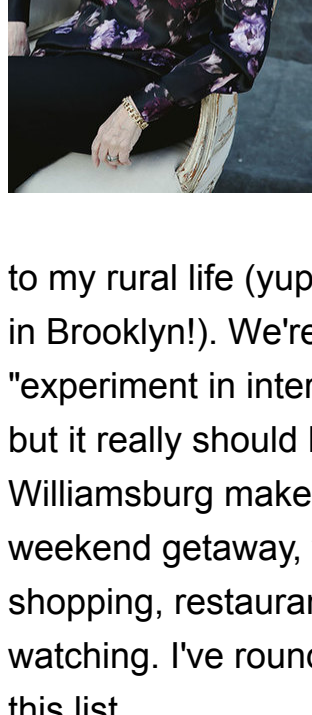


the e list

An Excruciatingly Opinionated Guide to the Connecticut Shoreline

[FUN](#) [CALENDAR](#) [EAT](#) [DISCOVER](#) [TRAVEL](#) [TOWN GUIDES](#)



My daughter has lived in Williamsburg for a few years now and just moved to an apartment with room enough for me! I've been spending a good amount of time there, and it's the perfect juxtaposition

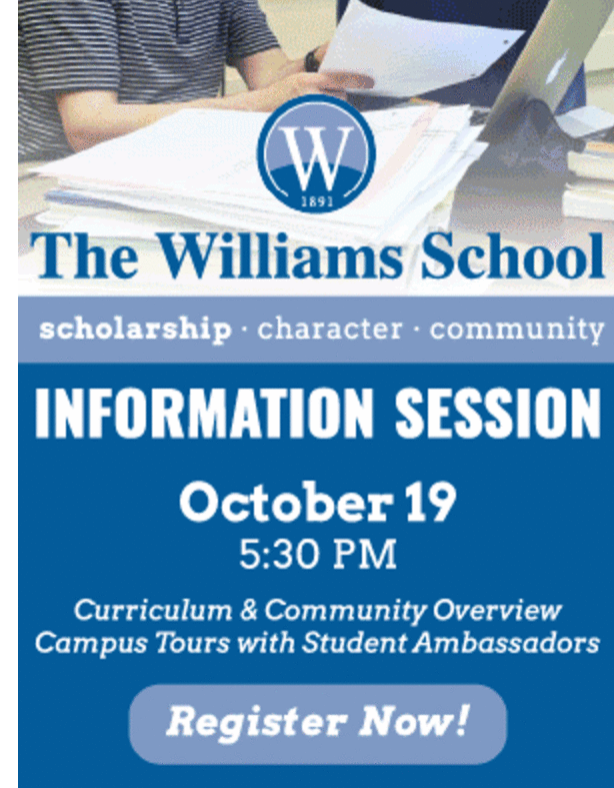
to my rural life (yup, no bears or bobcats in Brooklyn!). We're calling it an "experiment in intergenerational living," but it really should be a reality TV show! Williamsburg makes for a great fall weekend getaway, with lovely hotels, shopping, restaurants, and people watching. I've rounded up my favorites on this list.

Also, if you're joining me this week for the **Retirement Transformed 7-Day Challenge**, I'll be going live on Facebook on Thursday, September 30th at 12pm with the founders, Mark and Jody Rollins.

And if you're at a career crossroads, don't forget to sign up for this free, live talk with the coaches from **Camp Reinvention** on September 29th at 1pm.

Find links to these events below.

Love, Erica



The Williams School
scholarship · character · community

INFORMATION SESSION

October 19
5:30 PM

Curriculum & Community Overview
Campus Tours with Student Ambassadors

Register Now!

Independent · College Preparatory · Day School
Grades 6 - 12

p.s. Like the list? Please spread the love and forward to friends and family!

