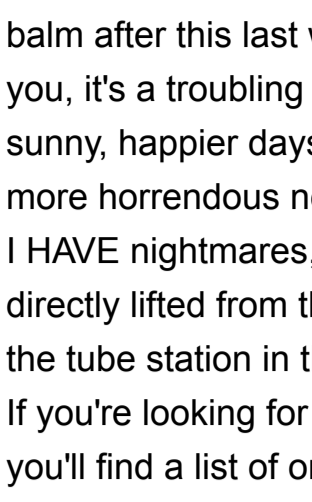


# the e list

An Excruciatingly Opinionated Guide to the Connecticut Shoreline

[FUN](#) [CALENDAR](#) [EAT](#) [DISCOVER](#) [TRAVEL](#) [TOWN GUIDES](#)



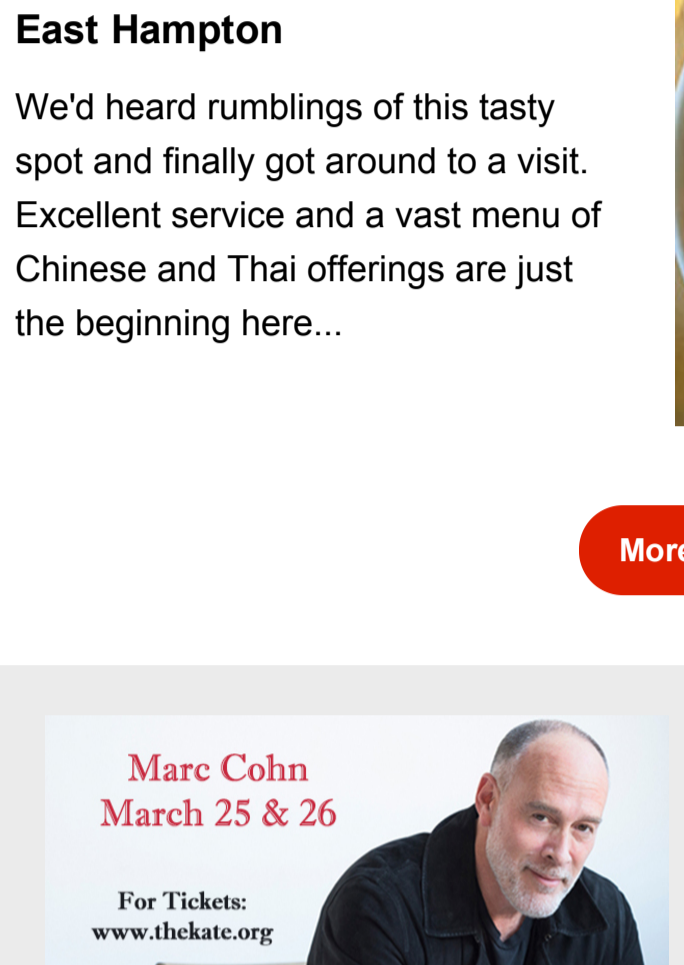
Like you, I've been reveling in the spring weather with long(ish) walks and dragging my laptop to the deck for a dose of vitamin D. The sun is a true balm after this last winter. But also, like you, it's a troubling thing to welcome sunny, happier days and watch the ever more horrendous news. It's a nightmare. I HAVE nightmares, mainly one that is directly lifted from the flooding scene of the tube station in the movie Atonement. If you're looking for ways to help Ukraine, you'll find a list of organizations at the bottom of this newsletter providing relief. We intentionally keep The E List a happy (and hopefully distracting place), and we've got lots of fun finds for you to enjoy this week.

Love, Erica



**SOUTHEAST CONNECTICUT WORLD AFFAIRS COUNCIL**  
 Bringing the world to Southeastern Connecticut  
 April 12, 2022 | 6:00 pm | Via Zoom  
 Mard Shore, Associate Professor of History at Yale University will discuss the the humanitarian crisis in Ukraine.  
**CLICK** FOR TICKETS & PROGRAM DETAILS  
 REGISTRATION REQUIRED

Locations: Recent Work by Marian Bingham  
**Lyman Allyn ART MUSEUM** On view through April 10  
 Celebrating the power of art since 1932



## The Choo Choo Lounge at Saybrook Point Resort & Marina

Somehow I missed the opening of the Choo Choo Lounge in the Saybrook Point Inn. I've long complained that there aren't enough cocktail lounges around here with live music, and the cocktail gods were listening...

