



An Excruciatingly Opinionated Guide to the Connecticut Shoreline

FUN

CALENDAR

EAT DISCOVER **TOWN GUIDES** 

TRAVEL



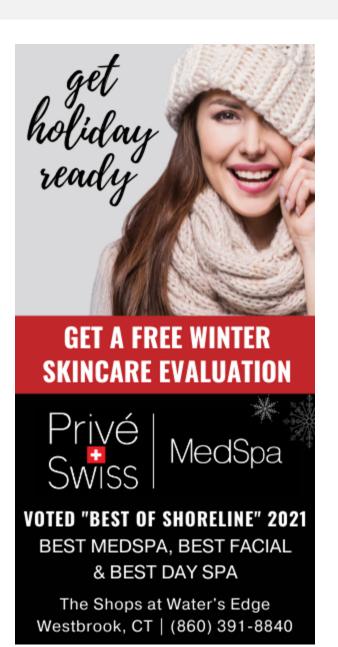
Long before Friendsgiving became a thing, we dubbed this holiday Orphans' Thanksgiving

because we have a tradition of inviting friends without relatives in the area. And I'm thrilled to be hosting again this year. While not guite as big a crowd as prepandemic days, it will be the first largish dinner party I've thrown in (literally) years. And because my cooking muscles are decidedly out of shape, I'm letting everyone pitch in (a first!). I may even augment with some take-out. Here's our annual round-up of where to get the fixings and which restaurants are serving up the feast.

Love, Erica

p.s. Like the list? You can help us grow by forwarding to friends!









## **Thanksgiving Turkeys & Take-Out**

You've got a full house but just can't face myriad trips to the supermarket and days slaving over the stove. You don't have to!

Get your Full-on Feast From any of the Following:



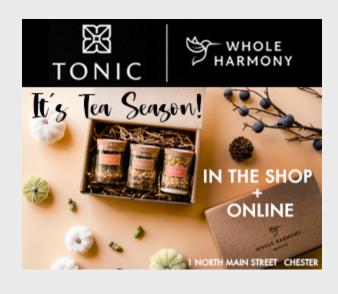


Whether it's just the two of you or the entire extended family, avoid the whole megillah (and endless silver polishing, napkin-pressing and dish-washing) at any of these local spots that are open on Thanksgiving Day and serving up the feast.





See the Options



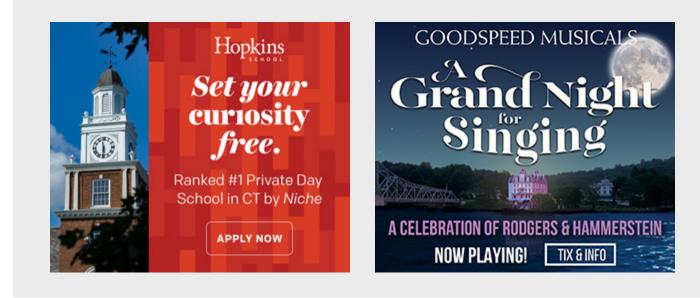




# **Challah Chestnut Stuffing**

This is a standout side on our table each year. Even better for breakfast with leftover gravy.





More of our favorite recipes...



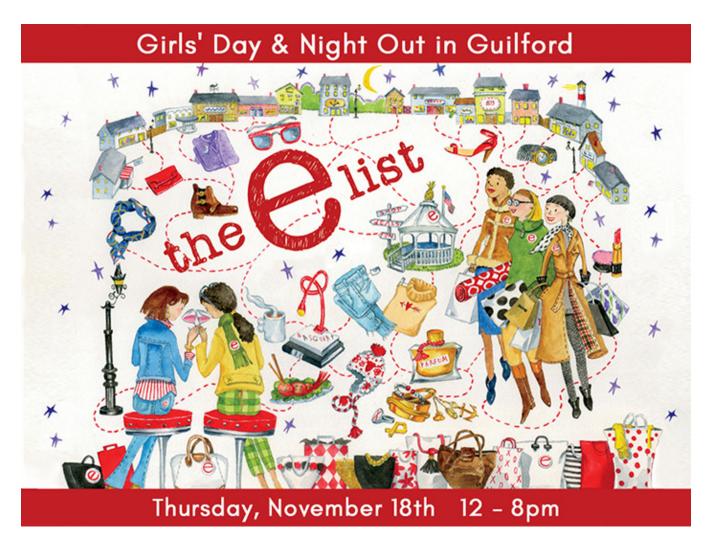
Pumpkin French Toast



## Harvard Beets



**Roasted Squash** Rings



## Girls' Day & Night Out in Guilford

We're thrilled to (finally) be back with another Girls' Night Out in Guilford. We're changing things up a bit this year to be safe. The event will no longer have ONE meeting place to avoid the crush. And this year we'll be starting at NOON to spread out the shopping hours! To access your discount of 20% off everything (exclusions apply) at participating boutiques, just fill in your name and email at this link: https://theeli.st/2YJh4Td

See Participating Shops







Sponsored Story



Are you overwhelmed by all of the conflicting nutrition and health information, wondering what you should incorporate into your life?

Would you like to have a plan to address your health concerns?

### Would you like to feel good and make peace with your body?

Kristen Vollaro's main focus is empowering individuals with the tools and information they need to achieve their goals. She provides nutritional counseling as well as rehabilitative training and craniosacral therapy. She loves the integration of balancing food, stress management, self-love, and movement for better health.