fall in love with your skin

CHECK OUT OUR SEPTEMBER SPECIALS

Privé Swiss MedSpa

priveswissmedspa.com | (860) 391-8840

Hopkins Fall Open House

Join us October 23 & 24

Virtual Zoom Sessions & On-Campus Tours

RESERVE YOUR SPOT

Awesome Wee Faerie Architecture

FOLLY WOODS

October 1-31

FlorenceGriswoldMuseum.org

SOUTHEAST CONNECTICUT WORLD AFFAIRS COUNCIL

Bringing the world to Southeastern Connecticut

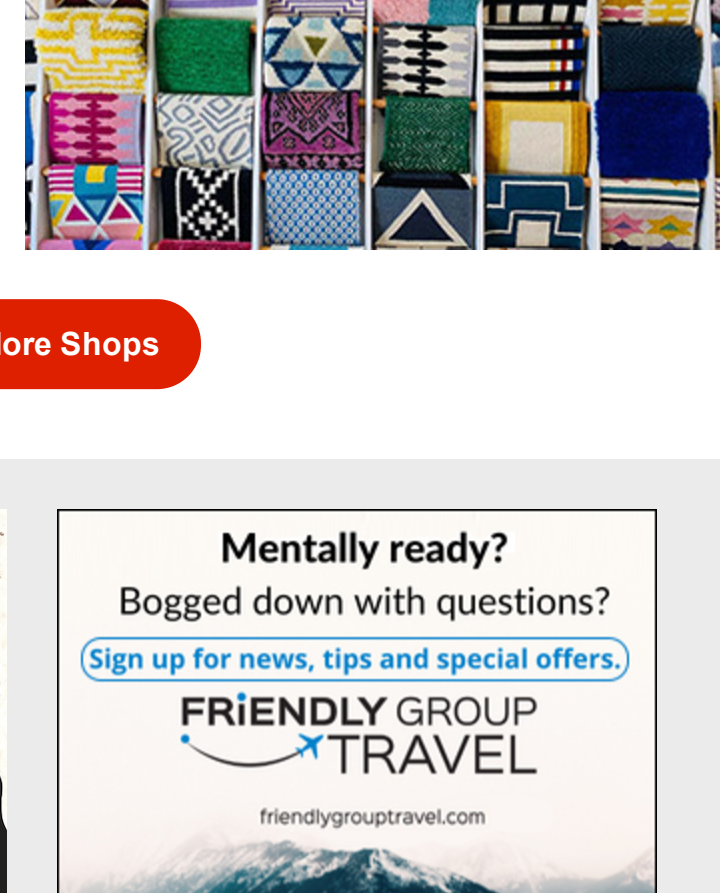
October 6, 2021 | 6:00 pm

Roya Hakakian discusses her book "A Beginner's Guide to America: The Immigrant Experience"

CLICK FOR TICKETS & PROGRAM DETAILS REGISTRATION REQUIRED

SHOP

On the weekend, Williamsburg is hopping with the Brooklyn Flea, Smorgasburg, and packs of vintage shoppers. Here's my list of don't-miss shops for decor, gifts, vintage, and jewelry:



[See More Shops](#)

CARMEN

GEORGES BIZET

OCTOBER 1ST AT 7:00PM
OCTOBER 3RD AT 3:00PM
The United Theatre

OCTOBER 8TH AT 7:00PM
OCTOBER 10TH AT 3:00PM
The Katharine Hepburn Cultural Arts Center

BUY TICKETS

SALT MARSH OPERA

Mentally ready? Bugged down with questions?

Sign up for news, tips and special offers

FRIENDLY GROUP TRAVEL

friendlygrouptravel.com

small groups, families, friends, solo travelers welcome

Kristen Vollaro
Functional Nutrition and Wellness

SCHEDULE A COMPLIMENTARY CALL TO SEE HOW I CAN HELP YOU ADDRESS YOUR HEALTH CONCERNS.

www.kvollaronutrition.com

Explore

A Weekend-Long Adventure for Ladies Seeking Community

LEARN MORE

new friends • new ideas • new goals

I've got exciting collaborations going on this week and I hope you'll join me!

Retirement Transformed Facebook live on 9/30 at 12pm.

[Join Me at This Link](#)

Learn proven strategies for a career pivot with the experts at Camp Reinvention on 9/29 at 1pm or 9/30 at 7pm.

[Sign Up Here](#)

Looking for Buyers and Makers...The Secret Seller Wholesale Market is back!

CARLSON'S LANDING

Don't forget to leave room for dessert.

63 MAIN STREET, ESSEX | CARLSONSLANDING.COM

Sponsored Story

Villa Lulu, Italian Comfort Food with a Modern Twist

Villa Lulu is a spirited contemporary Italian eatery wrapped in stylish décor, featuring seasonal Italian comfort food, a curated Italian wine list, and inventive cocktails. Executive Chef Rafael Palomino uses his classical culinary training to curate Villa Lulu's familiar yet modern Italian menu. Owners Moe Gad and Chef Palomino are no strangers to the New Haven restaurant scene, having opened the popular Latin restaurant Pacifico together. They were joined by another local chef, Denis Marukovich, to open Villa Lulu. Feast on favorites like Squid Ink Fettucine, House-made Gnocchi with Wild Mushrooms and Truffle Oil, Branzino Puttanesca, and so much more. A full menu of pizza and pasta is available, too. Enjoy the elegant two-story space for brunch, lunch, happy hour, or dinner.

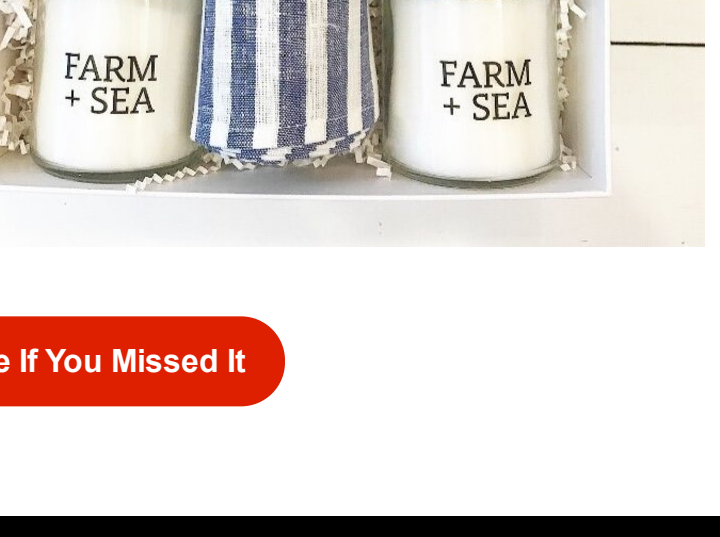
Don't forget New Haven Restaurant Week, October 3rd - 16th: prix fixe lunch at Villa Lulu for \$21!

