

Good news!
There are exactly 27 more days until Spring (and even fewer 'til Daylight Savings). After TWO winters of our discontent, we finally have something happy to look forward to! I am busy thinking of everything I can do now that I can get out of the house (on the mend after spinal surgery and going to give driving a shot this week). On my agenda: my usual decaf cappuccino at Ashlawn, French lunch at Cocotte, the new textile show at the Florence Griswold Museum, a trip to Target (my friends tease me that it's my favorite store, but, no, that is not entirely true), strolls with friends (I've been wearing out my floors getting in mileage around my house!), and lots more fun things. You can find some of your own on our Things To Do article on this list. Another thing I'm super excited about is, come May, you can fly direct to Charleston, Savannah, and Nashville from New Haven, opening up a world of possibilities for weekend getaways.

Hope does spring eternal.
Xo



Upcoming Events in March

THERE'S SO MUCH HAPPENING AT WILLIAMS!



If you received this from a friend and would like your own weekly guide to the best of the Shoreline, [subscribe here](#).

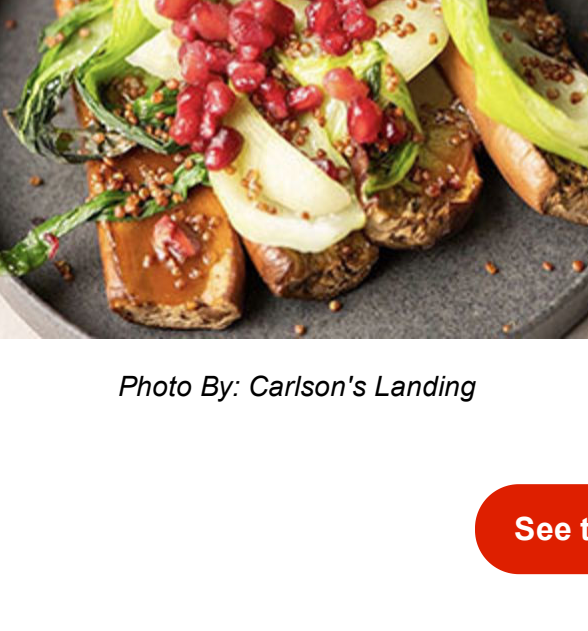
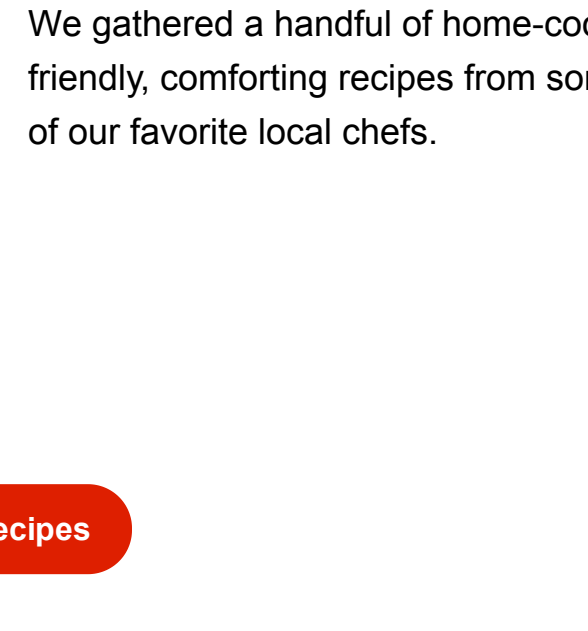
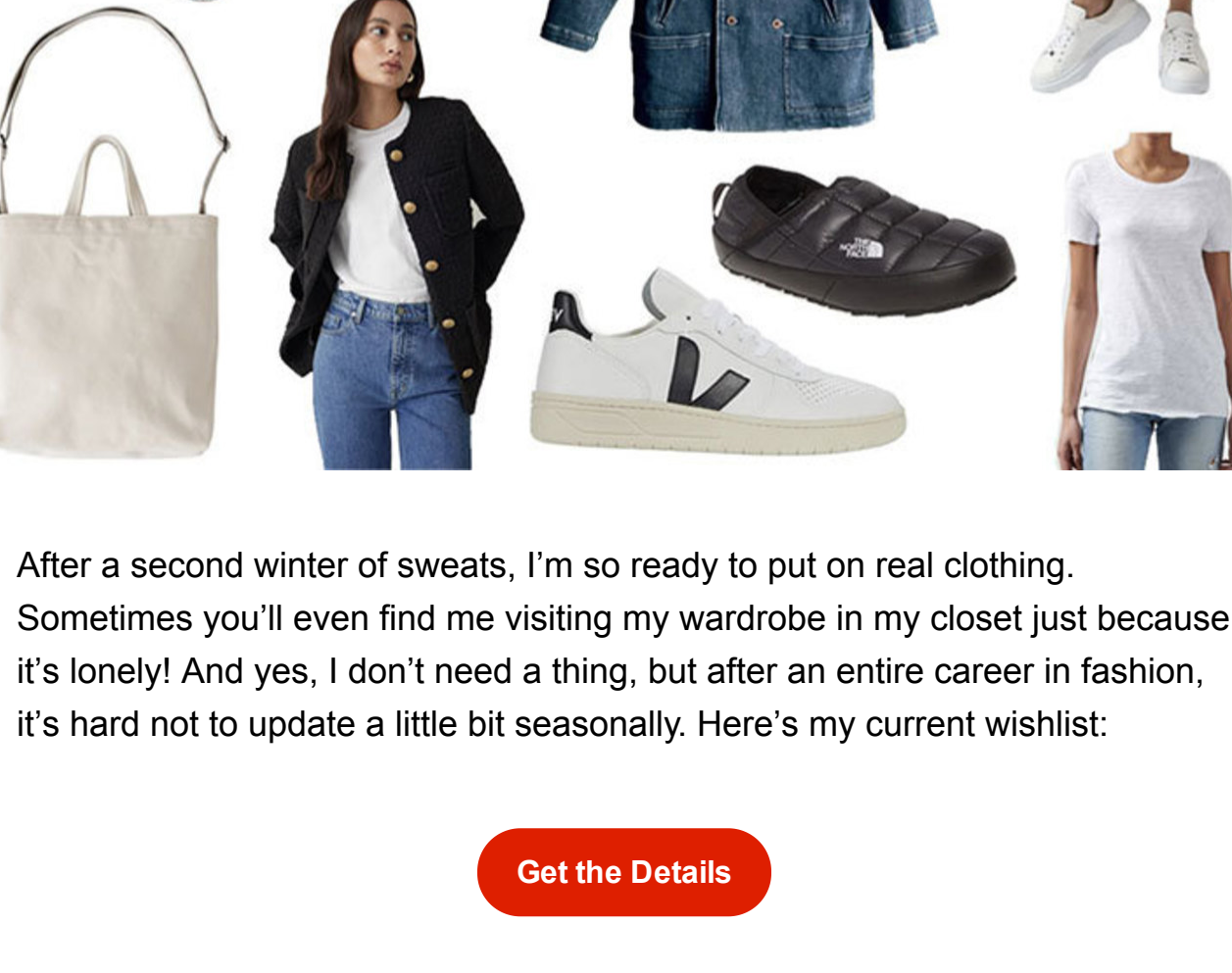


