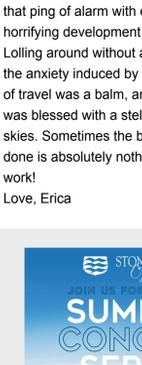


# the e list

An Excruciatingly Opinionated Guide to the Connecticut Shoreline

FUN CALENDAR EAT DISCOVER TRAVEL TOWN GUIDES

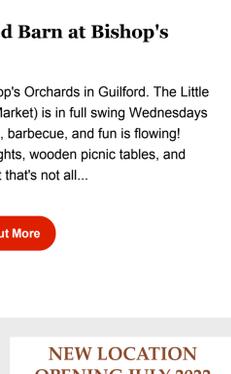
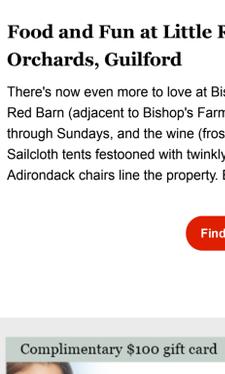


The ticket to a great staycation (in my opinion) is taking a news break. I took last week mainly off (entrepreneurs will agree one is never entirely off-duty). While I did check email, I didn't read or watch the news, thus avoiding that ping of alarm with every new horrifying development in the world. Lolling around without a set schedule or the anxiety induced by the current state of travel was a balm, and, lucky me, I was blessed with a stellar week of sunny skies. Sometimes the best thing to be done is absolutely nothing. Now back to work!

Love, Erica



210 designs  
Re-Imagining Your Jewelry



## Food and Fun at Little Red Barn at Bishop's Orchards, Guilford

There's now even more to love at Bishop's Orchards in Guilford. The Little Red Barn (adjacent to Bishop's Farm Market) is in full swing Wednesdays through Sundays, and the wine (frosé!), barbecue, and fun is flowing! Sailcloth tents festooned with twinkly lights, wooden picnic tables, and Adirondack chairs line the property. But that's not all...

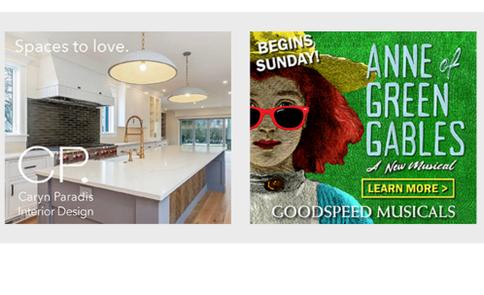
Find Out More



## A Sunset Meditation on the Sound with Raven Wellness Cruises

In today's world, self-care is paramount to our overall well-being. And thanks to Raven Wellness Cruises, we can now bring our meditation practice to Long Island Sound! We jumped at the chance to experience the healing and therapeutic qualities of water combined with the beauty of coastal New England in the summer.

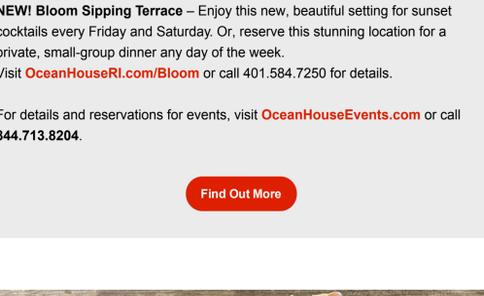
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## Summer Sips: A Recipe for Rosé Sangria

The experts at The Wine Thief in Madison supplied me with an exciting selection of wines at great prices and a ridiculously delicious and super simple rosé sangria recipe.

Get the Recipe



## Glamping at Getaway in Moodus

We sent our social media manager, Chelsea Wade, for an overnight of glamping at the newest Getaway in Moodus. Here's what she had to say:

See Pics & Read More



## Guide to Summer 2022

We wait all year long for the best of the Shoreline, and to celebrate it properly, we put together The E List Guide to the Summer so you can enjoy every bit of it. Here's a peek at what's inside:

Summer Bucket List: So much fun to have this summer! Grab your calendar and take notes...

SNACK SHACKS: Food items: Hot Dogs, French Fries, The, please! (this one is for your friend and you!)

Summer Music: You can enjoy live outdoor music virtually every night of the week this summer. (After our second year...)

Download it, share it, and keep it on your desktop or on your phone, so no matter where you are, you know where to go.

Get the Guide!

## Sponsored Story: Cheers to Summertime Fun & Events at Ocean House

Located in scenic Watch Hill, the internationally acclaimed Ocean House announced new events for the public to enjoy the beautiful summer season.