230 College Street, New Haven

[Visit villaluluct.com](#)

In case you missed it:

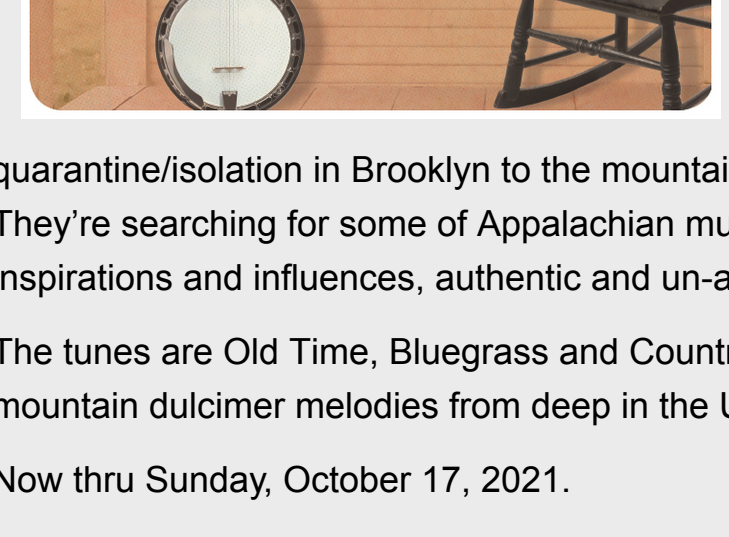
On last week's list, we featured a nautically-inspired gift shop, transitional tips, and much more.



[Read It Here If You Missed It](#)

From The E List Events Calendar

Featured Event



Now playing at Ivoryton Playhouse: THE PORCH ON WINDY HILL

A heartfelt story of a young, Classical violinist and her folk-song-collector boyfriend as they escape their 2021 "long winter's night" of

quarantine/isolation in Brooklyn to the mountains of western North Carolina. They're searching for some of Appalachian music's famous sources, inspirations and influences, authentic and un-adulterated.

The tunes are Old Time, Bluegrass and Country Blues fiddle, guitar, banjo and mountain dulcimer melodies from deep in the USA's DNA.

Now thru Sunday, October 17, 2021.

[Get Tickets & See Showtimes](#)

FOLLY WOODS: Awesome Wee Faerie Architecture Along the Artists' Trail at Florence Griswold Museum, 10/1 - 10/31

Enjoy two dozen faerie-scaled architectural amusements on the grounds of the Flo Gris. [Read more...](#)

57th Annual Old Saybrook Chamber of Commerce Arts & Crafts Festival, 10/2 - 10/3

Head to the Old Saybrook green for this juried show featuring jewelry, photography, acrylics, and much more. [Read more...](#)

Eight Takes on Realism at Susan Powell Fine Art, Opens 10/1 - 10/30

Meet the artists in the gallery garden over wine and hors d'oeuvres opening night on 10/1 from 5-8pm. This contemporary realism show runs thru 10/30. [Read more...](#)

New Haven Restaurant Week, 10/3 - 10/16

Choose from 22 restaurants (from Barcelona to Camacho Garage) for special prices and menus for lunch, dinner, indoors, and out this year. [Read more...](#)

Smoke & Strings! Country Music & BBQ at Stone Acres Farm, 10/3

A family-friendly country music fest with Engine Room BBQ on bucolic Stone Acres Farm in Stonington! [Read more...](#)

6-Week Health & Fitness Refresh, 10/4 - 11/14

This online program is a total fitness and nutrition immersion that will refresh your health & wellness and rejuvenate your soul. [Read more...](#)

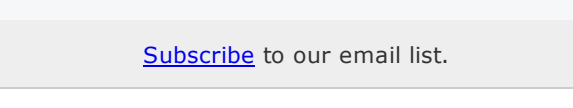
Looking for more to do? Find workshops, concerts, yoga classes, and more on The E List Calendar:

[BROWSE THE CALENDAR](#)

p.s. from Erica

If you received this from a friend and would like your own weekly guide to the best of the Shoreline, [subscribe here](#).

CONNECT



ABOUT ERICA / ASK ERICA / OUR WEBSITE / ADVERTISE

Don't miss a list, sign up here:

[SUBSCRIBE](#)

SHARE

Manage your preferences | Opt out using TrueRemove™
Got this as a forward? Sign up to receive our future emails.
View this email online.

PO Box 5
Old Lyme, CT | 06371 US

This email was sent to:
To continue receiving our emails, add us to your address book.

[Subscribe](#) to our email list.