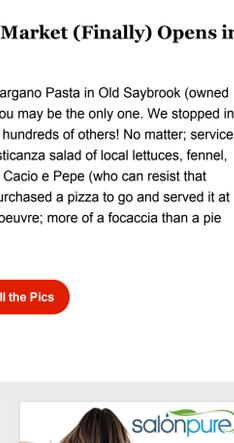
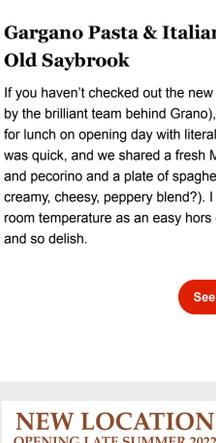


It's my birthday week (yes, I love to stretch it out!). But it's always a bit melancholy because it signals back-to-school and work. This year, I'm looking forward to cooler weather and an end to this dreadful heat. I'm also ready to get back to it, after working the least amount possible this summer, spending lazy days at the beach (along with too many snack bar grilled cheese!), rosé evenings, and mindlessly plopping in front of the TV at night. School or not, September means getting my life back on track with mindful eating, book reading, and some new E List projects! If you're ready for some intellectual stimulation, too, I've included a fantastic book list from a friend below.

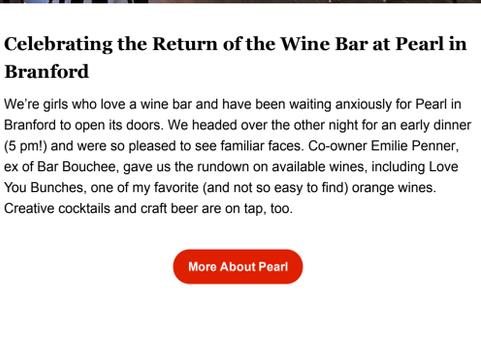
Stay cool,  
Erica



## Gargano Pasta & Italian Market (Finally) Opens in Old Saybrook

If you haven't checked out the new Gargano Pasta in Old Saybrook (owned by the brilliant team behind Grano), you may be the only one. We stopped in for lunch on opening day with literally hundreds of others! No matter, service was quick, and we shared a fresh Misticanza salad of local lettuces, fennel, and pecorino and a plate of spaghetti Cacio e Pepe (who can resist that creamy, cheesy, peppery blend?). I purchased a pizza to go and served it at room temperature as an easy hors d'oeuvre; more of a focaccia than a pie and so delish.

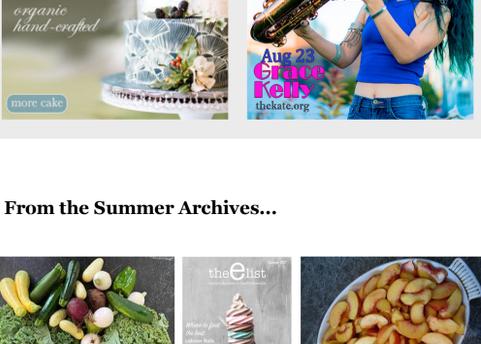
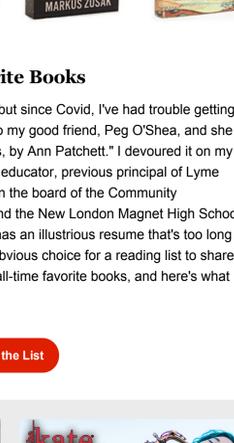
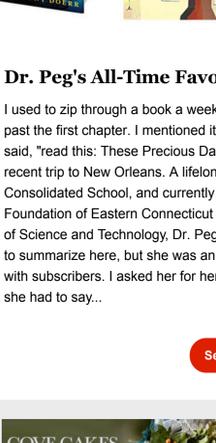
[See All the Pics](#)



## The Brushmill is BACK!

Everybody who has lived here long enough has a story about one of the incarnations of the historic Brushmill in Chester, whether family steak night at The Chart House or prime rib and a hot loaf at Sage. The latest transformation manages to give a nod to the history of the building while firmly planting itself in the future.

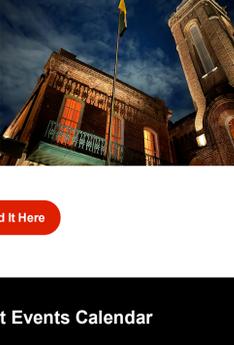
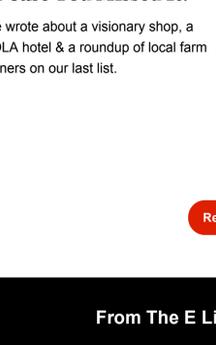
[See the Interior Transformation](#)



## Celebrating the Return of the Wine Bar at Pearl in Branford

We're girls who love a wine bar and have been waiting anxiously for Pearl in Branford to open its doors. We headed over the other night for an early dinner (5 pm!) and were so pleased to see familiar faces. Co-owner Emilie Penner, ex of Bar Bouchee, gave us the rundown on available wines, including Love You Barouche, one of my favorite (and not so easy to find) orange wines. Creative cocktails and craft beer are on tap, too.