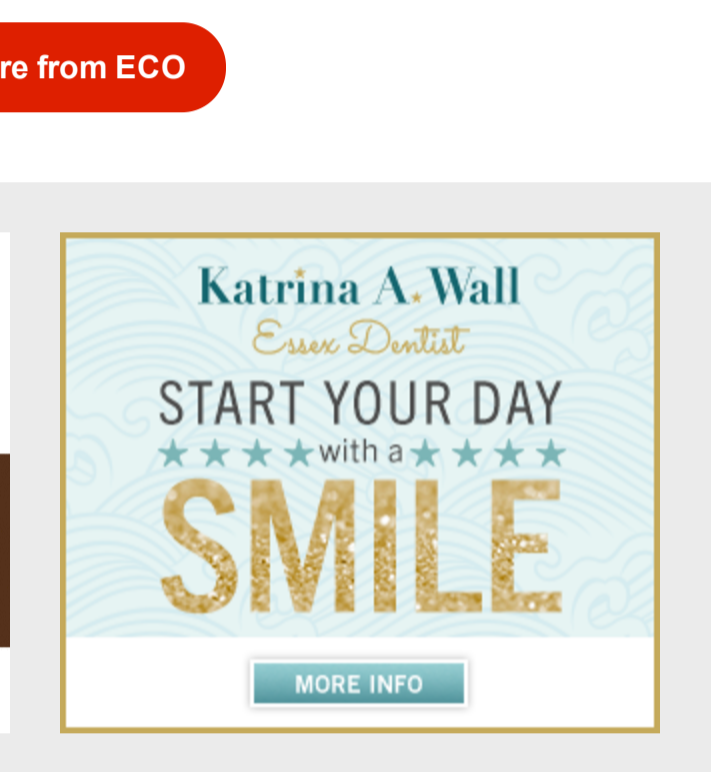
[See More Pics](#)

Yankee Candle now at **PAGE** Hardware & Appliance Co.

*Ella*  
**CHIC CLASSY COZY**  
 ON THE GUILFORD GREEN

## Fresh Chinese & Thai Food at Po's Rice & Spice, East Hampton

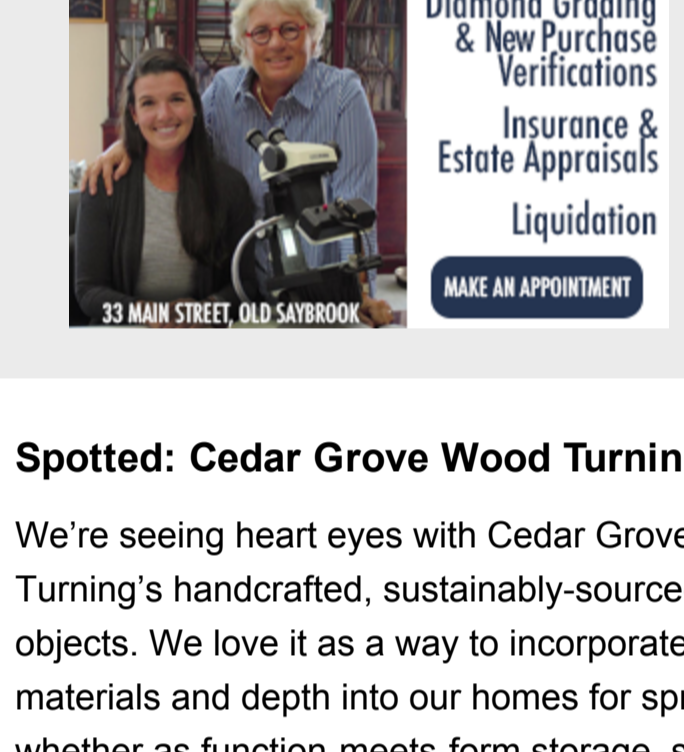
We'd heard rumblings of this tasty spot and finally got around to a visit. Excellent service and a vast menu of Chinese and Thai offerings are just the beginning here...



[More Po's](#)

**Marc Cohn**  
 March 25 & 26  
 For Tickets: [www.thekate.org](http://www.thekate.org)

**We're Hiring CAMP COUNSELOR**  
 HIGH HOPES  
 JULY 25TH THROUGH AUGUST 18TH  
 8:30AM - 1:00PM, WEEKDAYS | PART TIME  
[Learn More](#)



## Scratch-Made & Local at ECO Coffee House, East Hampton

After months of drooling over this sweet (and savory) spot's Instagram photos, we finally made the trek up the river to sample. What we found was a celebrated one-woman-show, perched on a corner in the little village of East Hampton...

