022 speakers' series in September with an informative line-up of discussions on current foreign policy issues and international affairs.
SECWAC has been providing a forum for nonpartisan, non-advocacy dialogue with US policymakers and other experts on foreign relations for over 20 years. If you're up for impartial debates and desire to learn more about timely issues that affect America's global interests, SECWAC features at least 12 discussions throughout each season from September – June.
September 8, 2021: 4:00pm – 5:00pm: Michela Wrong, author and journalist will present "Do Not Disturb: The Story of a Political Murder and an African Regime Gone Bad".
September 14, 2021: 6:00pm – 7:00pm: In collaboration with Sister Cities Essex-Haiti (SCEH), Laurent DuBois, Co-Director for Academic Affairs of the Democracy Initiative, University of Virginia will discuss "Haiti & Democracy" (FREE to all).
COST: \$95 Annual membership; \$35 for young professionals under 35; FREE for students and educators. Attendance at discussions is free for members; \$20 for non-members. **Registration is required in advance.**
www.secwac.org

From The E List Events Calendar

Free Ice Cream with Purchase in August, thru 8/31
Spend \$50 or more at one of the participating retailers and receive a free cup or cone at the New Haven locations of Ashley's Ice Cream or Arethusa Farm Dairy. [Read more...](#)

River Valley Art Tour 2021, 9/18 - 9/19
From an RV parked in Deep River, to homes overlooking the Connecticut River, the annual River Valley Art Tour winds through 22 Essex, Chester and Deep River locations with works by 42 local artists.
[Read more...](#)

Tour de Lyme 2021, 9/5
Enjoy road races and mountain bike rides for beginners to experts plus food trucks and local beer at this annual event. [Read more...](#)

Qigong Workshop, 9/12 - 10/17
Explore the 5 Elements of Traditional Chinese Medicine and the role they play in our health and happiness for 6 weeks at The Hive in Chester. [Read more...](#)

Eileen & Taylor / Nautical Needles Fall Fabric Sale, 9/1 - 9/30
Enjoy 30% off all orders of booked fabrics of 5 yards or more. [Read more...](#)

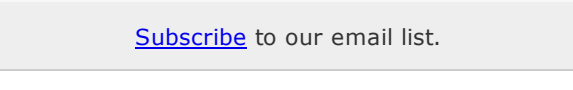
Vista Tour de Shore 2021, 10/10
Participate in Vista's annual cycling event and fundraiser this year (all abilities welcome). Celebrate with great food, music, and a raffle after the ride. [Read more...](#)

Looking for more to do? Find workshops, concerts, yoga classes, and more on The E List Calendar:

[BROWSE THE CALENDAR](#)

If you received this from a friend and would like your own weekly guide to the best of the Shoreline, [subscribe here](#).

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