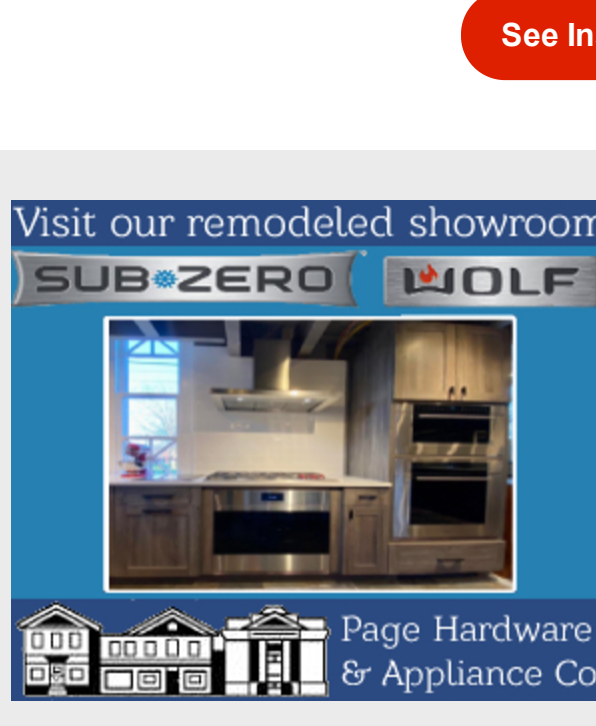


We avoid 195 at all costs during the summer when the hordes descend, so we decided a couple of beautiful spring days were an excellent time to check out what's new in Stonington and Westerly. Take a day trip to visit this collection of shops we discovered and have an early dinner at Nana's in Westerly before heading back. Good to know: many shops in the Stonington Velvet Mill are open Friday, Saturday, and Sunday.

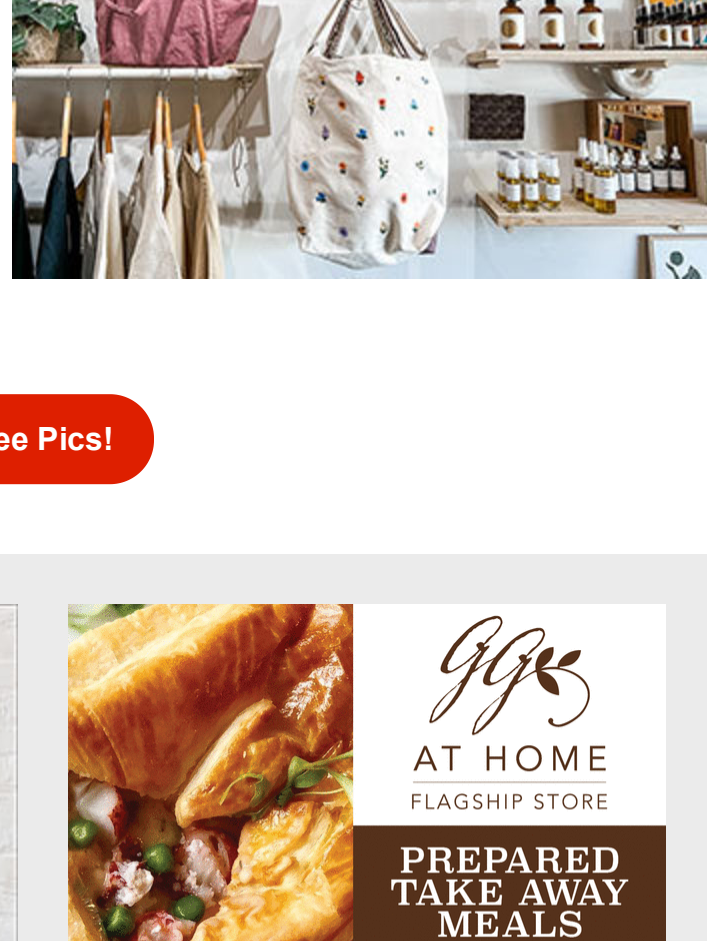
Hope you all had a sweet Easter and Passover weekend.