[See More from ECO](#)

**Globe**  
 AT HOME FLAGSHIP STORE  
**PREPARED TAKE AWAY MEALS**  
 Open Tuesday-Saturday 11am-6pm  
 Offering delivery on Tuesdays & Fridays  
[ORDER ONLINE](#)

**Katrina A. Wall**  
*Ernie Dentist*  
**START YOUR DAY with a SMILE**  
[MORE INFO](#)

## 5 Tips To Update Your Home This Spring

We asked local Interior Designer Caryn Paradis for advice on refreshing our homes this season...

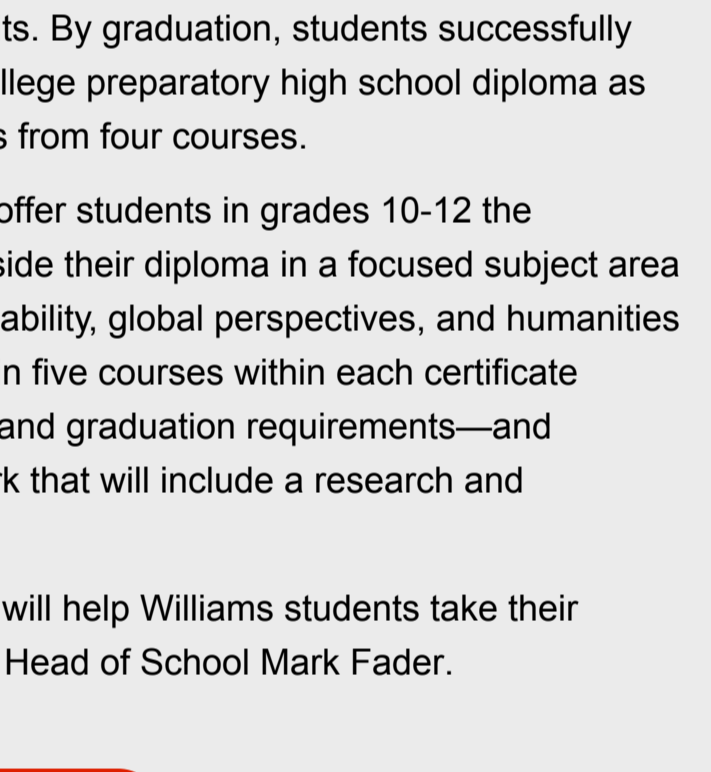
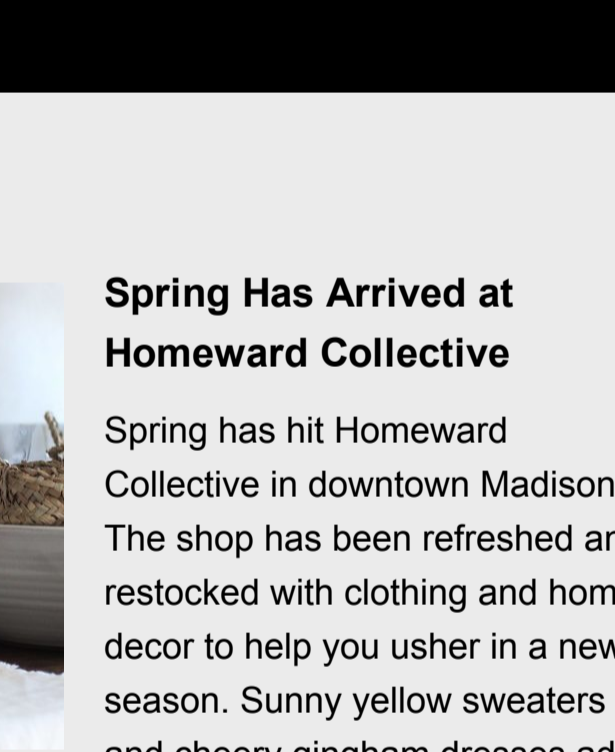