**Wednesday Summer Author Series** – Hosted by author and Ocean House owner Deborah Royce, guests enjoy a discussion with best-selling author their new novels. Wine and an autographed book are included with each ticket.

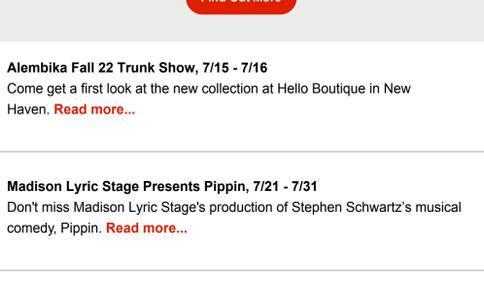
**Whispering Angel Wine & Wickets** – Experience Ocean House's beautiful croquet lawn with scenic view views, wine and instruction from a national pro. Thursdays at 5 pm

**Pedicures and Prosecco** – Pamper yourself with services from the Five-Star OH Spa every Thursday this summer.

**NEW! Bloom Sipping Terrace** – Enjoy this new, beautiful setting for sunset cocktails every Friday and Saturday. Or, reserve this stunning location for a private, small-group dinner any day of the week. Visit [OceanHouseRI.com/Bloom](http://OceanHouseRI.com/Bloom) or call 401.584.7250 for details.

For details and reservations for events, visit [OceanHouseEvents.com](http://OceanHouseEvents.com) or call 844.713.8204.

Find Out More

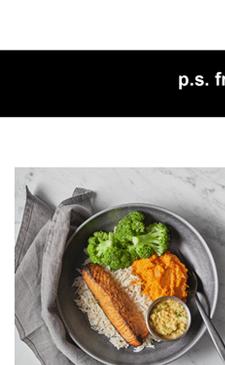


## In Case You Missed It: We wrote about a new oceanside Mexican restaurant, custom cakes and a retro gift shop on our last list.

Read It Here

## From The E List Events Calendar

### Featured Event



### The Guilford Craft Expo Returns This July!

Discover uncommon items from 175+ makers you can't find anywhere else in the area!

Shop for handmade original fashions, accessories, jewelry, home décor, furniture, photography and fine art, as well as functional and sculptural works in ceramics, glass, metal, wood, mixed media and more! Plus enjoy gourmet specialties, craft demos and family activities! Friday 11-7:30; Saturday, 10-7; Sunday, 12-5. Outdoors on the Guilford Green. Rain or shine. [www.guilfordartcenter.org](http://www.guilfordartcenter.org)

Find Out More

**Alembika Fall 22 Trunk Show, 7/15 - 7/16**  
Come get a first look at the new collection at Hello Boutique in New Haven. [Read more...](#)

**Madison Lyric Stage Presents Pippin, 7/21 - 7/31**  
Don't miss Madison Lyric Stage's production of Stephen Schwartz's musical comedy, Pippin. [Read more...](#)

**Eastern Connecticut Ballet Open House, 7/23**  
Join us for an open house and discover what the region's premier school for dance education has to offer your family. [Read more...](#)

**Old Lyme's Midsummer Festival, 7/29 - 7/30**  
Midsummer Festival returns to Lyme Street! Enjoy food trucks, a 5K run, art sales, author events, live music, and much more! [Read more...](#)

**July Open Studios at I-Park, 7/31**  
Spend your Sunday afternoon enjoying art, music, and nature and meet I-Park's 6 current artists in residence. [Read more...](#)

**Bluebird Home Paper Organizing Workshop, 8/4**  
Bring your box, bin, or laundry basket full of papers and get ready to sort, recycle, & shred with the help of an organizing expert. [Read more...](#)

**Chestnut Hill Concerts Summer Season, 8/5 - 8/26**  
Enjoy four concerts of Ravel, Debussy, Brahms, Prokofiev, and more with the Chestnut Hill Summer Concert Series at The Kate. [Read more...](#)

**Moxie Market at Branford Arts & Cultural Alliance (BACA), 8/13**  
Support Local Arts and peruse 20 unique artisans & makers' handmade crafts and goods. [Read more...](#)

Looking for more to do? Find workshops, local theater, concerts, and more on The E List Calendar:

BROWSE THE CALENDAR

## p.s. from Erica



Our friends at Azuluna are offering E List readers 25% off store-wide for a limited time only!

Use discount code JULYIS4SAVINGS at checkout for 25% off your entire order.

Choose Your Meal!

Get the word out to our 25K readers about your Spring happenings! Shout out your sales, new menus, workshops and events on The E List. [Add your event listing here.](#)

If you received this from a friend and would like your own weekly guide to the best of the Shoreline, [subscribe here.](#)

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