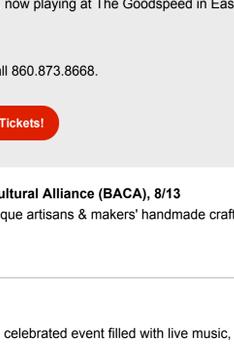
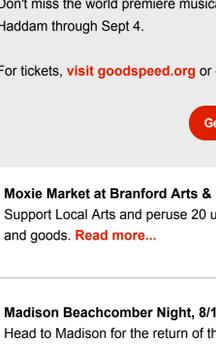
[More About Pearl](#)



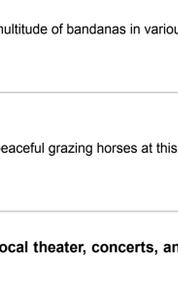
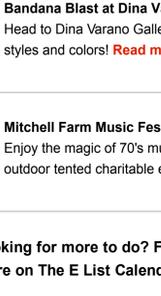
## Dr. Peg's All-Time Favorite Books

I used to zip through a book a week, but since Covid, I've had trouble getting past the first chapter. I mentioned it to my good friend, Peg O'Shea, and she said, "read this: These Precious Days, by Ann Patchett." I devoured it on my recent trip to New Orleans. A lifelong educator, previous principal of Lyme Consolidated School, and currently on the board of the Community Foundation of Eastern Connecticut and the New London Magnet High School of Science and Technology, Dr. Peg has an illustrious resume that's too long to summarize here, but she was an obvious choice for a reading list to share with subscribers. I asked her for her all-time favorite books, and here's what she had to say...

[See the List](#)



## From the Summer Archives...

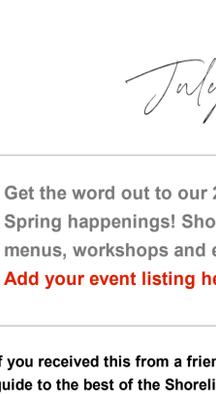


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### Sponsored Story



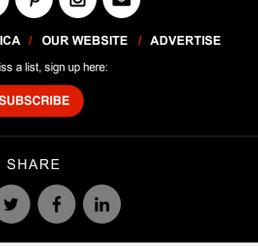
**Hamburg Fair, Aug 19 - 21**

The beloved Hamburg Fair is around the corner and it's bigger and better than ever! There will be live music by bands such as Sugar, Wicked Peach and Jamie's Junkshow as well as local favorites (hello Braiden Sunshine & Ian Maxwell, The Sophia Griswold Band and Collin Hallahan to name a few) and Steve Songs for the kids! Fun rides, food concessions, kids activities and games, pony rides, fry pan toss competitions, cornhole tournaments, a NEW beer & wine garden and so much more! The fair runs from Friday 8/19 through Sunday 8/21 and advance price tickets are available online. Grab your family, friends & neighbors and attend this summer favorite tradition!

[Find Out More & Get Tickets](#)

## In Case You Missed It:

We wrote about a visionary shop, a NOLA hotel & a roundup of local farm dinners on our last list.



[Read It Here](#)

## From The E List Events Calendar

### Featured Event



**Better Rhodes Alcohol-Free & Non-Alcoholic Marketplace** celebrates you at our **BIG SUMMER SALE!**

We'll be showing in Madison, our 16th offering FREE

TASTINGS, SAMPLE SALES, and a RAFFLE! Earn tickets with every purchase and enter to win local prizes, like free fitness training, gift cards to local businesses, and more. Stock up on all your favorite Alcohol-Free for the rest of summer!

**Thursday and Friday August 18-19 | 11:00am - 7:00pm!**

[Find Out More](#)

**Ring in Black: The Music of Johnny Cash, 8/11 - 9/11**  
The Man in Black is back! From the songbook of Johnny Cash comes this unique musical. [Read more...](#)

**Legacy Theatre Presents "My Unauthorized Hallmark Movie Musical", 8/11 - 8/13**  
Hallmark meets Broadway: discover a writer who dreams herself awake and re-discovers romance in a nonconventional way. [Read more...](#)

**Madison Craft Fair to Benefit the Food Pantry, 8/13**  
Crafters convene on the Madison Town Green for a fair to benefit the Madison Food Pantries. [Read more...](#)

### Featured Event



**The World Premiere of Anne of Green Gables: The New Musical at The Goodspeed**

Audiences are raving that Anne of Green Gables "Needs to be on Broadway ASAP!" Fall in love with the spirited redhead of the classic novel, now reimagined as a vibrant folk-rock musical for all generations. With bold choreography, witty humor and a revolutionary spirit, this is Green Gables as you've never seen it before!

Don't miss the world premiere musical, now playing at The Goodspeed in East Haddam through Sept 4.

For tickets, [visit goodspeed.org](#) or call 860.873.8668.

[Get Tickets!](#)

**Moxie Market at Branford Arts & Cultural Alliance (BACA), 8/13**  
Support Local Arts and peruse 20 unique artisans & makers' handmade crafts and goods. [Read more...](#)

**Madison Beachcomber Night, 8/18**  
Head to Madison for the return of this celebrated event filled with live music, beer and wine sampling, shopping and more. [Read more...](#)

**New Cooking Classes at Weekend Kitchen, Essex, 8/20 - 9/25**  
Sign up for a fascinating fall line-up of fun cooking classes and parties at Weekend Kitchen in Essex! [Read more...](#)

**Bandana Blast at Dina Varano Gallery**  
Head to Dina Varano Gallery in Chester for a multitude of bandanas in various styles and colors! [Read more...](#)

**Mitchell Farm Music Festival, 9/17 & 9/18**  
Enjoy the magic of 70's music surrounded by peaceful grazing horses at this outdoor tented charitable event. [Read more...](#)

Looking for more to do? Find workshops, local theater, concerts, and more on [The E List Calendar](#):

[BROWSE THE CALENDAR](#)

## p.s. from Erica

Read our July edition of Found Around the Sound here...

## FOUND AROUND THE SOUND

a guide to makers, designers + innovators on the CT Shoreline



Get the word out to our 25K readers about your Spring happenings! Shout out your sales, new menus, workshops and events on The E List. [Add your event listing here.](#)

If you received this from a friend and would like your own weekly guide to the best of the Shoreline, [subscribe here.](#)

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