Photo by Caryn Paradis

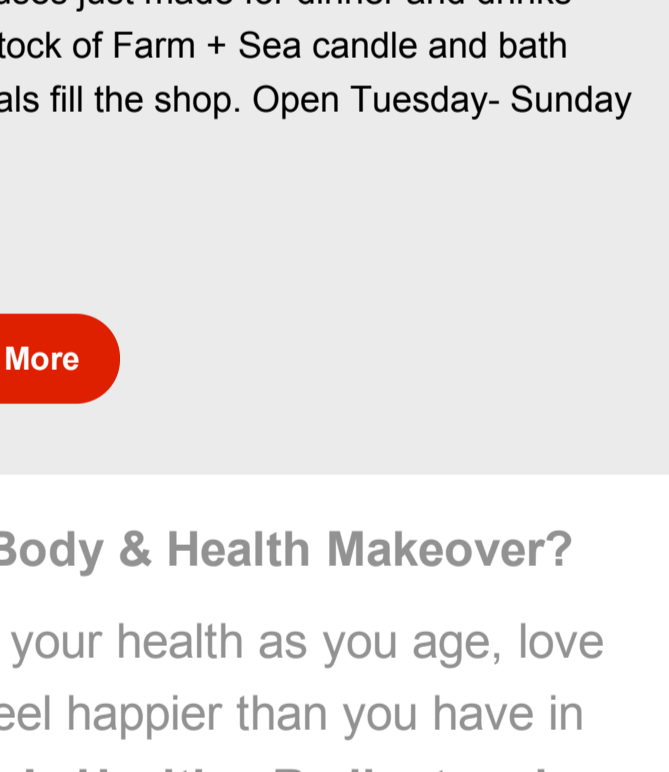
[See the Tips](#)

**NEGALAB**  
 Diamond Grading & New Purchase Verifications  
 Insurance & Estate Appraisals  
 Liquidation  
 MAKE AN APPOINTMENT  
 33 MAIN STREET OLD SAYBROOK



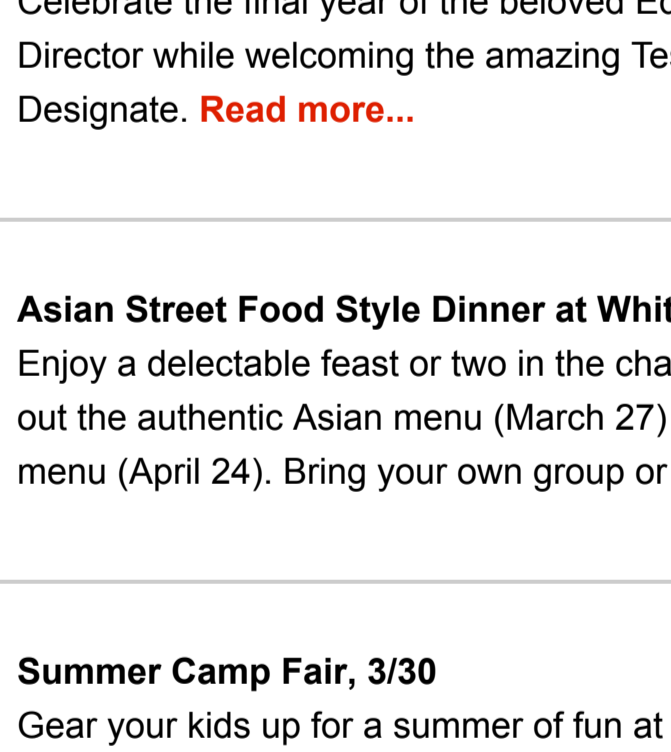
## Spotted: Cedar Grove Wood Turning

We're seeing heart eyes with Cedar Grove Wood Turning's handcrafted, sustainably-sourced home objects. We love it as a way to incorporate organic materials and depth into our homes for storage—ware in the kitchen, or a thoughtful gift.



[See their creations here.](#)

## Sponsored Story



## New Academic Opportunities at The Williams School

Williams is offering students new opportunities to earn college credits and Interdisciplinary Certificates through new programs launching this fall.

College Acceleration Program offers juniors and seniors the opportunity to take one course per semester at Connecticut College in addition to their courses at Williams, resulting in a full semester of college courses and credits. By graduation, students successfully completing the program will have a college preparatory high school diploma as well as a college transcript with credits from four courses.