Photo By: Carlson's Landing



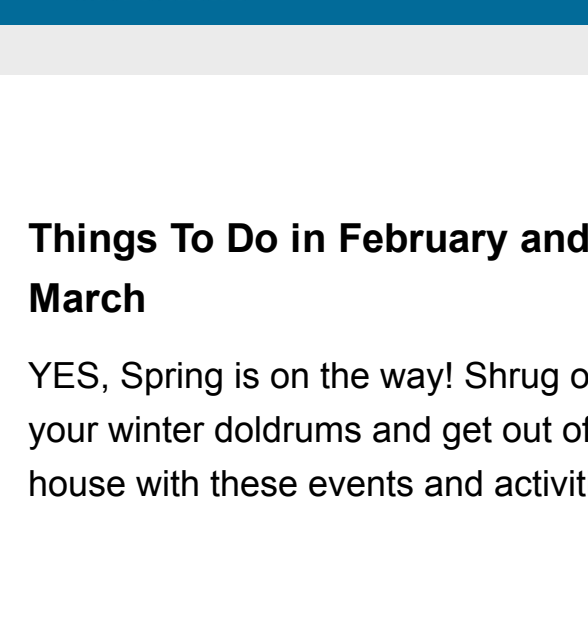
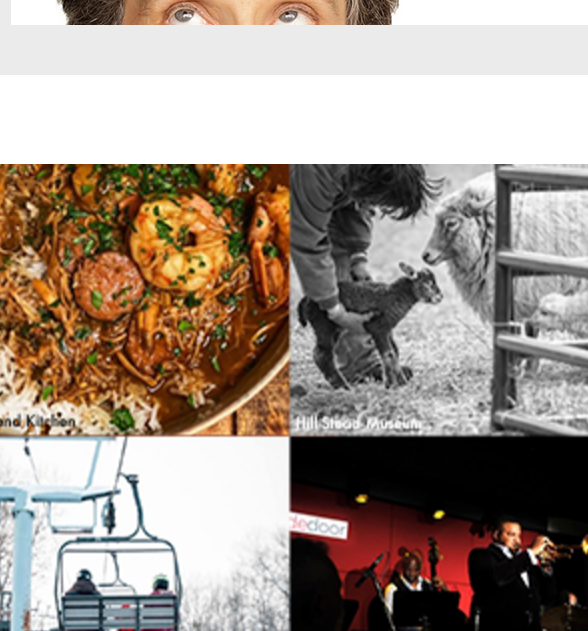
UNBEATABLE WOMEN
Power and Innovation in the Work of Women Photographers
Lyman Allyn Art Museum
February 26 through June 19

[See the Recipes](#)



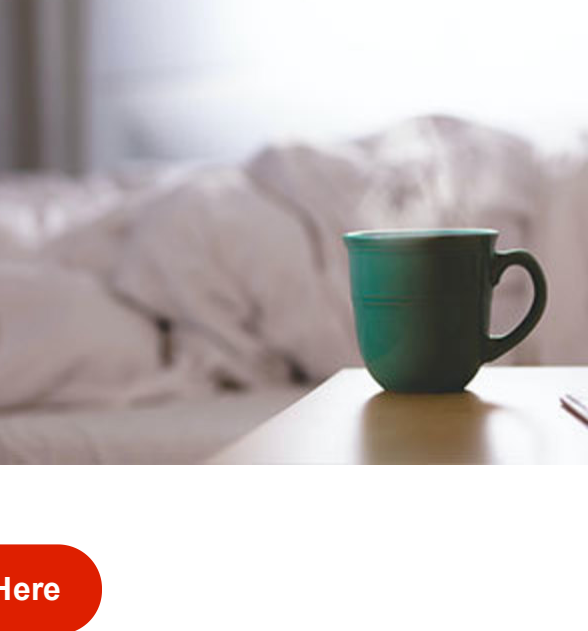
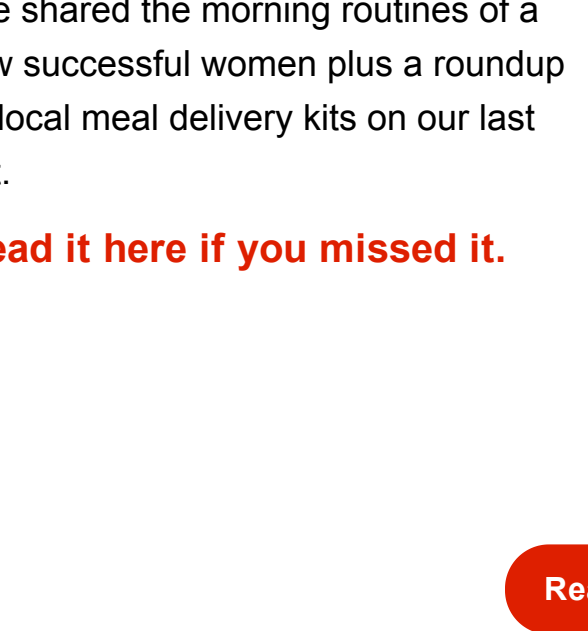
After a second winter of sweats, I'm so ready to put on real clothing. Sometimes you'll even find me visiting my wardrobe in my closet just because it's lonely! And yes, I don't need a thing, but after an entire career in fashion, it's hard not to update a little bit seasonally. Here's my current wishlist:

[Get the Details](#)



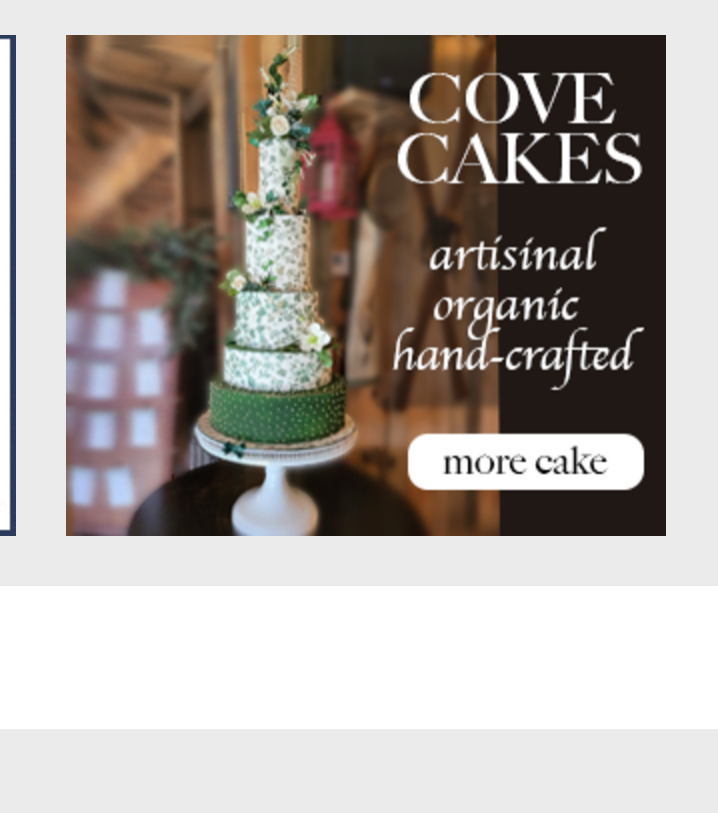
Things To Do in February and March
YES, Spring is on the way! Shrug off your winter doldrums and get out of the house with these events and activities:

[See Our List](#)