As part of her practice, Kristen works with other health care providers, including doctors, naturopaths, physician assistants, physical therapists, acupuncturists, therapists, and others, offering nutritional intervention as part of the care spectrum. She uses evidence-based data when creating interventions and protocols and her treatment plans are personalized for each client's individual needs. She runs a weight-neutral practice, which means she does not use weight loss as a metric of success.



#### In case you missed it:

Last week's list we shared travel tips, great greenery, and festive Fall activities.



Read It Here If You Missed It

## From The E List Events Calendar

Featured Event



### Shoreline Arts Trail's Upcoming Open Studios November 13 & 14, 2021

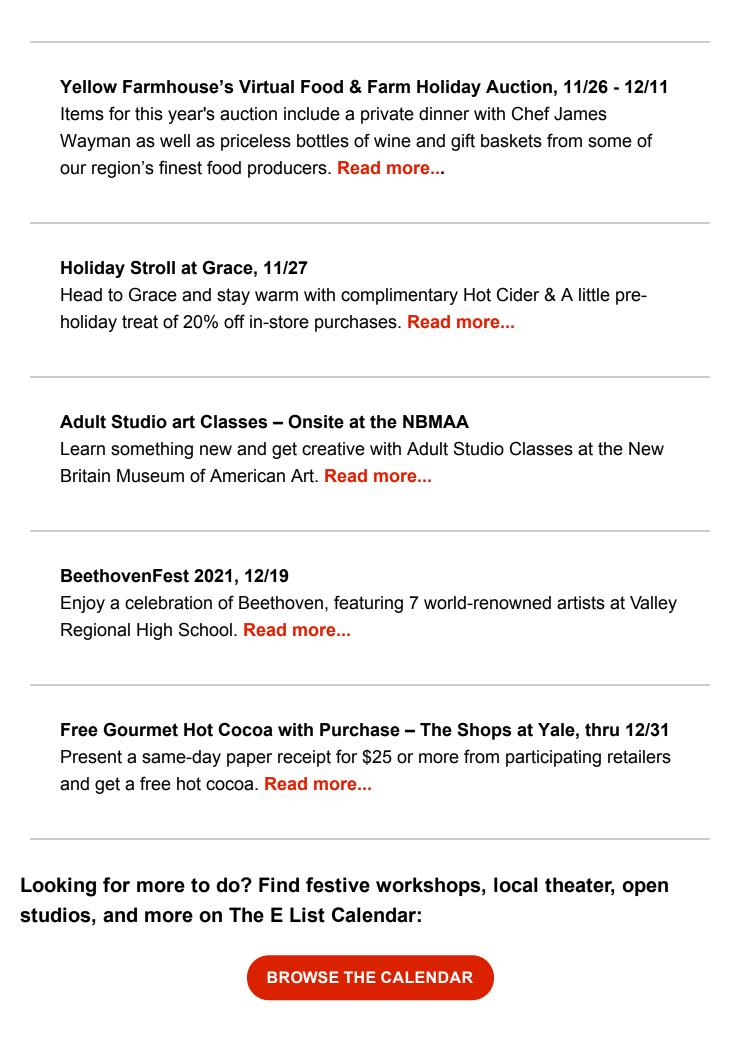
Shoreline Arts Trail's once a year Open Studios Weekend is right around the corner! You can visit the private studios of professional artists and craftspeople in

Guilford, Madison, and Branford. See the artistry of 42 local, award-winning artists working in paint, jewelry, sculpture, paper, collage, fiber, glass, photography and pottery.

For the latest information on Open Studios and related events:

Visit the Website

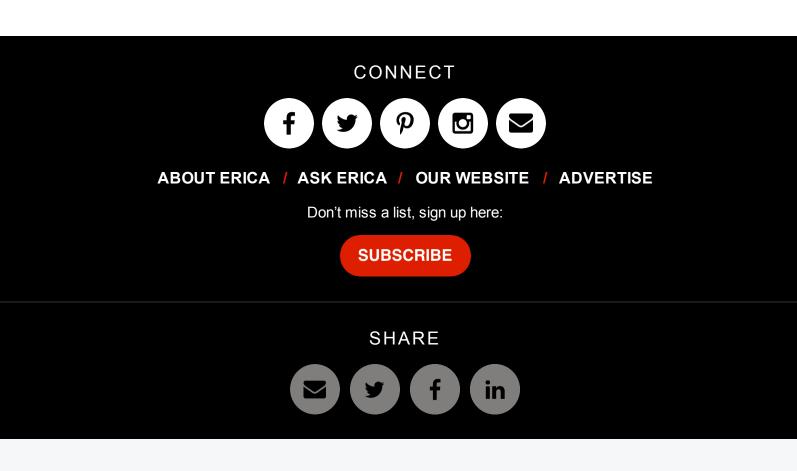
Flights of Fancy, the Holiday Edition, 11/17 New Haven's premier shopping, wine and food crawl, Flights of Fancy, is back for the Holliday season. Read more...



ps from Erica

Great news! **Cocotte**, our favorite French breakfast and lunch cafe in Old Saybrook has expanded their hours! Now you can have your tartine, oeufs cocotte, salad au chèvre chaud and more yummy classics on Thursday, Friday, Saturday and Sunday from 8:30 - 2. (The bakery is open Wednesday) thru Sunday for European pastries, croissants, and fresh baked bread from 8:30 to 6). Visit cocottect.com

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