Love,  
Erica

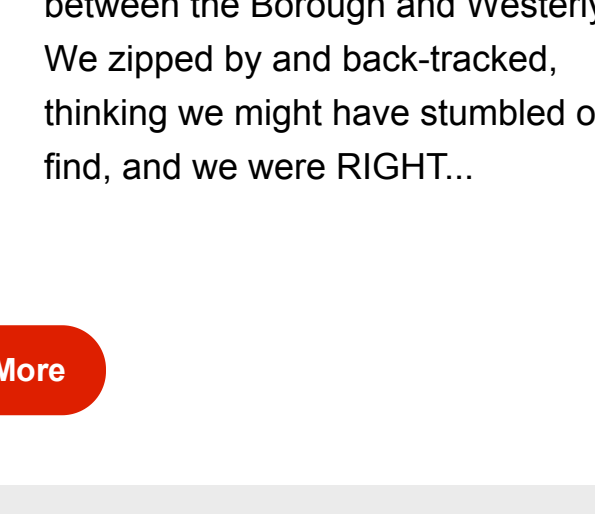
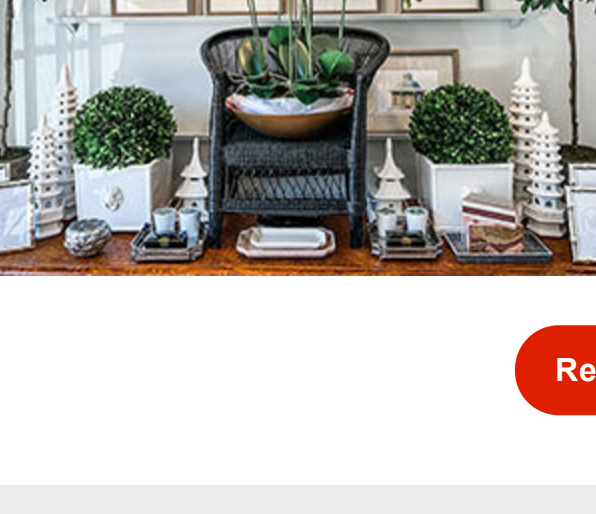


## Anther, Thoughtful Goods for You & Your Home, Westerly

Anther's sweet Instagram has been on our radar for a long time, and we finally made it to Westerly for a visit. Owner Ashley Jarzombek has a keen eye (and great taste), and this shop is a mash-up of creative floral arranging and irresistible finds for you and your space...