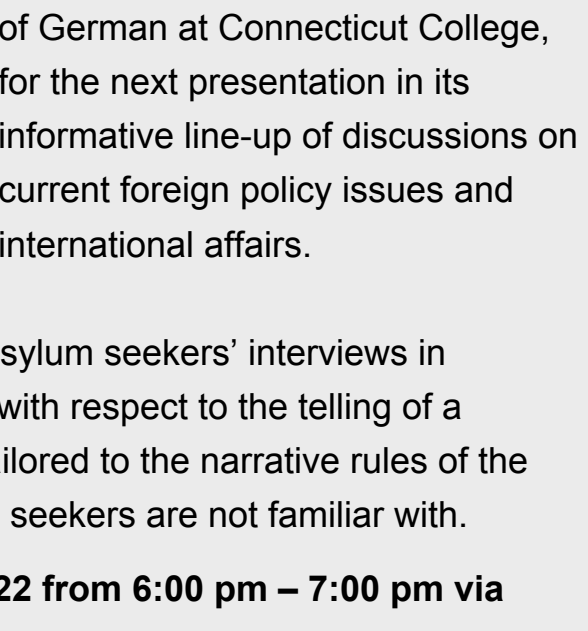
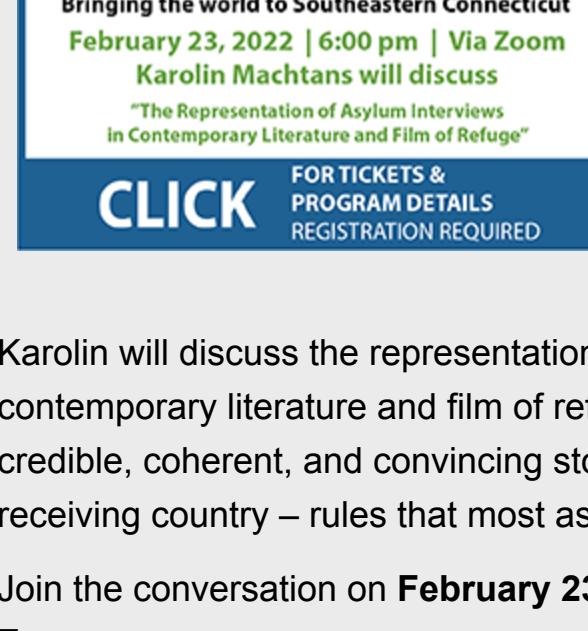


We shared the morning routines of a few successful women plus a roundup of local meal delivery kits on our last list.

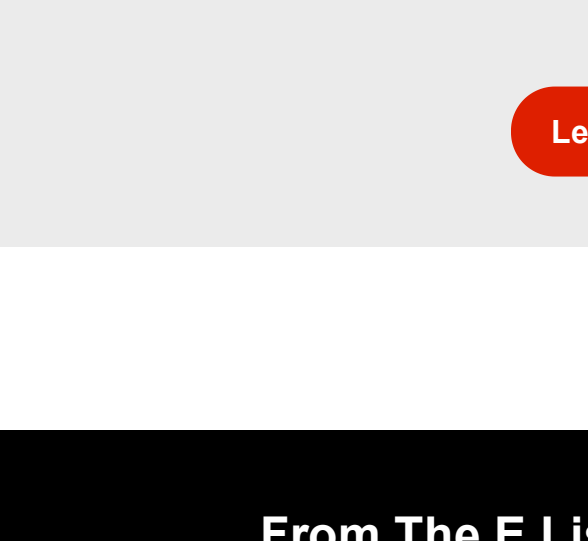
[Read it here if you missed it.](#)



[Read It Here](#)



Sponsored Story



SECWAC – Southeast Connecticut World Affairs Council welcomes Karolin Machtans, Associate Professor of German Studies and Chair of the Department of German at Connecticut College, for the next presentation in its informative line-up of discussions on current international policy issues and international affairs.

Bring the world to Southeastern Connecticut
February 23, 2022 | 6:00 pm | Via Zoom
Karolin Machtans will discuss "The Representation of Asylum Interviews in Contemporary Literature and Film of Refuge"

FOR TICKETS & PROGRAM DETAILS REGISTRATION REQUIRED

Karolin will discuss the representation of asylum seekers' interviews in contemporary literature and film of refuge with respect to the telling of a credible, coherent, and convincing story tailored to the narrative rules of the receiving country – rules that most asylum seekers are not familiar with.