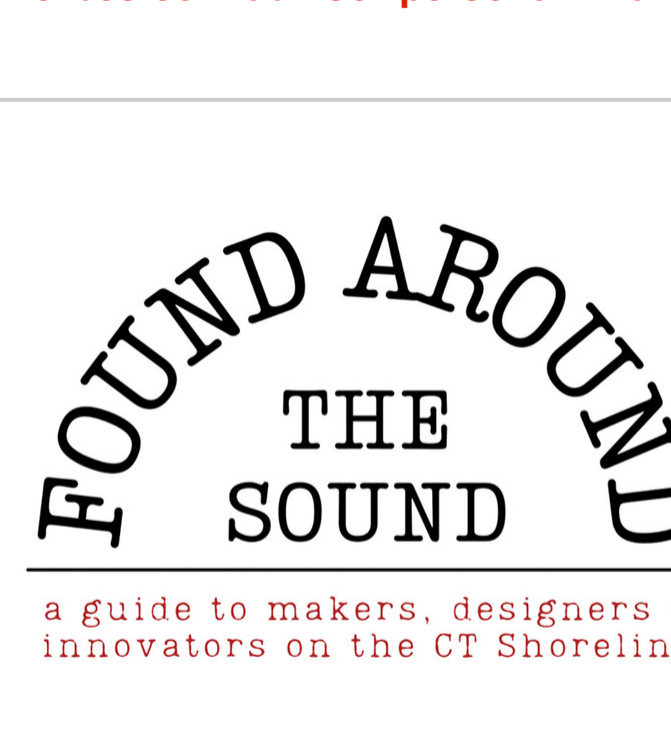
Interdisciplinary Certificate Programs offer students in grades 10-12 the opportunity to earn a certificate alongside their diploma in a focused subject area — engineering, environmental sustainability, global perspectives, and humanities and the arts. Students will participate in five courses within each certificate program—in addition to prerequisites and graduation requirements—and complete a digital portfolio of their work that will include a research and professional exploration component.

"The launch of our two new programs will help Williams students take their learning to an even higher level," said Head of School Mark Fader.

[Learn More](#)

## From The E List Events Calendar

### Featured Event



## Spring Has Arrived at Homeward Collective

Spring has hit Homeward Collective in downtown Madison. The shop has been refreshed and restocked with clothing and home decor to help you usher in a new season. Sunny yellow sweaters and cheery gingham dresses add

the brightest notes. If you are looking for a special piece to wear for an upcoming spring getaway, be sure to look at their line from England- embroidered and embellished kaftan style dresses and blouses just made for dinner and drinks Alfresco. Spring is in the air with their restock of Farm + Sea candle and bath products. Fresh scents of salt air and florals fill the shop. Open Tuesday- Sunday and ready for spring!

**685 Boston Post Road, Madison**

[Learn More](#)

## Are You Ready for a Mind, Body & Health Makeover?

Get back into shape, manage your health as you age, love the way you look again, and feel happier than you have in years with **Camp Reinvention's Healthy, Radiant and Energized Success Accelerator**. Starts this week! 3/24 - 6/9

[Find out more and register here.](#)

## Musical Masterworks March 2022 Concerts, 3/26 - 3/27

Celebrate the final year of the beloved Edward Arron in his position as Artistic Director while welcoming the amazing Tessa Lark as Artistic Director Designate. [Read more...](#)

## Asian Street Food Style Dinner at White Gate Farm, 3/27

Enjoy a delectable feast or two in the charming White Gate Farm Inn: Check out the authentic Asian menu (March 27) and the Roots & Shoots vegan menu (April 24). Bring your own group or make new friends! [Read more...](#)

## Summer Camp Fair, 3/30

Gear your kids up for a summer of fun at LYSB's Summer Camp Fair with over 30 local camps participating. [Read more...](#)

## Sampler Saturday at Privé-Swiss Fitness, 4/2

Join the fun and try a new class, introduce friends or neighbors to the amazing team at Privé Swiss. [Read more...](#)

## Restaurant Weeks, thru 4/9

Enjoy specials and prix fixe lunch or dinner during New Haven and Greater Guilford's Restaurant Weeks. Visit an old favorite or discover a new one! [Read about New Haven here.](#) [Details for Greater Guilford here.](#)

## Con Brio Choral Society Spring Concert, 4/10

Get tickets for the second concert of Con Brio's 25th season. [Read more...](#)

Looking for more to do? Find workshops, local theater, concerts, and more on The E List Calendar:

[BROWSE THE CALENDAR](#)

## p.s. from Erica

## How to donate to relief efforts in Ukraine:

[forbes.com/advisor/personal-finance/donate-relief-to-ukraine/](https://forbes.com/advisor/personal-finance/donate-relief-to-ukraine/)



Spring symbolizes all things refreshed and anew. See how we're celebrating the warmer, brighter days ahead.

[Read our March issue of Found Around the Sound here.](#)

Get the word out to our 25K readers about your Spring happenings! Shout out your sales, new menus, workshops and events on The E List.

[Add your event listing here.](#)

If you received this from a friend and would like your own weekly guide to the best of the Shoreline, [subscribe here.](#)

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