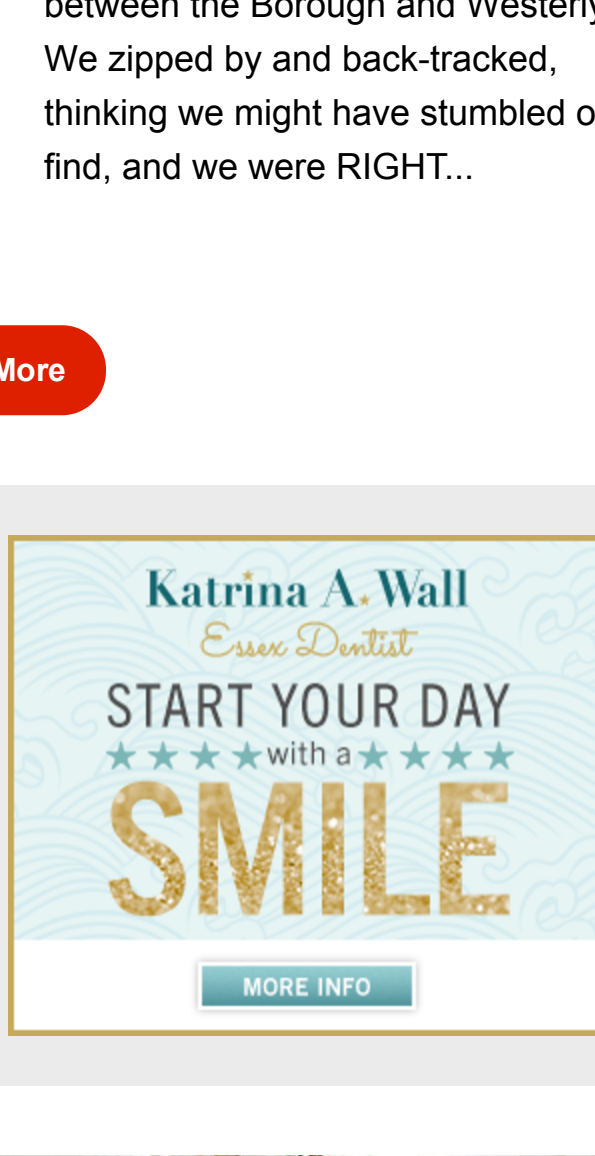


[See Pics!](#)



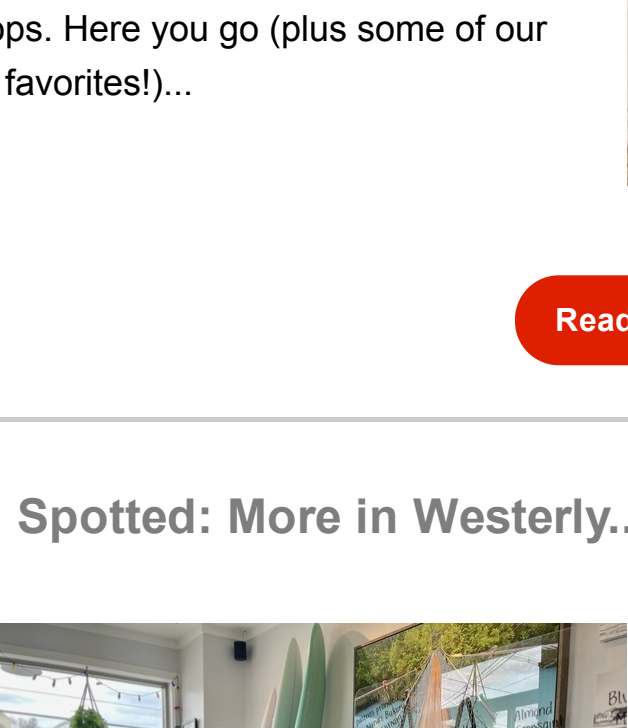
## salonpure

CELEBRATING 10 YEARS OF BUSINESS APRIL 2022  
Hair done by stylist Kianna Clark

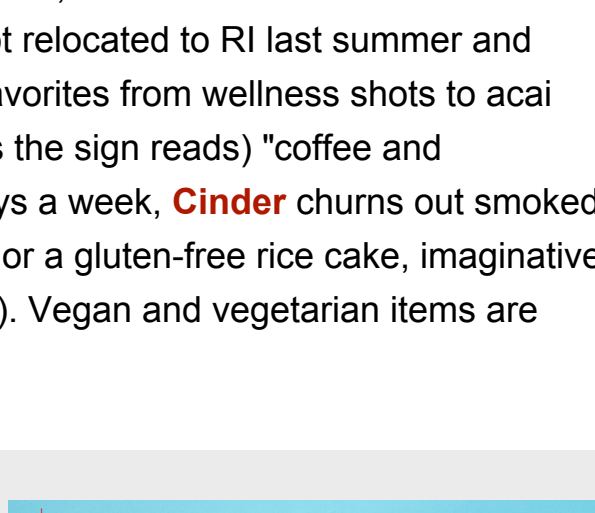
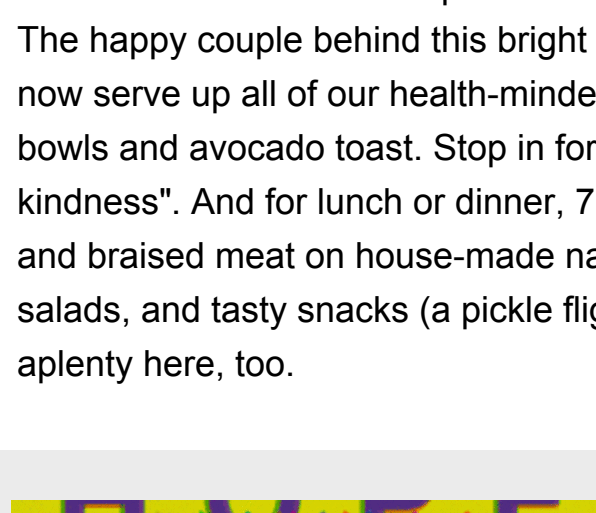