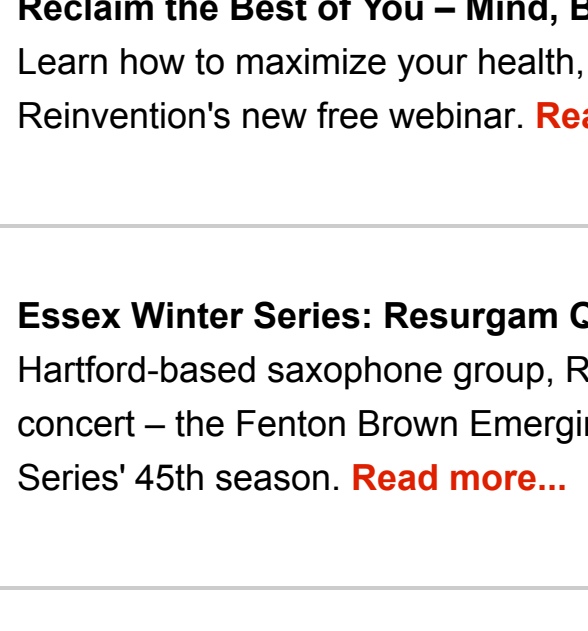
Join the conversation on **February 23, 2022 from 6:00 pm – 7:00 pm via Zoom**.

SECWAC has been providing a forum for nonpartisan, non-advocacy dialogue with US policymakers and other experts on foreign relations for over 20 years. If you're up for impartial debates and desire to learn more about timely issues that affect America's global interests, SECWAC features at least 12 discussions throughout each season from September – June.

COST: Attendance at discussions is free for members; \$20 for non-members. FREE for students and educators. Registration is required in advance.

[Learn More](#)

From The E List Events Calendar



The Garde Arts Center
In the heart of downtown New London, the nonprofit Garde Arts Center is home for the performing arts and the owner of the nationally acclaimed historic 1400-seat Garde Theater. [Learn more about The Garde's history here.](#)

Symphony Orchestra to the New London Talent Show to the latest movies on the Garde's giant screen with state-of-the-art digital cinema.

The Garde has brought millions of people together for the best in movies, live music, theater, educational and community programming, dance, and more. From Bob Dylan and the London

Don't miss **Speed Dating Live**, the 2022 Winter Cinema Series, and performers including The Robert Cray Band, Joan Osbourne and Madeleine Peyroux.

See What's Happening at The Garde

Privé-Swiss Med Spa Galentines Event, 2/24
Gather the gals (or pals) for an in-person event featuring treatments, raffles, swag and more. [Read more...](#)

25th Annual Old Saybrook Chili Fest, 2/26
Sample a variety of chili recipes and vote for your favorite! [Read more...](#)

Private Bra Fittings with Filly Rose Intimates, 3/6 and Tuesdays in March
Book an hour-long appointment for a bra fitting with our local expert Libby at Willow Salon in Guilford. [Read more...](#)

Old Saybrook Restaurant Week, 3/7 - 3/13
Martini contests plus lunch and dinner specials and to-go options at Old Saybrook restaurants for Restaurant Week 2022. [Read more...](#)

Reclaim the Best of You – Mind, Body & Spirit! 3/9 or 3/10
Learn how to maximize your health, radiance, and energy after 50 with Camp Reinvention's new free webinar. [Read more...](#)

Essex Winter Series: Resurgam Quartet, 3/20
Hartford-based saxophone group, Resurgam Quartet, appears for the third concert – the Fenton Brown Emerging Artists Concert – in Essex Winter Series' 45th season. [Read more...](#)

Rising of The Phoenix Conference, 5/12
Attend a day-long women's conference with spiritual, like-minded women during these not-so-normal times to share experiences and lessons learned in the topics of resilience, reinvention and rebirth. [Read more...](#)

Looking for more to do? Find workshops, local theater, concerts, and more on [The E List Calendar](#):

[BROWSE THE CALENDAR](#)

Want to get the word out to our readers about your Spring happenings? Shout out your sales, new menus, workshops or events on The E List. [Add your event listing here.](#)

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