## Wm. Cole, An Imaginative Gift Shop in Stonington

I don't know how we've missed this free-standing shop on Stonington Road between the Borrough and Westerly. We zipped by and back-tracked, thinking we might have stumbled on a find, and we were RIGHT...

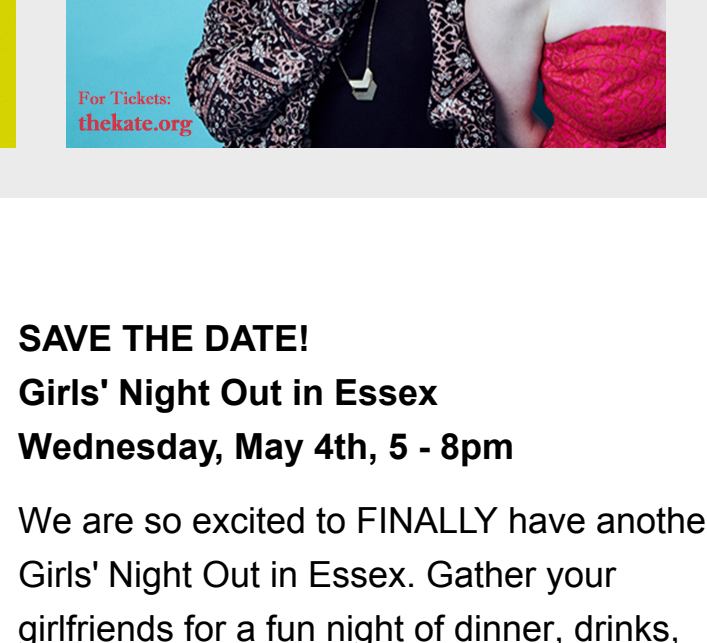


[Read More](#)



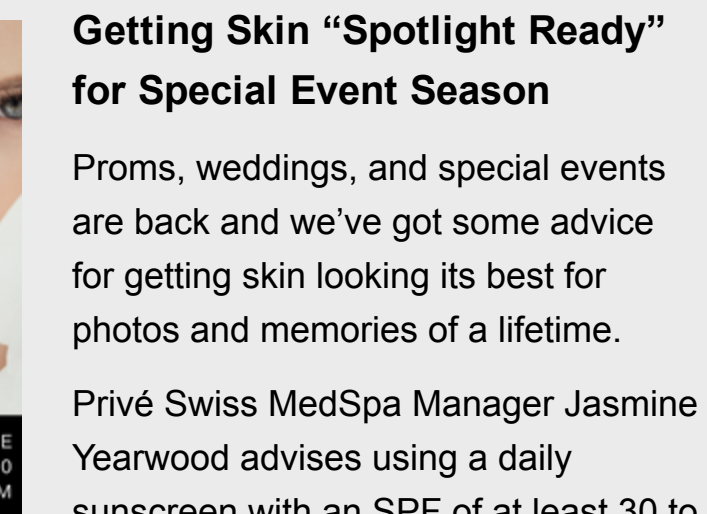
## Bali Bungalow, Plants by the Pool, and Fun & Funky Vintage at The Velvet Mill, Stonington

It's been a while since we've stopped into the Velvet Mill in Stonington and we've been dying to check out the new shops. Here you go (plus some of our old favorites!)...

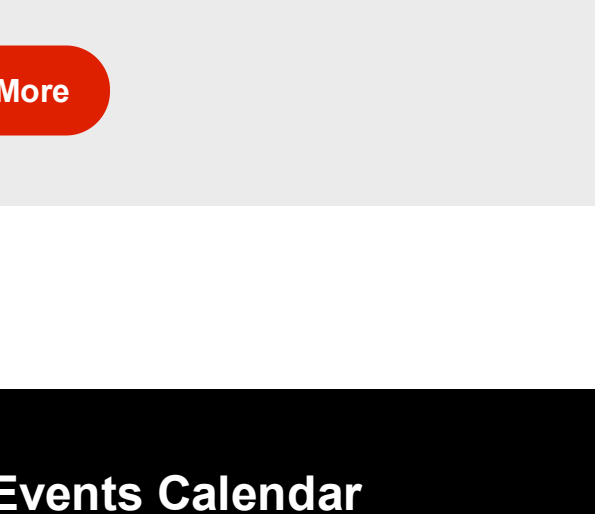
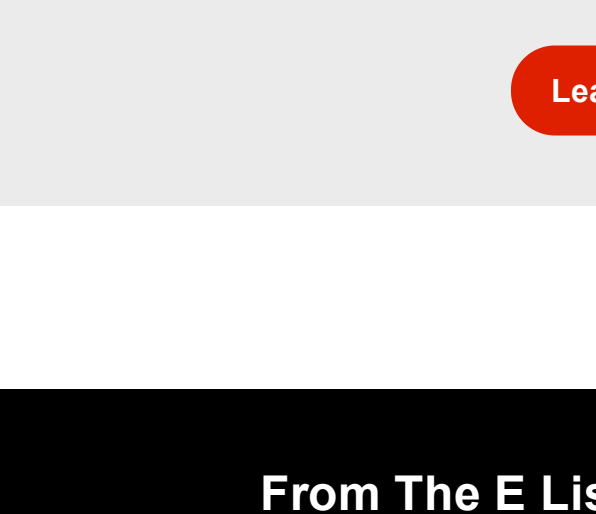


[Read More](#)

## Spotted: More in Westerly...



We were also delighted by these new(ish) neighbors on Main Street. **Stick + Fin** is a coffee shop and then some, with a Southern California vibe. The happy couple behind this bright spot relocated to RI last summer and now serve up all of our health-minded favorites from wellness shots to acai bowls and avocado toast. Stop in for (as the sign reads) "coffee and kindness". And for lunch or dinner, 7 days a week, **Cinder** churns out smoked and braised meat on house-made naan or a gluten-free rice cake, imaginative salads, and tasty snacks (a pickle fight!). Vegan and vegetarian items are aplenty here, too.



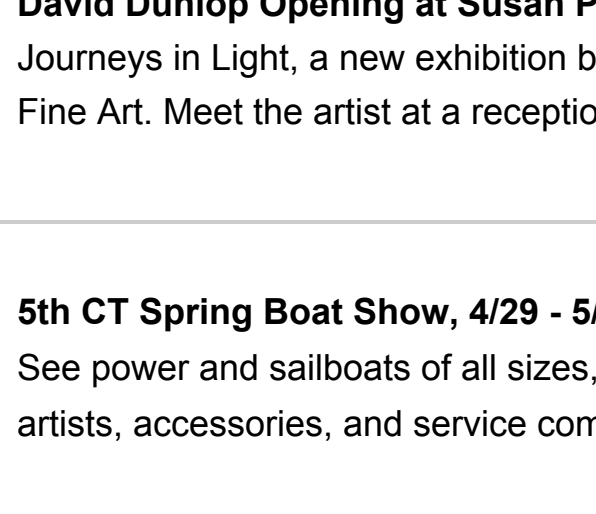
## SAVE THE DATE!

**Girls' Night Out in Essex**  
Wednesday, May 4th, 5 - 8pm

We're so excited to FINALLY have another Girls' Night Out in Essex. GATHER your girlfriends for a fun night of dinner, drinks, and discounts.

[Details & Participating Shops Here](#)

## Sponsored Story



**Getting Skin "Spotlight Ready" for Special Event Season**  
Proms, weddings, and special events are back and we've got some advice for getting skin looking its best for photos and memories of a lifetime.

Privé Swiss MedSpa Manager Jasmine Yearwood advises using a daily sunscreen with an SPF of at least 30 to protect skin against sun rays that are just as powerful in April as they are in August. Not only will you lessen your chances of flaky, rough skin for those camera-ready moments, but also help prevent future lines and wrinkles. Yearwood recommends ZO's Sunscreen + Powder SPF 45 for on-the-go protection which uses ultra-soft bristles to provide a seamless and even application (available in 3 universal shades at the Westbrook practice).

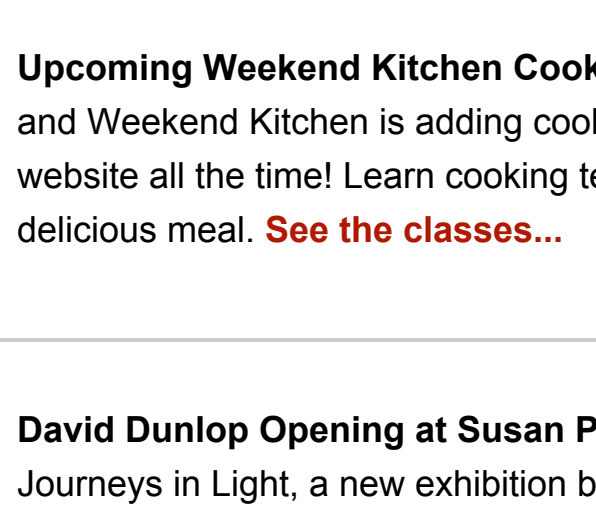
For special occasion makeup to look natural and flawless, a gentle, pre-event treatment such as an Oxygen-Infused facial or AquaGel treatment can help. Meghan Prevost, PA-C says these treatments nourish, strengthen, rejuvenate and radically improve the overall texture of the skin, but also help to smooth lines & wrinkles for flawless makeup application.

To learn more about Privé Swiss MedSpa's pre-event treatments and clinically-proven skincare, call 860-391-8840 or [check out the website](#).

[Learn More](#)

## From The E List Events Calendar

### Featured Event



**Middlesex Tree, LLC**  
As the days get longer, weather is warmer and winter becomes a distant memory, it brings focus to everything outside, including our treescaping. Fluctuating temperatures, wet conditions and invasive insects can take their toll on your trees. Spring is an opportune time to complete most tree care maintenance, eliminate hazards and prune to aid in the structural health and development of your trees.

Derek Babineaux, owner of Middlesex TreeLLC, is a licensed Arborist who is committed to providing clients excellent service and works closely with them to develop long term tree-care maintenance plans. Visit [middlesex-tree.com](#).

[See the Video](#)

### SECWAC Presents: American Defense in an Age of Great Power Conflict, 4/20

Elbridge Colby, former Deputy Assistant Secretary of Defense for Strategy and Force will discuss his 2021 book "The Strategy of Denial: American Defense in an Age of Great Power Conflict" during this virtual event. [Read more...](#)

### Upcoming Weekend Kitchen Cooking Classes: The weather is warming and Weekend Kitchen is adding cooking classes and wine dinners to their website all the time! Learn cooking techniques, make new friends and share a delicious meal. [See the classes...](#)

### David Dunlop Opening at Susan Powell Fine Art, Madison, 4/22 - 6/11

Journeys in Light, a new exhibition by David Dunlop opens at Susan Powell Fine Art. Meet the artist at a reception on 4/22. [Read more...](#)

### 5th CT Spring Boat Show, 4/29 - 5/1

See power and sailboats of all sizes, talk to yacht brokers, explore gear, artists, accessories, and service companies on the lawn. [Read more...](#)

### Jeff Daniels' Drama "Boom Town" Opens at Drama Works Theatre, 4/29 - 5/7

Get tickets to see the Drama Works Theatre Company's production of "Boom Town" in Old Saybrook. [Read more...](#)

### Female Entrepreneur Experience, 5/1

Come and enjoy conversation around money blocks, gain the confidence you need to attract your ideal clients, and experience a full hypnosis session followed by Q&A. [Read more...](#)

### Window Art Stroll & Contest, 5/7 - 5/30

Enjoy a self-guided outdoor art stroll in historic downtown New Haven through the Broadway, Chapel and Whitney Districts. [Read more...](#)

### Rising of The Phoenix Conference, 5/12

Attend a day-long women's conference with spiritual, like-minded women during these not-so-normal times to share experiences and lessons learned in the topics of resilience, reinvention and rebirth. [Read more...](#)

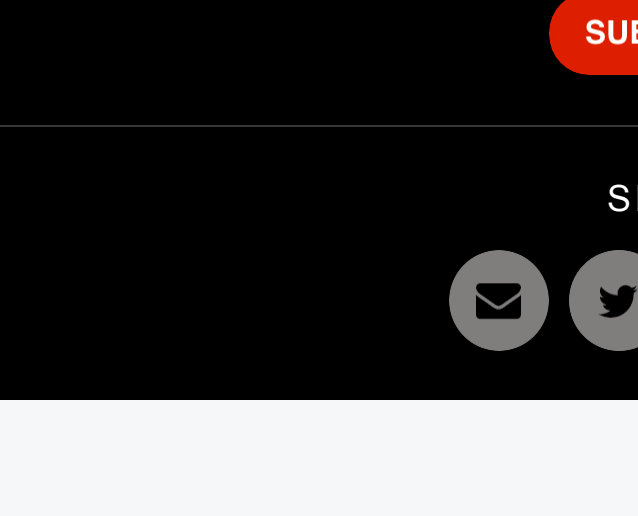
Looking for more to do? Find workshops, local theater, concerts, and more on The E List Calendar:

[BROWSE THE CALENDAR](#)

## p.s. from Erica

**New!** Since the beginning of The E List (2008!), many of our most popular articles have been Erica's Picks. I thought, HEY! Why don't we offer it up on our website, and I'll add new goodies as I find them (generally at 3am)! So, here you go: a curated selection of stuff I love for **women, men,** and the **home**.

There's still time to view an exhibition of masterpieces of American needlecraft, produced in New London County from the mid-18th to early 19th-century at the **Florence Griswold Museum**. [Get the details here](#).



Nautical cocktails, a beach gear roundup, and Spring things to do on last week's list.

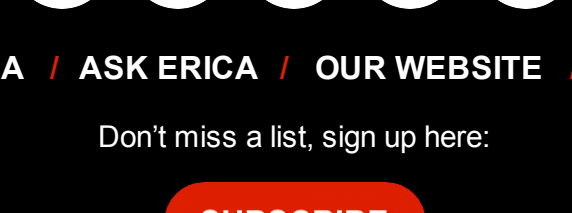
[Read it here if you missed it.](#)

[Read the List](#)

Get the word out to our 25K readers about your Spring happenings! Shout out your sales, new menus, workshops and events on The E List. [Add your event listing here.](#)

If you received this from a friend and would like your own weekly guide to the best of the Shoreline, [subscribe here](#).

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